

GROWTH DISTURBANCES IN INFANTILE PARALYSIS

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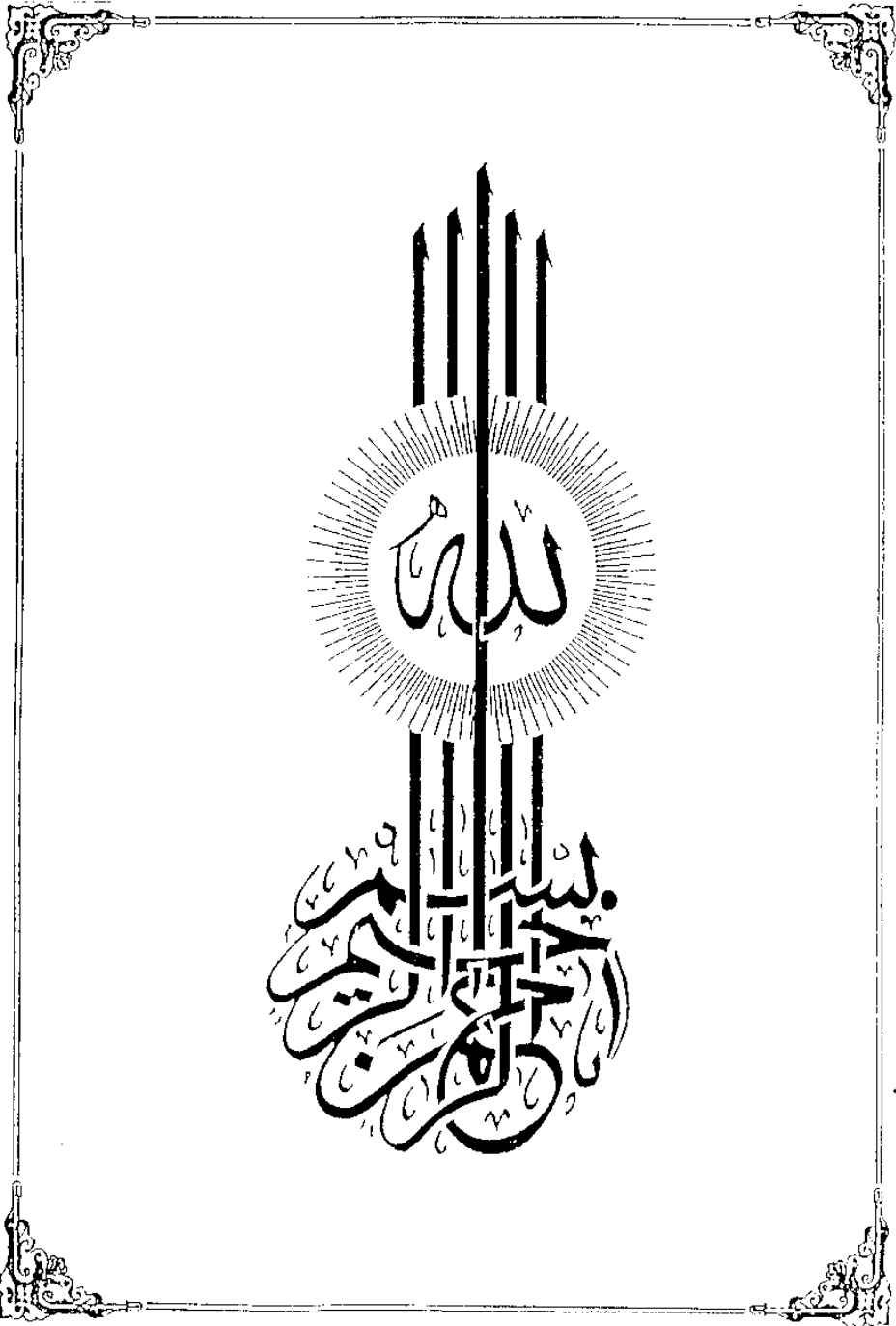
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"THE SHORT LIMB AFTER POLIOMYELITIS IS MORE THAN 3180 YEARS OLD PROBLEM".

A photograph for the mummy of the king Siptah (family 19, 1210 B.C.). The left foot is in equinus, and the whole lower limb is thinner and shorter than its fellow.

CONTENTS

	<u>Page</u>
Introduction.....	vi
Aim of the work.....	vii
 I- <u>REVIEW OF THE LITERATURE ON:</u>	
Bone growth and development.....	1
The growth plate.....	4
Limb length discrepancy after poliomyelitis....	11
The probable causes of limb length discrepancy after poliomyelitis.....	27
 II- <u>THE CLINICAL WORK:</u>	
Details of the clinical work.....	58
- Material.....	58
- Methods.....	59
1- Evaluation of muscle paralysis.....	59
2- Measurement of leg lengths.....	62
a- Clinical.....	62
b- Radiological	63
3- The statistical methods used.....	66
The results.	
Age at onset of acute poliomyelitis.....	71
Discrepancy.....	71
Distribution of discrepancy.....	72
Amount of shortening.....	72
Lengthening.....	73
Detailed statistical analysis of the results...	76
I- Relationship of shortening to the severity of paralysis.....	76
II- Relationship of shortening to the age at onset of acute polio.....	87
Discussion and conclusions.....	90
Summary of the principle results of the clinical work.....	95
 III- <u>THE EXPERIMENTAL WORK:</u>	
Details of the experimental work.....	96
- Material.....	96
- Methods.....	99

	125
10- Experiments and the results.....	103
1- The effect of tendo-Achillis excision on bone growth.....	103
2- The effect of Ligamentum patellae excision on bone growth.	107
3- The effect of Sciatic neurectomy on bone growth.....	110
4- The effect of Disuse by plaster immobili- zation on bone growth.....	114
5- The effect of Use after disuse by plaster immobilization on bone growth.....	118
6- The effect of Sham operations on bone growth	122
7- Control group experiment.....	125
Detailed statistical analysis of the results:.....	128
I- Lengthening of bone.....	128
- Principle results.....	131
- Discussion of the results.....	132
II- Effect on general growth.....	135
- Principle results.....	136
- Discussion of the results.....	136
General discussions of the results.....	138
Summary of the results of the experimental work...	141
<u>PART IV</u>	
Correlation between the experimental and clinical works.....	142
Difficulties and remarks on the sources of errors in the work.....	143
Summary of the work.....	146
References.....	148
Arabic review.	

The short limb is an important problem. It is common after poliomyelitis. It aggravates the disability from paralysis.

Apart from the disability to the patient, it is unsightly deformity, with a bad psychic effect, to the patient who often needs an appliance.

There is limp which may be marked; latter on pain from strain on the spine and pelvis develops.

For a child, the future for shortening is unpredictable, and the correction is difficult, if it is not impossible.

It is difficult to manage. It has been always a challenging problem to orthopaedic surgeon.

There is a very large number of surgical procedures, evolved for treatment. This indicates that no one of them have been completely successful.

Many factors which, probably affect the growth of the limb need to be studied; and clarified before we will be able to solve this problem.

has not been given little attention in the literature. The natural history of the short limb after poliomyelitis is a matter of controversy in the few literature published.

In this work, we stress that we are not searching for the cause of limb length discrepancy, but we hope to clarify important points in relation to shortening of the limb.

The aim of this work ; is to find the relationship between shortening in the lower extremity after poliomyelitis and the degree of muscle paralysis. To investigate the effect of age at onset of acute poliomyelitis on the amount of shortening.

We have supplemented the clinical work by an experimental one. In the experimental work, we have investigated, the effect of loss of muscle function by tendon cutting, nerve cutting; or disuse by plaster immobilization; in the growing rabbits.

By correlating the results of both works; we were aiming to gain better information on the effect of muscle paralysis on bone growth.

REVIEW OF THE LITERATURE

PART I

BONE GROWTH AND DEVELOPMENT

All bone begins as mesenchymal condensations; during the embryonic period. Some condensations are more fibrous, these are called, membranous areas.

However, most condensations are more cellular, and become chondrified. The bones which then form are termed cartilage or replacing bones.

In both membrane and cartilage bones, the formation of bone as tissue is similar.

Enchondral ossification :

In sites to be occupied later by most of the bones of the skeleton, cartilage models of the bones-to-be are formed first.

Subsequently and gradually, the cartilage models are replaced by bone which forms as a result of ossification occurring along the sides and in the interior of the cartilage model.

The appearance of capillaries in the perichondrium is associated with a changing differentiation pattern of its inner layer.

In the presence of capillaries, the cells begin to differentiate into osteoblasts and osteocytes, with the result that a thin layer of bone is soon laid down, around the model.

Then the name of perichondrium is changed to periosteum. Osteogenic cells and osteoblasts together with capillaries, begin to move from the inner layer of the periosteum into the breaking down mid section of the cartilage model. These constitute what is called the periosteal bud. When it reaches the interior of the mid section of the cartilage model, they are said to constitute a diaphysial center of ossification.

The ossification center rapidly invading the cavities in the breaking down calcified cartilage up and down the model. Soon, there is a marrow cavity in the model.

In the long bones, further centers of ossification appear in the growing cartilaginous ends of the models and are termed epiphyseal centers of ossification.

However, the ossification stop short of replacing all the cartilage in the end of a model. Enough is left at each articulating end of a model to constitute an articular cartilage. Furthermore, a transverse plate of

cartilage is left between the bone derived from the epiphysial center of ossification and that from the diaphysial center.

This plate, is termed the growth plate, and it persists until the postnatal longitudinal growth of bone is completed, only then is replaced by bone.

The further, longitudinal growth of a model of a long bone in which epiphyseal centers of ossification have appeared is accounted for by the continuance of the interstitial growth of cartilage cells in this growth plate.

GROWTH PLATE

Except for minor contribution by the enchondral ossification of the epiphysis itself, longitudinal growth of bone is by a function of the growth plate.

When we speak about bone growth disturbance due to polio. we must mean, essentially, some affections of the growth plate.

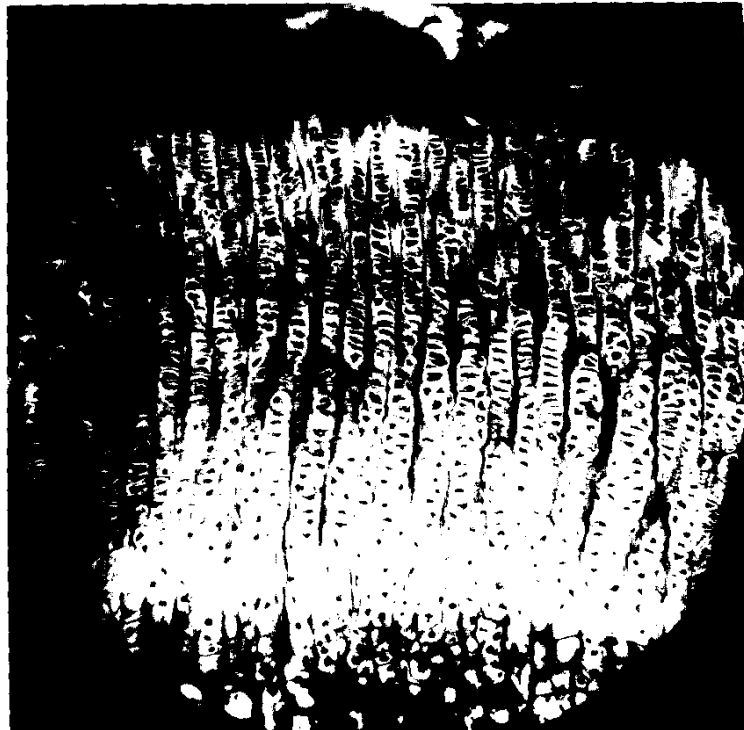
Therefore; the fine anatomical structure of this plate must be considered in some details.

Fine anatomical structure of the growth plate:

The growth plate has its epiphysial and metaphysial surfaces. Towards the epiphysial side, we find the bone plate, a sort of rudimentary cortex, limiting the epiphysial cancellous bone immediately adjacent, to the 1st. row of cartilage cells. The bone plate present at the time of epiphysial closure, remains vesible until late in life and is known as the epiphysial scar.

The divisions of the plate, adopted will be described as:

1. The growth zone.
2. The zone of cartilage transformation.
3. The zone of ossification.



Photomicrogram of the lower femoral epiphyseal
growth plate of a normal white rabbit.

(Mallory's stain)