SACRAL ULCERS & DIFFERENT SURGICAL TECHNIQUES FOR THEIR COVERAGE (CLINICAL STUDY)

THESIS

Submitted for Partial Fulfillment of

The M.Sc. Degree

GENERAL SURGERY

Presented by Hussein Aly Hussein Gamgoum 52938

M.B., Ch.B.

Ain Shams University

Under Supervision Of:

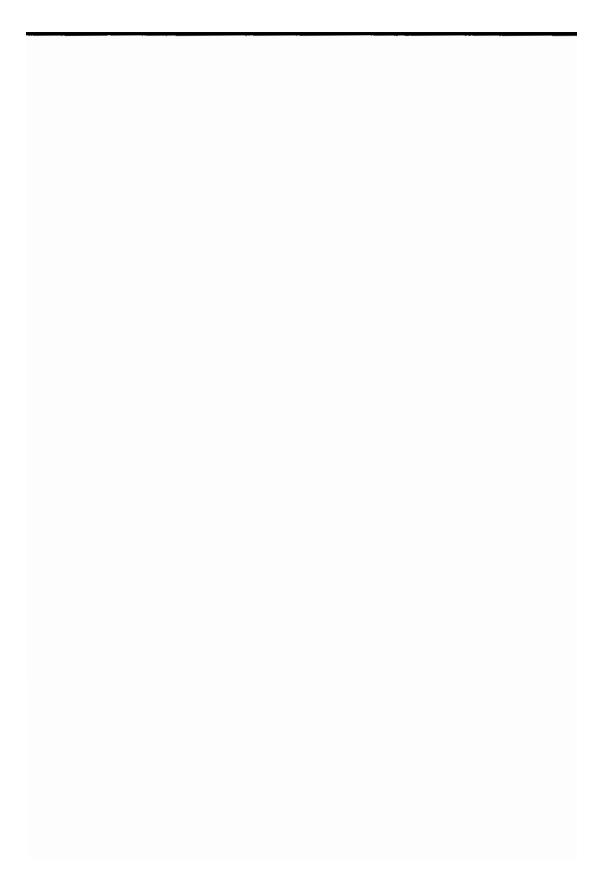
Prof.Dr. Mostafa M. Ahmad Hemeda

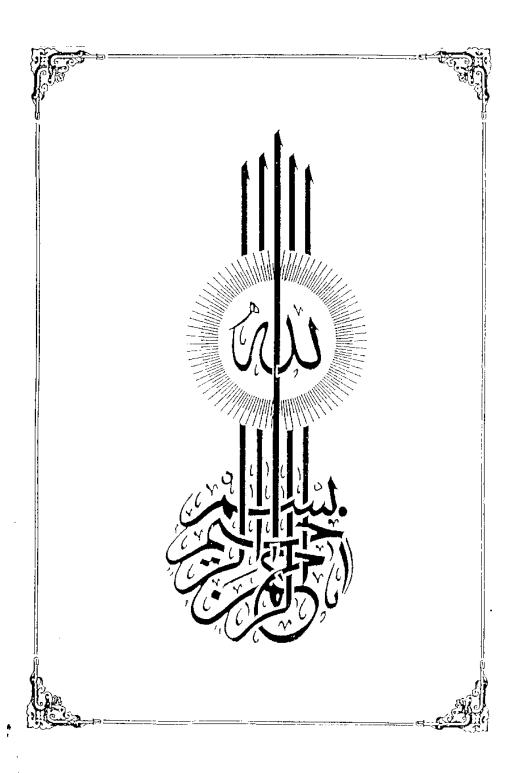
Professor of Plastic & Reconstructive Surgery Faculty of Medicine Ain Shams University

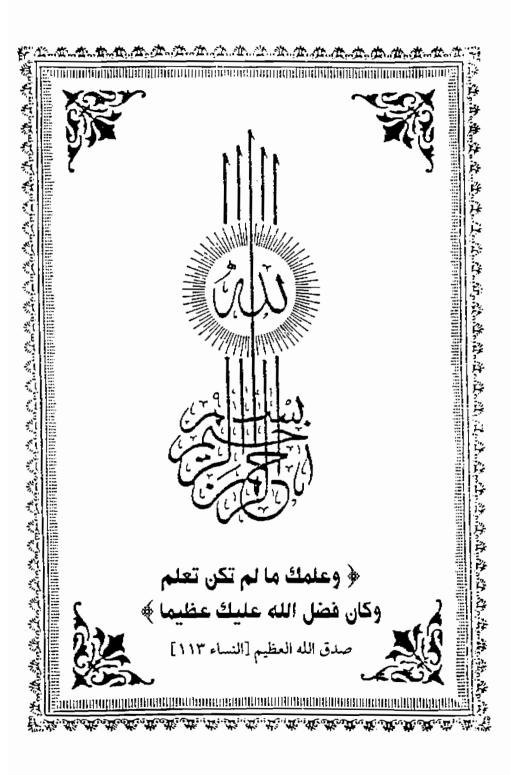
Dr. Mostafa Abd El Rahman Awad

Assist Prof. of Plastic & Reconstructive Surgery Faculty of Medicine Ain Shams University

> AIN SHAMS UNIVERSIT 1996









TO...

To every one taught me a letter .. To my parents ..



Acknowledgment

I would like to thank **Professor Dr.**

Mostafa Hemeda, for his kind support, helpful consultation and guidance throughout the progress of this work.

I would like also to express my deepest gratitude and appreciation to **Dr.**Mostafa Awad, for his unique cooperation, assistance, suggestions,

continuous help and guidance.

I am faithfully grateful to all the staff members of the plastic surgery departement in Ain Shams University for their help and cooperation.

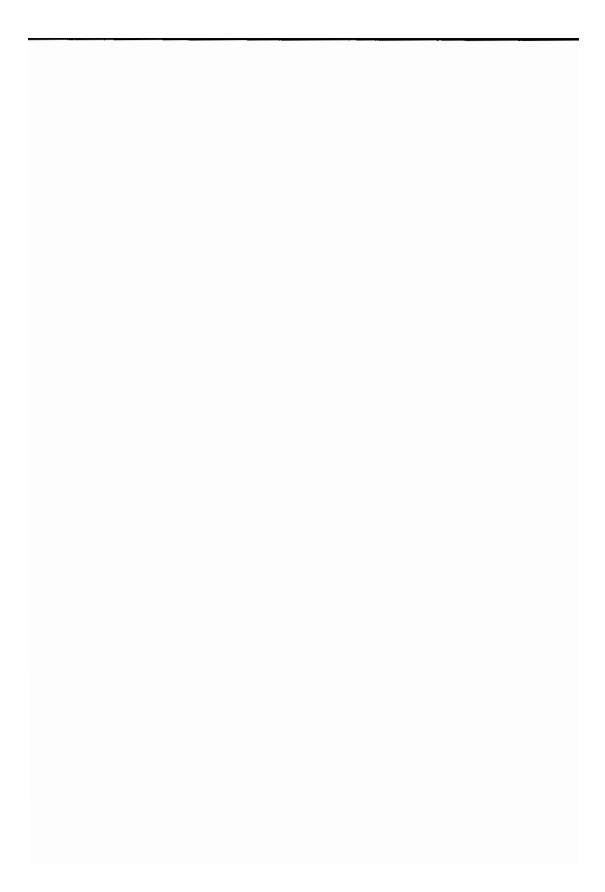
Also, sincere thanks to **Dr. Alaa Fayez,**For his valuable help in collecting the
cases of sacrococcygeal teratoma.

Lastly, I would not forget to thank everyone who helped me or gave me his advice until this work is completed.

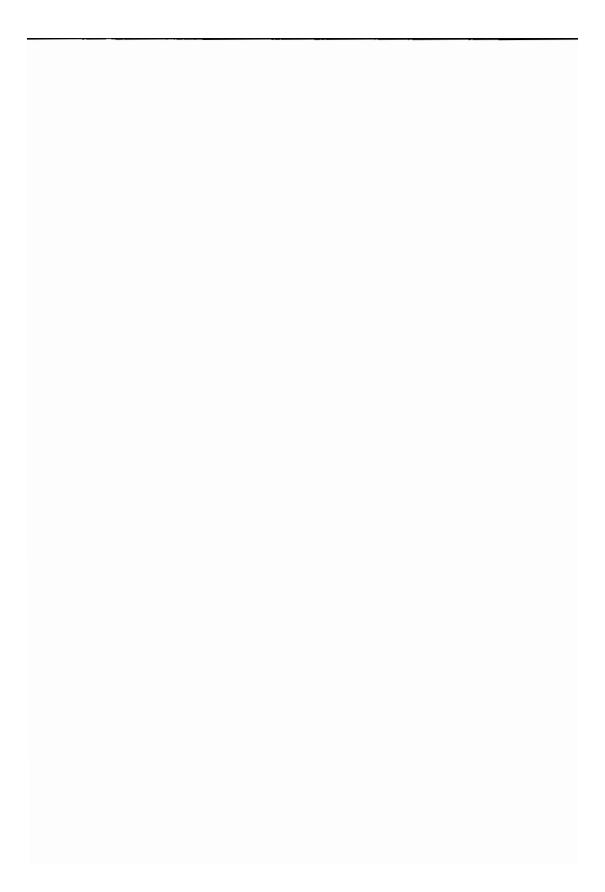


TABLE OF CONTENTS

I	Introduction	1
II	Aim of the work	5
Ш	Review of Literature:	
	1- Anatomical considerations	6
	2- Actiology of sacral ulcers	19
	3- Different surgical modalities in management of sacral ulcers	39
IV	Patients and Methods	80
V	Results	87
VI	Discussion	105
VII	Summary and Conclusion	116
VIII	References	124
IX	Arabic summary	



and State of the s



INTRODUCTION

An ulcer is defined as loss of continuity in an epithelial surface (MacSween & Whaley, 1992).

Cutaneous ulcers are often associated with infection and usually imply a chronic problem (Puckett & Silver, 1992).

Sacral ulcers are mostly caused by *Pressure* sores, but they may be due to other causes: *Non-specific* ulcers caused by local irritation with burn, radiation induced (*Evans & Goldberg*, 1993), etc ..., *Specific* ulcers as tuberculous, syphilitic, *iatrogenic* as following removal of tumors e.g chordoma, lumbosacral and sacrococcygeal myelomeningocele or after excision of pilonidal sinus (*Rintoul*, 1995) or *Malignant* ulcers.

Pressure sore is an area of tissue necrosis due to excessive pressure, often occurring at the site of a bony prominence. Pressure affect sores paraplegics, quadriplegics as well as patients suffering from limb fractures, cardiovascular or debilitating diseases (Phillips & Robson, 1990). Sacral sores come in the second place after ischial sores in their prevalence followed by trochanteric sores. Pressure sores present a significant problem. They affect the general condition of the patient as well as the local complications occurring in association. Economically, this is a major problem. By 1987, the cost of care for these pressure sores had risen to \$25,000 (Phillips & Robson, 1990).

Thinking of management of pressure sores started by the ancient Egyptians. Hipocrates gave his advice in the treatment of these ulcers (Majno, 1980). Many theories about the cause of pressure sores evolved last century. In the years between World War I and World War II, the medical profession advanced in its care of trauma. Surgical management of pressure sores ranges from excision of the sore and simple closure till the use of skin flaps, myocutaneous and fasiocutaneous flaps and even free flaps (Yamamoto et al., 1992 and Anthony et al., 1992).

Myelomeningocele is a congenital disease of the central nervous system characterized by open neural tube and hernial protrusion of the spinal cord. It is a common disease of newborns occurs in 1.0 to 1.5 per 1000 live births in North America, and it is even commoner in Egypt (Humphreys, 1985). The etiology of the disease is unknown. Management includes manipulation of potentially viable neural tissue, dural closure and coverage by skin either directly or using flaps to aid in closure.

Pilonidal sinus is an acquired condition caused by hairs penetrating the skin at the natal cleft and setting up a foreign body granulomatous reaction (Patey & Scraff, 1946). Surgical management includes evacuation of the abscess formed, total excision of the sinus tracks, together with all their ramifications with primary wound closure or gauze packing without suture to be left for granulation (Rintoul, 1995) or coverage by local flaps.

Tumors related to the sacral region include sacrococcygeal teratoma which is one of the most