

**Practical and Theoretical Barriers
Facing Male Students at Antenatal
and Intra-natal Units of Ain Shams
Maternity University Hospital**

Thesis

*Submitted for Partial Fulfillment of the Master
Degree in Maternal and Gynecological Nursing*

By

Nesma Attia Ramadan

B.S.C-Mansoura University

Nursing Teacher at Alazhar University

**Faculty of Nursing
Ain Shams University
2016**

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Supervisors

Dr. Aziza Ahmed Attia

**Prof. of Maternal and Gynecological Nursing
Faculty of Nursing –Ain shams University**

Dr. Amal Talaat Abd Elwahed

**Lecture of Maternal and Gynecological Nursing
Faculty of Nursing –Ain shams University**

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Ain Shams University
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قالوا

لسبب انك لا تعلم لنا
إلا ما علمتنا إنك أنت
العليم العظيم

صدق الله العظيم

سورة البقرة الآية: ٢٢



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*✍ **Nesma Attia***

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List of Abbreviations

MCH	Maternal and child health
MD U	Medical defense union
BFOQ)	Bona fide occupational qualification
EEOC	Equal employment opportunity commission
WHO	World Health Organization
AAMN	American assembly of men in nursing
U.S	United States
ACNM	American college of nurse midwives
AWHONN	Association of women's health, obstetric and neonatal nurses

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Abstract

All over the world, nursing is considered a feminine career. Although, presence of males in nursing field has been gradually rising, they are remained a small percentage of nursing population. **Aim:** to investigate the practical and theoretical barriers facing male nursing students at Antenatal and Intra-natal Units in Obstetrics and Gynecological Hospital of Ain Shams University. **Methods:** A descriptive study design was used at Faculty of Nursing and Obstetrics and Gynecological Hospital of Ain Shams University. **Sample:** A purposive sample were used to recruit 153 male nursing students who study obstetrics in the third year, students in fourth year and internship. **Tools:** 1)An interviewing questionnaire and 2) Likert rating scale. **Results:** Findings of the present study showed that, half of the study sample had low level of comfort when performing maternity nursing procedures. Furthermore, all them facing Practical and theoretical barriers during their studying of maternity nursing course. Finally, there was a highly statistical significant difference between total number of barriers and academic year, mother education level. **Conclusion:** The entire study sample facing practical and theoretical barriers during their studying of maternity nursing course, added to half of them had negative attitude. **Recommendations:** Increase awareness of the community about role of male in nursing especially private Hospital. In addition, educational strategies should be adopted to overcome the unique obstacles in maternity nursing.

Keywords: Practical and theoretical barriers, attitude toward maternity nursing course.

Introduction

Nursing is one of the youngest professions, but one of the oldest arts. It evolved from the familial roles of nurturing and care taking. The term "nurse" originated from the Latin word "nurture". In the past, it was based on principles borrowed from other medical and allied sciences; but today it is a professional discipline with a unique body of knowledge and skills complementary to other health care professions. Moreover, it is one of the world's most diverse occupations and offers a variety of workplace settings, client populations and health care specialties' (*Esawi & El – Sayed, 2010 and Randy, 2011*).

History appears to indicate that men had a place in nursing for as long as records are available, but their contribution has been perceived as negligible largely because of the dominant influence that the 19th century female nursing movement has had on the occupation and historical ideology (*EL sayed, 2009*).

Nursing school is the first place men are likely to experience nursing in the professional sense and serves as the first route to socialize new nurses into the professions (*Nutter, 2010*). However, men continue to represent a small percentage of the nursing workforce. Nursing should reflect