

# TARGETED THERAPY FOR HEMATOLOGIC MALIGNANCIES

*An Essay*

**Submitted In Partial Fulfillment For Master Degree In Hematology**

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بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

(قَالُوا سُبْحٰنَكَ لَا عِلْمَ  
لَنَا اِلاَّ مَا عَلَّمْتَنَا اِنَّكَ  
اَنْتَ الْعَلِیْمُ الْحَكِیْمُ)

(سورة البقرة: ۳۲)



# *Dedication*

*My work is dedicated to:*



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*Gamil Mohamed Ali*

## List of Abbreviations

<b>ADCC</b>	Antibody dependent cellular cytotoxicity
<b>ADP</b>	Adenosine di phosphate
<b>ALK</b>	anaplastic lymphoma kinase
<b>ALL</b>	acute lymphoblastic leukemia
<b>AML</b>	acute myeloid leukemia
<b>AMP</b>	Adenosine mono phosphate
<b>APCs</b>	antigen-presenting cells
<b>APL</b>	acute promyelocytic leukemia
<b>Ara-C</b>	Cytarabine
<b>ASCT</b>	autologous stem cell transplantation
<b>ATO</b>	arsenic trioxide
<b>ATP</b>	Adenosine tri phosphate
<b>ATRA</b>	all-trans- retinoic acid
<b>CALGB</b>	Cancer and Leukemia Group B
<b>CBF</b>	core binding factor
<b>CBF-AML</b>	core binding factor leukemias
<b>CCyR</b>	complete cytogenetic response
<b>CD</b>	Cluster differentiation
<b>CDC</b>	Complement-dependent cytotoxicity
<b>CDK</b>	cyclin-dependent kinase
<b>CDKI</b>	cyclin-dependent kinase inhibitor
<b>CDR</b>	complementarity-determining regions
<b>CLL</b>	chronic lymphocytic leukemia
<b>CML</b>	chronic myelogenous leukemia
<b>CMV</b>	cytomegalovirus

<b>COX-2</b>	Cyclooxygenase-2
<b>CR</b>	complete response
<b>CRu</b>	CR unconfirmed
<b>CSF-I</b>	colony-stimulating growth factor I
<b>DNA</b>	Deoxyribonucleic acid
<b>DNMTi</b>	DNA Methyl Transferase Inhibitor
<b>DOR</b>	duration of response
<b>EGF</b>	epidermal growth factor
<b>Erk</b>	The Ras/Raf/extracellular signal-regulated kinase
<b>FGF</b>	fibroblastic growth factor
<b>FKHR</b>	Forkhead
<b>FltL</b>	FLT3 ligand
<b>FL</b>	follicular lymphoma
<b>FLT3</b>	Fms-like tyrosine kinase 3
<b>FLT3R</b>	FMS-like tyrosine kinase 3 receptor
<b>FTIs</b>	farnesyltransferase inhibitors
<b>G-CSF</b>	granulocyte colony-stimulating factor
<b>GELA</b>	Groupe d'Etude des Lymphomes de l'Adulte
<b>GM-CSF</b>	granulocyte macrophage colony-stimulating factor
<b>GO</b>	Gemtuzumab ozogamicin
<b>Grb2</b>	growth factor receptor binding protein 2
<b>GSK-3</b>	glycogen synthase kinase-3
<b>GSK-3<math>\beta</math></b>	glycogen synthase kinase-3 $\beta$
<b>GST</b>	Glutathion-S-transferase
<b>GTP</b>	Guanosine tri phosphate
<b>GvHD</b>	graft-versus-host disease
<b>HDAC</b>	Histone deacetylase

<b>HL</b>	Hodgkin lymphoma
<b>HLA</b>	human leukocyte antigen
<b>HUS</b>	hemolytic-uremic syndrome
<b>IAP</b>	inhibitor of apoptotic pathway
<b>Id</b>	idiotype
<b>IFN</b>	Interferon
<b>IFP</b>	interstitial fluid pressure
<b>Ig</b>	Immunoglobulin
<b>IGF-I</b>	insulin-like growth factor I
<b>IGF-IR</b>	insulin-like growth factor receptor I
<b>IGFs</b>	insulin-like growth factors
<b>IκB</b>	inhibitor of nuclear factor-κB
<b>IL</b>	interleukin
<b>IR</b>	insulin receptor
<b>IRS</b>	insulin receptor substrates
<b>ITDs</b>	internal tandem duplications
<b>Jak</b>	janus kinase
<b>JNK</b>	c-Jun NH2-terminal kinase
<b>mAbs</b>	monoclonal antibodies
<b>MAPK</b>	mitogen-activated protein kinase
<b>MCL</b>	mantle cell lymphoma
<b>MEK</b>	mitogen-activated protein/extracellular signal-regulated kinase
<b>MMAE</b>	monomethyl auristatin E
<b>MMP</b>	Matrix Metalloproteinases
<b>MMR</b>	major molecular response
<b>MR</b>	minimal response
<b>MRD</b>	minimal residual disease

<b>mRNA</b>	Messenger ribonucleic acid
<b>mTOR</b>	mammalian target of rapamycin
<b>MZL</b>	marginal-zone lymphoma
<b>nCR</b>	near-CR
<b>NFkB</b>	nuclear factor k B
<b>NHL</b>	Non hodjkin lymphoma
<b>NPM</b>	nucleophosmin
<b>NSCLC</b>	Non Small Cell Lung Cancer
<b>Ontak</b>	Denileukin diftitox
<b>OR</b>	overall response
<b>ORR</b>	Overall response rate
<b>OS</b>	overall survival
<b>PDGF</b>	platelet derived growth factor
<b>PDGFR</b>	platelet-derived growth factor receptor
<b>PDK1</b>	phosphoinositide-dependent kinase 1
<b>PFS</b>	progression-free survival
<b>Ph</b>	Philadelphia
<b>PI3K</b>	phosphatidylinositol 3-kinase
<b>PIAS</b>	protein inhibitor of activated stat
<b>PKB</b>	protein kinase B
<b>PKC</b>	Protein kinase C
<b>PN</b>	peripheral neuropathy
<b>PR</b>	partial response
<b>PRIMA</b>	The European International Primary Rituximab and Maintenance
<b>PTB</b>	phosphotyrosine-binding
<b>RAR</b>	retinoic acid recepto
<b>Rb</b>	retinoblastoma



<b>Rheb</b>	Ras homologue enriched in the brain
<b>RIT</b>	Radioimmunotherapy
<b>RNA</b>	Ribonucleic acid
<b>RR</b>	rituximab-resistant
<b>RSK</b>	ribosomal S6 kinase
<b>RTK</b>	receptor tyrosine kinase
<b>RT-PCR</b>	Reverse transcriptase polymerase chain reaction
<b>RXR</b>	retinoid X receptors
<b>S6K</b>	ribosomal protein S6 kinase
<b>SAHA</b>	suberoylanilide hydroxamic acid
<b>SAPK</b>	stress-activated protein kinase
<b>SCF</b>	stem cell factor
<b>SD</b>	stable disease
<b>SH2</b>	Src homology-2
<b>Shc</b>	Src-homology collagen protein
<b>SHIP</b>	SH2-domain-containing inositol phosphatase
<b>SHP-1</b>	SH-2 domain containing protein tyrosine phosphatase-1
<b>SHP2</b>	SH2-domain-containing protein tyrosine phosphatase 2
<b>SLL</b>	small lymphocytic lymphoma
<b>SOCS</b>	suppressor of cytokine signaling
<b>SOS</b>	Son of Sevenless
<b>Stat</b>	signal transducer and activator of transcription
<b>TK</b>	tyrosine kinase
<b>TNF</b>	tumor necrosis factor
<b>TSA</b>	trichostatin A
<b>TSC1, TSC2</b>	tuberous sclerosis complexes 1 and 2
<b>TSP-1</b>	thrombospondin-1

<b>TTP</b>	time-to-progression
<b>TTR</b>	time-to-response
<b>VEGF</b>	vascular endothelial growth factor
<b>VPA</b>	valproic acid
<b>XIAP</b>	X-linked inhibitor of apoptosis
<b>4E-BP</b>	4E-binding protein

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## **INTRODUCTION**

Conventional cytotoxic therapy of hematologic malignancies is often associated with significant morbidity. This morbidity is often due to the lack of specificity for hematopoietic cells. Therefore, the concept of targeted therapy for patients with hematologic malignancies has received attention for many years. The goal of targeted therapy is to target specific malignant cells, while sparing normal cells and tissues (**Athena et al., 2002**).

Though all cancer treatments (including surgery, radiation, and cytotoxic chemotherapy) could be considered as therapy targeted against cancer, the term targeted therapy is more narrowly defined as the use of directed immunotherapy or molecularly directed therapy (**Kuriakose, 2005**).

The concept of targeted therapy for patients with cancer has intrigued researches for years. In 1953, **Pressman and Korngold** showed that antibodies could specifically target tumor cells. Unfortunately, it was not until 1975, when **Kohler and Milstein** described their Nobel Prize-winning work in hybridoma technology, that a continuous supply of monoclonal antibodies (mAbs) that targeted specific antigens became available. By 1979, **Nadler et al.** treated the first patient with mAb therapy (**Nadler et al., 1980**).

In general, there are three main classes of cytotoxic mAbs that have been developed. The first consists of unconjugated mAbs, where the antibody itself mediates cell killing. The remaining two classes involve mAbs that are conjugated to either a potent drug/toxin, or a radioisotope (**Athena et al., 2002**).

In addition to the advances with mAbs therapy, molecular targeting of hematologic malignancies, primarily chronic myelogenous leukemia (CML), through specific tyrosine kinase inhibitors has been developed (**Druker et al., 2001**).

Despite the progress that has been made with developing targeted therapies, there are numerous obstacles to successful therapy (**Athena et al., 2002**).

## **AIM OF THE WORK**

The aim of this work is to review different modalities, advantages and disadvantages of targeted therapy in hematologic malignancies which became in the forefront of ongoing researches in the new era.

## **TARGETED THERAPY**

### **What is targeted therapy?**

Targeted therapy is defined as a drug or molecule causing tumor cell death by interacting with predefined target(s) present on malignant cells (**Mishra and Parikh, 2006**). It is a treatment that aims to target some biologic feature of the tumor to eradicate it (**Oeffinger et al., 2006**). Though all cancer treatments (including surgery, radiation, and cytotoxic chemotherapy) could be considered as therapy targeted against cancer, the term targeted therapy is more narrowly defined as the use of directed immunotherapy or molecularly directed therapy (**Kuriakose, 2005**).

At its simplest, targeted therapy implies a therapy with a specific molecular target. This is a very low-level definition because any therapy that works must have a molecular target. In some cases (trastuzumab), the target was discovered first, while in others (aspirin), the drug was discovered before the target (**George and Sledge, 2005**).

In a related way, with targeted therapy, does it mean that the therapy has only one target? Some targeted therapies (eg, imatinib) have more than one molecular target, so one cannot even claim that targeted therapy requires an exacting degree of specificity (**Druker et al., 2004**). So the simple equation, "drug + molecular target = targeted therapy," is essentially meaningless. At best, it can be considered necessary but not sufficient (**George and Sledge, 2005**).

A targeted therapy should attack a biologically important process (usually, though not necessarily, a single molecule), preferably one central to a hallmark of cancer. The target should be measurable in the clinic, and measurement of the target (in either quantitative or qualitative terms) should correlate with clinical outcome when the targeted therapy is

administered. Using this approach, gefitinib moved into the club of targeted therapy only in the clinic. That is to say, its inclusion in the targeted therapy club required the discovery of epidermal growth factor mutations correlating with therapeutic outcome (**Lynch et al., 2004**). Similarly, it is reasonable to suggest that agents targeting vascular endothelial growth factor do not yet pass the club of targeted therapy. It is not currently possible to measure a target correlating treatment with outcome. It is not even certain at present whether the cells being attacked are endothelial cells, cancer cells, or both (**Schneider and Miller, 2005**)

Indeed, if what is said regarding a definition of targeted therapy is correct, it is premature to consider a therapy functionally targeted unless, and until, large positive studies become available (**George and Sledge, 2005**).

### **Historical background:**

The concept of targeted therapy for patients with cancer has intrigued researchers for years. In 1953, **Pressman and Korngold** showed that antibodies could specifically target tumor cells. Unfortunately, it was not until 1975, when **Kohler and Milstein** described their Nobel Prize-winning work in hybridoma technology, that a continuous supply of monoclonal antibodies (mAbs) that targeted specific antigens became available. By 1979, **Nadler et al.** treated the first patient with mAb therapy (**Nadler et al., 1980**).

### **Why targeted therapy?**

Conventional therapy has the following limitations:

1) Conventional therapy is not specific to a particular tumor type and acts by killing rapidly dividing cells regardless of whether or not they are malignant (**Oeffinger et al., 2006**).