Status of Vascular Involvement in Egyptian Patients with Budd-Chiari Syndrome: Relation to Etiology and Impact on Clinical Presentation

Thesis

Submitted for Partial Fulfillment of Master Degree in Tropical Medicine

Wael Mohamed Mohamed Ali Al-Banna M.B.B.Ch. Ain Shams University

Under Supervision of

Ass. Prof. Sara Mahmoud Abdelhakam
Assistant Professor of Tropical Medicine
Faculty of Medicine - Ain shams University

Ass. Prof. Hany Mansour Khalil Dabbous

Assistant Professor of Tropical Medicine

Faculty of Medicine - Ain shams University

Ass. Prof. Mohamed El-Gharib Abo El Maaty
Assistant Professor of Radiodiagnosis
Faculty of Medicine - Ain shams University

Faculty of Medicine Ain Shams University 2016

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List of abbreviations

Abbrev. Meaning

ACAs Anticardiolipin Antibodies

ACL IgG Anticardiolipin IgG
ACL IgM Anticardiolipin IgM

ANA Anti nuclear antibody

APAs Antiphospholipid antibodies

APC Activated protein C

APCR Activated protein C resistance

APS Antiphospholipid syndrome

AT III Antithrombin III

BCS Budd-Chiari syndrome

BD Behcet Disease

BM Bone marrow

DVT Deep venous thrombosis

FV Facor V

FVa Acivated factor V

FVLM Factor V Leiden mutation

HCC Hepatocellular carcinoma

Hetero Heterozygous

Homo Homozygous

HVO Hepatic venous obstruction

HVOO Hepatic venous outflow obstruction

HVs Hepatic veins

IVC Inferior vena cava

IVCO inferior vena cava obstruction

IVCT inferior vena cava thrombosis

JAK2 Janus tyrosine kinase-2

LAC Lupus Anticoagulant

LCF Liver cell failure
LHV Left hepatic vein

LMWH Low molecular weight heparin

MHV Middle hepatic vein

MOVC Membranous obstruction of IVC

MPDs Myeloproliferative disorders

MTHFR Methylene tetra hydro-folate reductase

OCPs Oral Contraceptive Pills

PC Protein C

PGM Prothrombin gene mutation

PNH Paroxysmal nocturnal hemoglobinuria

PS Protein S

PV Portal vein

PVT Portal vein thrombosis

RHV Right hepatic vein

SD Standard deviation

SLE Systemic lupus erythematosus

TIPS Transjugular Intrahepatic Portosystemic Shunt

VOD Veno-occlusive disease

VTE Venous throboembolism

WHO World Health Organization

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Assistant Professor of Radiodiagnosis Faculty of Medicine - Ain shams University

> Faculty of Medicine Ain Shams University 2015

Introduction:

Budd-Chiari syndrome (BCS) is a rare but potentially life threatening hepatic disorder that results from obstruction of the hepatic venous outflow tract. Obstruction can occur at any level from the hepatic venules to the right atrium (*Khan*, 2005 and Valla, 2009).

George Budd (1845), a British internist, described three cases of hepatic vein thrombosis due to abscessinduced phlebitis, and Hans Chiari (1899) an Austrian pathologist, added the first pathologic description in three additional cases of hepatic vein occlusion due to phlebitis. Inferior Vena Cava (IVC) involvement was present in one of the three cases (Musa et al., 2007).

According to the etiology, BCS can be classified as primary (due to intrinsic intraluminal thrombosis or webs) or secondary (due to intraluminal invasion by a parasite or malignant tumor or extraluminal compression by an abscess, cyst or solid tumor) (*Aydinti & Bayraktar*, 2007).

Hepatic venous outflow obstruction causes centrilobular congestion and hepatocyte necrosis, which if not treated can lead to hepatic lobulation and cirrhosis. The evolution and severity of these changes vary widely and depend upon the cause, degree and extent of obstruction. Thus, the clinical presentation of BCS has a wide spectrum

and ranges from asymptomatic cases to fulminant hepatic failure (*Menon et al., 2004*). The classic triad of abdominal pain, ascites, and hepatomegaly is nonspecific (*Roy, 2006*).

According to duration of symptoms and signs of liver disease, BCS can be presented in acute, subacute or chronic form; the most common presentation is the chronic form. A high index of suspicion is necessary for diagnosis because clinical manifestations and laboratory results are non specific (*Valla*, 2002).

Radiological imaging plays an important role in the evaluation of a patient suspected to have BCS. In fact, under current consensus recommendations, radiological imaging is sufficient to make a diagnosis of BCS. A liver biopsy is required only if radiological imaging is inconclusive. The relevant imaging modalities are Doppler ultrasonography, computed tomography (CT), magnetic resonance imaging (MRI) and hepatic venography (Kamath, 2006).

Classification of BCS according to site of obstruction (Ludwig et al., 1990).

Designation	Definition
Small hepatic veins	Veins that cannot be shown clearly on hepatic venograms or by ultrasound studies; they include intercalated veins and interlobular veins.
Large hepatic veins	Veins that are regularly demonstrable on hepatic venograms and ultrasound studies; segmental branches of hepatic veins are generally included
Inferior vena cava (IVC)	A segment of the IVC which extends from the entry level of the right, middle and left hepatic veins to the junction between the IVC and the right atrium
Combined obstruction	Combination of obstruction in the large hepatic veins and IVC

The site of obstruction is in general easily determined through non-invasive imaging (Doppler-ultrasound, magnetic resonance (MRI), computed tomography (CT)) or conventional venography (*Janssen et al.*, 2003).

Recently, BCS has been classified according to the site of venous obstruction into 3 types and 6 subtypes (**Zhang** and Li, 2007):

Type I: "IVC lesions":

a: Membranous lesions.

b: Short segmental occlusion (<5cm).

c: Long segmental occlusion (>5cm).

Type II: "lesions of HVs":

a: Membranous lesions.

b: Diffuse occlusion.

Type III:

Mixed type (type I & II).

The goals of treatment are to prevent extension of thrombosis in the hepatic veins and to alleviate venous obstruction in order to decrease hepatic congestion. Few patients respond to medical treatment (anticoagulation with or without thrombolytic therapy, diuretics). However, most of patients need more invasive procedures to restore the hepatic blood flow including percutaneous angioplasty with or without stenting, transjugular intrahepatic portosystemic shunt (TIPS) or shunt surgery (*Slakey et al.*, 2001).

Aim of the Work:

Primary Aim: To study the pattern of vascular involvement in Egyptian patients with BCS.

<u>Secondary Aim:</u> To demonstrate its relation to etiology and impact on clinical presentation in these patients.