Safety & efficacy of using chromium stents versus stainless steel stents in patients undergoing P.C.I for bifurcation lesions

> Thesis submitted for partial fulfillment of master degree in cardiology

By HATEM MOHAMED MOHAMED HASSAN M.B.B.CH

Supervised by

Prof.DR.ADEL ELETRIBY

Professor of cardiology Ain shams university

DR.ADEL GAMAL

Ass.professor of cardiology. Ain shams university

DR.AHMED SHAWKI

Lecturer of cardiology Ain shams university

Ain shams university Faculty of medicine Cardiology Department 2010

"حراسة توطئة للمصول علي حرجة الماجيستير المقدمة من الطبيبم" حاتم محمد محمد حسن

د . عادل جمال استاذ مساعد القلب-كليه الطب- جامعة عين شمس

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Table of contents

Introduction	1
Aim of the work	3
Review of literature	4
Chapter I: Bifurcation lesions	
Classification of bifurcation lesions	4
Classification of left main bifurcation	6 8
Percutanous strategies	。 13
Procedures of bifurcation stenting	13
Chapter II:Impact of stent design on bifurcation lesions:	
	29
Models	30
Cobalt chromium stent	32
	32
Development Advantages of schelt shromium allow	34
Advantages of cobalt chromium alloy	36 41
 Encouraging studies Stainless steel stents 	43
 Stainless steel stents and bifurcation lesions 	47
	- /
Drug eluting stents and bifurcation lesions	
CS versus SSS	
Patients and methods	52
Results	55
Discussion	88
Conclusions	106
Study limitations	107
Summary	108
References	113
Arabic summary	

II

List of abbreviations

ACC	American College of Cardiology
АНА	American Heart Association
IVUS	Intravascular Ultrasound
MACE	Major Adverse Cardiac Events
РТСА	Percutaneous Transluminal Coronary Angioplasty
ST	Stent Thrombosis
TLR	Target Lesion Revascularization
CAD	Coronary Artery Disease
CCS	Cobalt-Chromium Stent
CS	Chromium stent
DES	Drug Eluting Stents
DM	Diabetes Mellitus
HDL	High Density Lipoprotein
ISAR—	Intracoronary Stenting and Angiographic
STEREO	Results-Strut Thickness Effect on Restenosis
	Outcome
ISR	In-Stent Restenosis

III

LDL	Low Density Lipoprotein
NO	Nitric Oxide
PCI	Percutaneous Coronary Interventions
SSS	Stainless Steel Stent
TVR	Target Vessel Revascularization
WHO	World Health Organization
BA	Balloon Angioplasty
CABG	Coronary Artery Bypass Grafting
Cath. Lab.	Catheterization Laboratory
ECG	Electrocardiography
FH	Family History
HTN	Hypertension
LAD	Left Anterior Descending artery
LCX	Left Circumflex artery
MI	Myocardial Infarction
ОМ	Obtuse Marginal
RCA	Right Coronary Artery
UA	Unstable Angina
BP	Blood Pressure

IV

CCU	Coronary Care Unit
Chol.	Cholesterol
DIAG.	Diagonal
DM	Diabetes Mellitus
EF	Ejection Fraction
FBS	Fasting Blood Sugar
IHD	Ischemic Heart Disease
LV	Left Ventricle
STEMI	ST segment elevation myocardial infarction
NSTEMI	Non ST segment elevation myocardial infarction

V

List of tables

Table 1.	Age distribution among the study groups	59
Table 2.	Sex distribution among the study groups	60
Table 3.	Distribution of risk factors among the study groups.	62
Table 4.	Site of bifurcation lesions among study groups	66
Table 5.	Medina classification in the study groups	68
Table 6.	Showing Pre-dilatation PTCA in study groups	71
Table 7.	Showing balloon diameter used in PTCA	72
Table 8.	Showing balloon length used in PTCA	73
Table 9.	Showing number of wires used in the procedure	74
Table 10.	Showing incidence of usage of kissing balloon in the procedure.	74
Table 11.	Showing stent length used in the procedure	75
Table 12	Showing stent diameter used in the procedure	76
Table 13.	Initial Success & In-hospital Complications (Incidence of MACE)	77
Table 14	Intermediate term prognosis(2ry end point +ve or not)	80

VI

Table 15	Incidence of mortality in both groups of study	81
Table 16	Incidence of chest pain in study groups.	82
Table 17	Follow up by stress ECG	82
Table 18	Showing CA which was done in follow up period	83
Table 19	sub grouping of the two groups of study according to diabetic or not in the period of initial follow up	86
Table 20	sub grouping of the two groups of study according to diabetic or not in the period of follow up for 3-6 months	87

VII

List of figures

Figure 1	Medina classification of bifurcation lesions.	6
Figure 2	Classification for left main (LM)	8
	diseases	
Figure 3	Classical crush stenting.	15
Figure 4	Double-kissing (DK) crush technique	19
Figure 5	Biguard stent	27
Figure 6	Coil Vs Tube stent design (Vincent	31
	Hoang 2004)	
Figure 7	Thin struts of the chromium stent	33
Figure 8	Advantages of chromium stent	33
Figure 9	More advantages of chromium stent	40
Figure 10	Comparison of chromium and stainless	51
	steel	
Figure 11	Chromium biocompatibility	51
Figure 12	Showing age distribution in study	59
	groups.	
Figure 13	Showing gender distribution among the	60
	study groups.	
Figure 14	showing distribution of DM among the	62
	study groups	
Figure 15	Showing HTN distribution among study	63
	groups.	
Figure 16	Showing distribution of smoking habit	63
	among study groups .	
Figure 17	Showing dyslipidemia distribution	64
	among the study groups.	

VIII

Showing site of bifurcation lesion in	67
both groups of study.	
Showing Medina classification incidence	69
in both groups	
Showing balloon diameter in both	72
groups	
Showing balloon length in both groups.	73
Showing stent length used in P.C.I in	75
both groups.	
Showing stent diameter used in P.C.I in both	76
groups for bifurcating lesions.	
Showing incidence of MACE in first	78
period of follow up	
Showing secondary end point of the study	80
incidence in the two groups.	
Showing positive stress ECG in both groups	83
Showing C.A incidence in both groups.	84
showing incidence of secondary end point	88
positive in both groups.	
showing incidence of secondary end point negative in	89
both groups.	
	both groups of study. Showing Medina classification incidence in both groups Showing balloon diameter in both groups Showing balloon length in both groups. Showing stent length used in P.C.I in both groups. Showing stent diameter used in P.C.I in both groups for bifurcating lesions. Showing incidence of MACE in first period of follow up Showing secondary end point of the study incidence in the two groups. Showing positive stress ECG in both groups Showing C.A incidence in both groups. showing incidence of secondary end point positive in both groups.

Introduction

Advances in coronary stents technology both in terms of design and function have significantly improved the safety and efficacy of P.C.I, including marked reduction in restenosis.

Up to 2 million P.C.I procedures are performed world wide each year.⁽¹⁾

Coronary stents are typically implanted in over 90% of these procedures ⁽²⁾.

The majority of current stents are manufactured in stainless steel alloy Composed primarily of iron (60-65%), nickel (12-14%), chromium (17-18%), the later providing excellent anti corrosion property in addition to radial strength^{. (3)}

cobalt based alloys which may enables thinner strut size while preserving radiopacity and radial strength this may be clinically relevant since use of thinner (50um)compared to thicker (140um)stent struts has been associated with favorable reduction in rates of clinical and angiographic restenosis⁽⁴⁾ and may lead to a reduction in profile and enhanced flexibility which can be particularly advantageous in the design of small vessel stents^{(5).}

In this study we will give a special concern to safety and efficacy of cobalt chromium stents versus stainless steel stents especially to major adverse cardiac events(death ,M.I,emergency bypass surgery,or target lesion revascularization). This will be done in patients undergoing P.C.I to bifurcation lesion.

In percutaneous coronary intervention, the treatment of bifurcation lesion is a challenge to the interventional cardiologist, P.C.I operators ,in general use the term bifurcation lesion ,when a coronary artery divides into two equally important branches or when a side branch gives away a side branch which is large enough to be of hemodynamic significance, whereas when a large coronary artery gives away a small hemodynamicaly unimportant side branch, the term bifurcation is less used ⁽⁶⁾.

A number of well known technical and clinical problems are associated with bifurcation P.C.I, dependent on the anatomy, the lesions, and on the technology we used. Important concerns are:

I)plaque shift causing flow problems .

ii)stent deformation .

iii)stent overlap.

iv)incomplete lesion coverage.

v)subacute stent thrombosis.

vi)restenosis⁽⁷⁾.

AIM OF THE WORK

To asses safety and efficacy of cobalt chromium versus stainless steel stents in patients undergoing percutanous coronary intervention for bifurcation lesions.

Bifurcaton lesions

Coronary bifurcation lesions are diagnosed if there is >50% diameter stenosis adjacent (<5mm) to, and or at, the ostium of both a main vessel (MV) and a side branch (SB).⁽⁸⁾

Classification of bifurcation lesions:

Bifurcation lesions can be further divided into true and false bifurcation in light of lesion location.

The significance of classification of bifurcation lesions lies in its effects on procedural safety and long-term outcomes.

Most importantly, false bifurcation lesions might becomes true once immediately after balloon inflation or stenting, mainly due to plaque shift.

This underlies the complexity of interventions in bifurcation lesions, and reminds us of the need for precise classification before percutaneous intervention (PCI).

From the procedural standpoint, vessel segments involved in bifurcation lesions are divided into three segments: Prebifurcation MV,distal_to_bifurcation MV,and SB.

According to lesion location in the MV or SB, several classifications of coronary bifurcation lesions were proposed;