

ORBITAL AND OCULAR ADNEXAL LYMPHOPROLIFERATIVE DISORDERS

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Ophthalmology

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ABSTRACT

Orbital and ocular adnexal lymphoproliferative disorders account for 10-15% of orbital mass lesions. This spectrum includes the lymphocytic lesions, plasma cell tumors, histiocytic disorders and leukemic deposits. They represent a continuum of disorders ranging from benign to overtly malignant with considerable risk of systemic involvement. They develop as primary or secondary tumor manifestations in the orbit, conjunctiva, lid, lacrimal gland and sac.

Advancing immunohistochemistry and molecular biology allow more accurate immunophenotyping of individual clones of lymphoid cells and early and precise detection of genetic alterations. Specific immunobiologic diagnosis allows ophthalmologists to consider the lymphoproliferative lesions as a distinct clinicopathologic entity from idiopathic orbital inflammatory disease, with much different behavior.

Tissue biopsy remains mandatory for diagnosis with thorough systemic medical evaluation by hemato-oncologist. Radiotherapy is of choice for the majority of localized lesions while disseminated disease requires systemic chemotherapy or combined therapy. Recent immunotherapy is promising satisfactory results with low toxicity and risk of relapse. Long-term follow-up with half-yearly examination is recommended for detection of new lesions, late recurrence or systemic affection.

Key words:

Orbit - ocular adnexa - lymphoproliferative - biopsy - immunohistochemistry - molecular biology - Radiotherapy - chemotherapy - immunotherapy

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LIST OF ABBREVIATIONS

- AAPOX:** Adult onset asthma and periocular xanthogranuloma
- ACE:** angiotensin-converting enzyme
- AILD:** angioimmunoblastic lymphadenopathy with dysproteinemia
- ALCL:** anaplastic large cell lymphomas of T-phenotype
- ALH:** Atypical lymphoid hyperplasia
- ALHE:** angiolymphoid hyperplasia with eosinophilia
- ALL:** acute lymphoblastic leukemia
- AML:** acute myelogenous leukemia
- ANA:** antinuclear antibody
- ANCA:** anti nuclear cytoplasmic antibody
- AOX:** Adult onset xanthogranuloma
- APC:** Antigen presenting cells
- API2:** apoptosis inhibitor-2 gene
- ATLL:** Adult T-cell leukemia-lymphoma
- BCL:** B-cell leukemia/lymphoma gene
- BL:** Burkitt's Lymphoma
- BSAP:** B cell specific activator protein
- CBP:** CREB binding protein
- CD:** Clusters of differentiation designation
- CGH:** Comparative genomic hybridization
- cIg:** cytoplasmic immunoglobulin
- CNS:** central nervous system
- CLL:** chronic lymphocytic leukemia
- CR:** complete remission
- CT:** Computed tomography
- CTCL:** Cutaneous T-Cell Lymphomas
- DCR:** dacryocystorhinostomy

DLBCL: diffuse large B-cell lymphomas
ECD: Erdheim-Chester disease
EG: Eosinophilic granuloma
EM: Electron microscopy
EMP: extramedullary plasmacytoma
EMZL: extranodal marginal zone lymphoma
ESR: erythrocyte sedimentation rate
FBGC: Foreign body giant cells
FISH: Interphase fluorescence in situ hybridization
FL: follicular lymphoma
FNAB: Fine-needle aspiration biopsy
Gy: grays
H&E: Hematoxylin and Eosin
HAMA: human antimouse antibody
HHV: human herpes virus
HTLV: Human T-cell lymphotropic virus
IFN α : interferon alpha
Ig: Immunoglobulin
IgH: immunoglobulin heavy chain gene
IH: Immunohistochemistry
IL: interleukin
ILSG: International Lymphoma Study Group
IOID: Idiopathic orbital inflammatory disease
JXG: Juvenile xanthogranuloma
KD: Kimura disease
LC: Langerhans' cells
LCH: Langerhans' C cell histiocytosis
mAbs: monoclonal antibodies
MALT: mucosa-associated lymphoid tissue

MCL: mantle cell lymphomas
ML: malignant lymphoma
MLT: MALT lymphoma-associated translocation gene
MM: multiple myeloma
MRI: magnetic resonance imaging
MUM1: multiple myeloma oncogene-1-protein
NBX: Necrobiotic xanthogranuloma
NHL: Non-Hodgkin lymphoma
NKTL: Natural killer/T-cell lymphomas
OAL: ocular adnexal lymphomas
OID: Orbital inflammatory disease
PAS: Periodic acid schiff
PCR: Polymerase chain reaction
PGE2: prostaglandin E2
PLC: pathologic Langerhans' cells
POL: Primary orbital lymphomas
PTCL: Peripheral T-cell lymphomas
RDD: Rosai Dorfman Destombes disease
REAL: Revised European-American Lymphoma
RLH: Reactive lymphoid hyperplasia
RT-PCR: Reverse transcriptase
SHML: Sinus histiocytosis with massive lymphadenopathy
sIg : surface immunoglobulin
SLL: Small lymphocytic lymphoma
TCR: T-cell antigen receptor
TdT: terminal deoxynucleotidyl transferase
WHO: World Health Organization
XLP: X-linked lymphoproliferative syndrome
XRT: External beam radiotherapy

INTRODUCTION

Orbital and ocular adnexal lymphoproliferative disorders constitute a fascinating and confusing disease complex (*Kersten et al., 2003*). They represent a heterogeneous group of lymphoid system neoplasm accounting only for 10-15% of orbital mass lesions (*Akansel et al., 2005*). They develop as primary or secondary tumor manifestations in the orbit, conjunctiva, lid, lacrimal gland and sac (*Auw-Haedrich et al., 2001*).

Both clinicians and pathologists have been always faced by considerable diagnostic dilemmas such as difficulty in differentiating between various subtypes, terminology and classification systems as well as treatment needs and prognosis. Both clinical and conventional histopathological parameters have always been challenging due to great overlap of lymphoproliferative disorders. With the advent of immunohistochemical and molecular biological studies, the spectrum of lymphoid disorders is being more clearly defined (*Kersten et al., 2003*).

More than half of patients with histopathologically verified orbital or adnexal lymphoproliferative lesions have systemic disorders at the time of diagnosis or will develop the systemic disease (*Rootman et al., 2003*). Therefore, it is essential that all patients be investigated including a complete systemic evaluation by a haemato-oncologist at the time of diagnosis and at regular follow up intervals (*Auw-Haedrich et al., 2001*).

It is important for the ophthalmologist to distinguish orbital lymphoproliferative lesions from idiopathic orbital inflammatory disease, previously known as inflammatory pseudotumour, which behave in a much different fashion (*Kersten et al., 2003*). Subacute or chronic form is considered part of lymphoproliferative disorders by some authors and excluded by others (*Rootman et al., 2003*).

This work aims at reviewing the literature of clinical presentation and recent immunohistopathological classification of orbital and ocular adnexal lymphoproliferative disorders with their implication on prognosis as well as recent modalities in diagnosis and management.

Basic considerations in the diagnosis and treatment of lymphoproliferative disorders

I) Diagnosis:

A) Clinical considerations:

In spite of the diversity of lymphoproliferative and related hematopoietic disorders, four clinical syndromes can be recognized.

The most common presentation is insidious development of painless orbital mass (frequently anterior), with little functional interference due to low-grade, slowly-developing lesions. Patients may show rapid onset fulminant orbital infiltration due to aggressive disorders, late accelerated phase or secondary infections. Another category develops relatively rapid orbital manifestations secondary to involvement of adjacent bones, paranasal sinuses or skin. Neuro-ophthalmic complications may occur as a result of invasion of the central nervous system, ocular structures or both (*Rootman et al., 2003*).

B) Imaging:

Orbital imaging allows greater specificity in diagnosis and management of orbital and adnexal lymphoproliferative lesions. This is achieved through determination of the lesion site, size, contour, tissue characteristics, dynamic effects (movement and positional change), capsular definition, relationship to vascular system and adjacent structures, as well as evidence of infiltration. In addition, changes in the lesion with time can help in diagnosis, timing of intervention, and assessment of progression or effect of treatment. Imaging can be useful in guided needle biopsy (*Rootman, 2003*).

Plain films offer only a very basic assessment of bony details. Computed tomography (CT) scan and magnetic resonance imaging (MRI) are the corner stone of orbital diagnosis. They offer exquisite soft tissue detail and sensitivity to lesions within the orbit, delineate the extent of the tumor and invasion to the orbit and its vicinity. The results often lead to suggestion of the biology of the disease process, narrowing the differential diagnosis and setting the stage for development of an appropriate treatment plan (*Ben Simon et al., 2005*). These two modalities remain very complimentary (*Rootman, 2003*).

1) Computed tomography (CT):

CT scanning is the imaging technique of choice for primary assessment of orbital disease and can be more readily carried out in many situations. It provides excellent soft tissue resolution because of the presence of orbital fat, which is low density on CT (fig.1). It demonstrates superb detail of bony anatomy and is exquisitely sensitive for calcification. It uses ionizing radiation; the dose to the lens is approximately 3 rads for a series of 3 mm axial slices. The cumulative lifetime dose associated with cataract formation is estimated at 200 to 600 rads (*Rootman, 2003*).

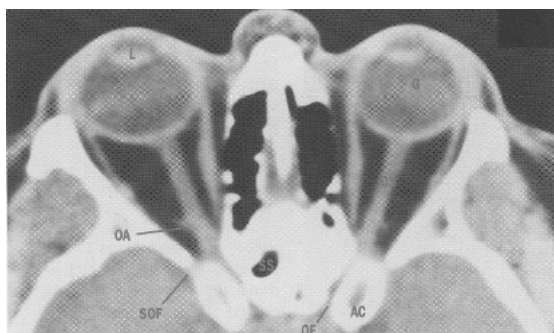


Fig. 1: Normal axial CT scan of the orbit
(*Wirtschafter et al., 1992*)

2) Magnetic resonance imaging (MRI):

MRI is assuming an increasing role in orbital imaging. It provides superb details of the globe, with better anatomic definition than CT as