

**BI-LEVEL POSITIVE AIRWAY PRESSURE  
TREATMENT OF OBSTRUCTIVE SLEEP  
APNEA SYNDROME**

*Thesis*

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## **List of abbreviations**

<b>A</b>	<i>Cross-sectional airway area</i>
<b>A-CPAP</b>	<i>Auto-titrating continuous positive airway pressure</i>
<b>AHI</b>	<i>Apnea hypopnea index</i>
<b>AI</b>	<i>Apnea index</i>
<b>ANP</b>	<i>Atrial Natuiretic Peptide</i>
<b>APAP</b>	<i>Auto titration positive airway pressure</i>
<b>ASDA</b>	<i>American sleep disorder associates</i>
<b>Av O<sub>2</sub> in all desaturations</b>	<i>Average O<sub>2</sub> in all desaturations</i>
<b>BC</b>	<i>Before Christ</i>
<b>BiPAP</b>	<i>Bi-level positive airway pressure</i>
<b>BMI</b>	<i>Body mass index</i>
<b>CBC</b>	<i>Complete blood count</i>
<b>CBT</b>	<i>Core Body Temperature</i>
<b>CHF</b>	<i>Congestive heart failure</i>
<b>Cm/H<sub>2</sub>O</b>	<i>Centimeter water</i>
<b>CO<sub>2</sub></b>	<i>Carbon dioxide</i>
<b>COPD</b>	<i>Chronic obstructive pulmonary disease</i>
<b>CPAP</b>	<i>Continuous positive airway pressure</i>
<b>CRF</b>	<i>Chronic renal failure</i>
<b>CSA</b>	<i>Central sleep apnea</i>
<b>CSB</b>	<i>Cheyne-Stokes breathing</i>
<b>DI</b>	<i>Desaturation index</i>
<b>DM</b>	<i>Diabetes mellitus</i>
<b>ECG</b>	<i>Electro-cardiogram</i>
<b>EDS</b>	<i>Excessive daytime somnolence</i>
<b>EEG</b>	<i>Electro-encephalogram</i>
<b>EMG</b>	<i>Electro-myogram</i>
<b>ENT</b>	<i>Ear, nose and throat</i>
<b>EOG</b>	<i>Electro-oculogram</i>
<b>EPAP</b>	<i>Expiratory positive airway pressure</i>
<b>ES</b>	<i>Electrical stimulation</i>

<b>ESS</b>	<i>Epworth Sleepiness Scale</i>
<b>F-CPAP</b>	<i>fixed pressure continuous positive airway pressure</i>
<b>FDA</b>	<i>Food and drug administration</i>
<b>FEF25-75</b>	<i>Forced expiratory flow rate at 25% and 75% of forced vital capacity</i>
<b>FEV1</b>	<i>Forced expiratory volume in the first second</i>
<b>FRC</b>	<i>Functional residual capacity</i>
<b>FS</b>	<i>Failed surgery.</i>
<b>FTT</b>	<i>Failure to thrive</i>
<b>FVC</b>	<i>Forced vital capacity</i>
<b>GGEMG</b>	<i>Genioglossus electromyography</i>
<b>HCT</b>	<i>Hematocrit value</i>
<b>HI</b>	<i>Hypopnea index</i>
<b>Hz</b>	<i>Hertz</i>
<b>ICSI</b>	<i>Institute for Clinical Systems Improvement</i>
<b>ICU</b>	<i>Intensive care unit</i>
<b>IPAP</b>	<i>Inspiratory positive airway pressure</i>
<b>IPAPMax</b>	<i>Maximum limit of inspiratory time</i>
<b>IPAPMin</b>	<i>Minimum limit of inspiratory time</i>
<b>IPPV</b>	<i>Intermittent positive pressure ventilation</i>
<b>kg.m<sup>2</sup></b>	<i>Kilogram per square meter</i>
<b>L/min</b>	<i>Liter per minute</i>
<b>LAUP</b>	<i>Laser-assisted uvulopalatoplasty</i>
<b>LOC</b>	<i>Left eye electrode</i>
<b>LSAT</b>	<i>Lowest oxygen saturation</i>
<b>LVEF</b>	<i>Left ventricular ejection fraction</i>
<b>MAD</b>	<i>Mean apnea duration</i>
<b>MDI</b>	<i>Metered dose inhalers</i>
<b>MHD</b>	<i>Mean hypopnea duration</i>
<b>mm</b>	<i>millimeter</i>
<b>mm/sec</b>	<i>Millimeter per second</i>
<b>MMA</b>	<i>Maxillomandibular advancement</i>

<b>mmHg</b>	<i>Millimeter mercury</i>
<b>Min O<sub>2</sub> value</b>	<i>Minimal O<sub>2</sub> value</i>
<b>MPA</b>	<i>Medroxyprogesterone acetate</i>
<b>MRI</b>	<i>Magnetic resonance imaging</i>
<b>MS</b>	<i>Mallampati score</i>
<b>MSLT</b>	<i>Multiple sleep latency test</i>
<b>MVV</b>	<i>Maximum voluntary ventilation</i>
<b>nCPAP</b>	<i>Nasal continuous positive airway pressure</i>
<b>NIDDM</b>	<i>Non-insulin-dependent diabetes mellitus</i>
<b>NIH</b>	<i>The National Institutes of Health</i>
<b>NPSG</b>	<i>Nocturnal Polysomnography</i>
<b>NREM</b>	<i>Non-rapid eye movement</i>
<b>OAs</b>	<i>Oral appliances</i>
<b>ODI</b>	<i>Oxygen desaturation index</i>
<b>ODI<sub>10</sub></b>	<i>Oxygen desaturations index &lt;10%</i>
<b>ODI<sub>4</sub></b>	<i>Oxygen desaturations index ≥4%</i>
<b>OI</b>	<i>Obstructive index</i>
<b>OSA</b>	<i>Obstructive sleep apnea</i>
<b>OSAHS</b>	<i>Obstructive sleep apnea hypopnea syndrome</i>
<b>OSAS</b>	<i>Obstructive sleep apnea syndrome</i>
<b>OSDB</b>	<i>Obstructive sleep disordered breathing</i>
<b>PA</b>	<i>Position alarm device</i>
<b>PaCO<sub>2</sub></b>	<i>Partial pressure of arterial carbon dioxide</i>
<b>Pclose</b>	<i>Closing pressure</i>
<b>Pcrit</b>	<i>Critical pressure</i>
<b>PEEP</b>	<i>Positive end expiratory pressure.</i>
<b>P<sub>ET</sub>CO<sub>2</sub></b>	<i>End tidal carbon dioxide</i>
<b>PI</b>	<i>Intraluminal pressure</i>
<b>PSG</b>	<i>Polysomnography</i>
<b>PSGD</b>	<i>Diagnostic polysomnography</i>
<b>PSGT</b>	<i>Titration polysomnography</i>
<b>Pti</b>	<i>Tissue pressure</i>
<b>Ptm</b>	<i>Transmural pressure</i>

<b><i>RAS</i></b>	<i>Reticular activating system</i>
<b><i>RCT</i></b>	<i>Randomized controlled trial</i>
<b><i>RDI</i></b>	<i>Respiratory disturbance index</i>
<b><i>REM</i></b>	<i>Rapid eye movement</i>
<b><i>RERA</i></b>	<i>Respiratory effort related arousal</i>
<b><i>ROC</i></b>	<i>Right eye electrode</i>
<b><i>RREP</i></b>	<i>Respiratory related evoked potential</i>
<b><i>SaO<sub>2</sub></i></b>	<i>Arterial oxygen saturation</i>
<b><i>SAS</i></b>	<i>Sleep apnea syndrome</i>
<b><i>SCN</i></b>	<i>Suprachiasmatic nucleus</i>
<b><i>SDB</i></b>	<i>Sleep disordered breathing</i>
<b><i>SOB</i></b>	<i>Shortness of breath</i>
<b><i>SRBD</i></b>	<i>Sleep related breathing disorders</i>
<b><i>SWS</i></b>	<i>Slow wave sleep</i>
<b><i>TCRFTA</i></b>	<i>Temperature-controlled radiofrequency tissue ablation</i>
<b><i>TMJ</i></b>	<i>Temporomandibular joint</i>
<b><i>TRD</i></b>	<i>Tongue-retaining devices</i>
<b><i>UARS</i></b>	<i>Upper airway resistance syndrome</i>
<b><i>UPPP</i></b>	<i>Uvulopalatopharyngoplasty</i>
<b><i>V'E</i></b>	<i>Minute ventilation</i>
<b><i>WHO</i></b>	<i>World Health Organization</i>



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