PROGNOSTIC VALUE OF CHRONIC OBSTRUCTIVE PULMONARY DISEASE IN CORONARY ARTERY BYPASS GRAFTING SURGERY

THESIS

Submitted in Full Fulfillment for The Master Degree (M.Sc.) in **General Surgery**

By

Samy Mahmoud Mohamed Amin

(M.B., B.Ch. Cairo University)

Supervised by

Prof. Dr. Khaled El-Hindawy

Professor of General Surgery, Faculty of Medicine, Cairo University

Prof. Dr. Ashraf Helal

Professor of Cardiothoracic Surgery, Faculty of Medicine, Cairo University

Dr. Mohamed El-Maadawy

Lecturer of General Surgery, Faculty of Medicine, Cairo University

Cairo University 2007

Abstract

In this study, Estimates based on the presence of airflow limitation are most accurate, since symptoms and self-report clinician diagnosis lack sensitivity and specificity. FEV1 /FVC < 0.7, in combination with a FEV1 < 60% of predicted value, in an individual with cough, sputum production or dyspnea and exposure to risk factors confirms the diagnosis.

Cases of COPD could be under diagnosed in the presence of a other severe disease such as coronary artery disease. In the present study, COPD was defined when the FEV1/FVC was <0.7. Absolute FEV1 in litres has been used by other studies but FEV1 in percentage of predicted value is a more reliable parameter because it is adjusted to patient's age and size.

Key Words:

Farced Vital Capacity – Electrocardiogram .

Acknowledgement

"At first, I thank God, the most gracious and merciful"

I am greatly indebted to the eminent Professor Dr. Ashraf Helal, Professor of Cardiothoracic Surgery, Faculty of Medicine, Cairo University, for his endless and kind help throughout this work. Working under his supervision has been a great honour to me.

I would like to extend my deepest thanks and feelings of respect and gratitude to Professor Dr. **Khaled El Hendawy**, Professor of General Surgery, Faculty of Medicine, Cairo University, for his great assistance, innovative ideas, untiring and priceless efforts and for his scientific support.

A word of appreciation is also due to Dr. **Mohamed El Maadawy**, Lecturer of General Surgery, Faculty of Medicine, Cairo University, for his continuous support and invaluable effort. He helped me immensely during the preparation of this manuscript.

I would like to express my thanks to Dr. **Hassan Amin** Lecturer of Chest medicine, Faculty of Medicine, Cairo University, for his continued encouragement during the preparation of this work.

Lastly but by no means least, my deepest thanks are also due to Dr. **Tarek salah,** Lecturer of Cardiothoracic Surgery, Faculty of Medicine, Cairo University who shared with me the heavy burden of completing this thesis in its final form. Without his meticulous and thorough supervision of this manuscript all the time, this thesis would not be as it is.

This work is also dedicated to patients, who gave me the Opportunity to learn opened a new domain ahead of me and gave me the honor to serve them.

Samy Mahmoud Amin

December 2007

List of Contents

<u>Items</u>	Page No.
Introduction and Aim of the Work	1
Review of Literature	3
Historic background and current status Coronary	3
artery surgery	
Indication of Myocardial Revascularization	12
Pulmonary Functions in Patients Undergoing	19
Coronary Artery Bypass Operations	
Chronic Obstructive Pulmonary Disease (COPD)	23
Patients and Methods	43
Results	57
Discussion	85
Summary and recommendations	97
References	100
Arabic Summary	

<u>List of Tables</u>

Table No.	<u>Description</u>	Page No.
Table (1)	Demographic data and clinical characteristics	58
	of the patients (mean± SD)	
Table (2)	Preoperative patient comorbiditis	60
Table (3)	NYHA in the study group	61
Table (4)	Ejection fraction in the study groups	62
	preoperatively	
Table (5)	High risk patients in the study groups	63
Table (6)	Operative time, bypass time and ischemic	64
	time in the study groups	
Table (7)	Intraoperative inotropes in the study groups	65
Table (8)	Sinus rhythm in the study groups	66
Table (9)	Intraoperative ABG in the study groups	68
Table (10)	Mechanical ventilation time in the study	69
	groups	
Table (11)	Need of inotropes + IABP in the study groups	70
Table (12)	ECG changes in the study groups in the ICU	71
Table (13)	Intraoperative ABG in the study groups	72
Table (14)	Blood transfusion in the study groups	73
Table (15)	ICU stay in the study groups	74
Table (16)	ECG changes after one week in the study	75
	groups	
Table (17)	EF after one week in the study groups	76
Table (18)	ABG after one week in the study groups	77
Table (19)	Atelectasis in the study group	78
Table (20)	Pneumonia in the study group	78
Table (21)	Sepsis and mediastinitis in the study group	78
Table (22)	Reintubation in the study group	79

Table No.	<u>Description</u>	Page No.
Table (23)	Tracheosatomy in the study group	79
Table (24)	Hospital stay in the study groups	80
Table (25)	EF after 3 and 6 months in the study groups	81
Table (26)	Mortalities in the study groups	82

List of Figures

Figure No.	<u>Description</u>	Page No.
Figure (1)	Mean age (years) in the study groups	58
Figure (2)	Sex distribution in the study groups	59
Figure (3)	Preoperative patient co-morbidities in the	60
	study groups	
Figure (4)	NYHA in the study group	61
Figure (5)	Ejection fraction in the study groups preoperatively	62
Figure (6)	High risk patients in the study groups	63
Figure (7)	Operative time, bypass time and ischemic time in the study groups	65
Figure (8)	Intraoperative inotropes in the study groups	66
Figure (9)	Sinus rhythm in the study groups	67
Figure (10)	Intraoperative ABG in the study groups	68
Figure (11)	Mechanical ventilation time in the study	69
	groups	
Figure (12)	Need of inotropes + IABP in the study groups	70
Figure (13)	ECG changes in the study groups	71
Figure (14)	Intraoperative ABG in the study groups	72
Figure (15)	Blood transfusion in the study groups	73
Figure (16)	ICU stay in the study groups	74
Figure (17)	ECG changes after one week in the study	75
	groups	
Figure (18)	EF after one week in the study groups	76
Figure (19)	ABGs after one week in the study groups	77
Figure (20)	Complications in the study groups	79
Figure (21)	Hospital stay in the study groups	80
Figure (22)	EF after 3 and 6 months in the study groups	82

Figure No.	<u>Description</u>	Page No.
Figure (23)	Mortalities in the study groups	83

Abbreviations

CABG Coronary artery bypass graft

COPD Chronic obstructive pulmonary disease

FEV1. Forced expiratory volume in first second.

FVC Farced vital capacity.

PFT Pulmonary function test

ABGs Arterial blood gasses

ICU Intensive care unit

LAD Left anterior descending artery.

LCA Left coronary artery.

LCX Left circumflex artery.

LIMA Left internal mammary artery.

LM Left main coronary artery.

LVF Left ventricle function

MI Myocardial infarction.

NYHA New York Heart Association.

AHA American heart association

CCSC Canadian Cardiovascular Society Classification

O2 sat. % O2 saturation percent.

PaCO₂ Partial pressure of CO2.

PaO₂ Partial pressure of O2.

ECG Electrocardiogram

pTCA Percutaneous transluminal coronary angioplasty.

RCA Right coronary artery.

IABP Intra aortic balloon pump

SD Standard deviation.

SVG Saphenous vein graft.

IHD Ischemic Heat Disease

EF Ejection Fraction

IgE Immunoglobulins E

Introduction

Coronary artery bypass grafting (CABG) is a safe and effective surgical intervention that is performed successfully with advanced technology methods and distinctive strategies for a wide range of patients. Recently, CABG has been performed even on elderly patients with comorbid medical problems such as Chronic Obstructive Pulmonary Disease (COPD) more than in the past. (*Naunheim Ks et al.*, 1988).

COPD is characterized by airflow limitation and its diagnosis is confirmed with respirometry. Assessment of the severity of the preoperative pulmonary dysfunction is performed using the respirometry too. (*Pawels R et al.*, 2001).

COPD was defined when a compatible clinical picture was observed when there was a chronic obstruction to the airflow and when other conditions with similar symptoms were ruled out. Obstruction to the airflow was confirmed with respirometry when the post bronchodilator FEVI/FVC was < 0.7. A restrictive disease was diagnosed when FEVI/VC was > 0.85 in conjunction with other respirometric characteristics. (Mannino DM et. al., 2002).

Chronic Obstructive Pulmonary Disease (COPD) has been identified as an important preoperative risk factor for morbidity and mortality in patients undergoing CABG. This comorbidity has been generally considered by most of the operative risk scores, but its functional severity has seldom been addressed by these models. (*Medalion B et. al., 2004*).

Hypothesis

COPD can be of deleterious prognostic factor but this effect is directly related to the degree of functional severity. Sever obstructive lung disease is detected with FEV1< 70%.Patients with sever COPD may have higher incidence of complications with CABG surgery especially with cardio pulmonary bypass & median sternotomy e.g. lung injury, atelectasis, prolonged ventilation, ICU stay, hospital stay, arrhythmias, in hospital mortality....etc.

Aim

Our objective in this study is to analyze the prognostic relevance of COPD on CABG patients considering preoperative pulmonary function parameters, in-hospital mortality & complications related to COPD & its degree of functional severity.

History of Coronary Artery Surgery

Coronary artery bypass grafting (CABG) is the most common procedure performed in adult cardiovascular surgery nowadays.

The history of coronary bypass surgery began in 1910 when **Alex Carrel** hypothesized that angina pectoris could be treated with an indirect anastomosis between the descending aorta and the left coronary artery: using a preserved carotid artery, he attempted this procedure on a dog, but was unsuccessful due to ventricular fibrillation in the animal **(Carrel, 1910).**

Sabiston of Duke University applied this innovative technique to the clinical arena 52 years later in 1962 when he attempted the first coronary artery bypass, utilizing the greater saphenous vein. The patient died 2 days later as a result of cerebrovascular accident attributed to a thrombus formed at the saphenous vein to aortic anastomoses (**Sabiston, 1974**).

In 1964 at Baylor College of Medicine, **Green** performed the first successful saphenous vein - coronary artery bypass procedure on a 42-year-old man. The patient returned 7 years later with an angiogram which revealed that the vessel had remained open and functional (**Green et al.**, 1972).

In 1966, while physicians where experimenting with bypass procedures involving the saphenous vein, **Kolessov**, a Russian surgeon, performed the first successful coronary artery bypass using the internal mammary artery (IMA). By the middle of the year, he had performed 6 of

these operations (**Kolessov**, **1967**). Many surgeons out side Russia, however, remained unaware of his accomplishment.

One year later, **Favaloro** reported that CABG utilizing the great saphenous vein autografts had been successfully performed on 53 out of 55 patients at the Cleveland Clinic (**Favaloro**, **1968**). By late 1968, **Green** became the first American surgeon to repeatedly use the IMA as his primary bypass conduit. He successfully implanted internal mammary to coronary artery anastomosis in 165 patients during the next 3 years. However, the short-term follow-up of the IMA and saphenous vein graft (SVG) was not dramatically different (**Green**, **1972**). With the greater clinical difficulty of using the IMA as well as concerns about its flow capacity, many surgeons continued to use the SVG as their primary conduit of choice.

The great saphenous vein continued to be the conduit of choice for more than 20 years. It is easily harvested, has a diameter similar to that of the coronary arteries, is generally available in large quantities, and has a better flow than the internal mammary artery (**Flemma et al., 1975**). It is also less dependent on homodynamic factors in the patient and less responsive to vasoconstriction related to inotropic agents. As time elapsed, however, it became increasingly evident that the greater saphenous vein graft has several distinct disadvantages.

Early patency studies showed a one-month occlusion rate of approximately 10%, a 2-4% per year occlusion rate in the first 5 years and a doubling of this rate to 4-8% per year after the fifth year (**Grondin et al, 1984**).

By 1980, a survey showed 87% of surgeon still preferred the SVG as their primary conduit (Miller, 1981). Longer term follow-up, however, showed clearly that the use of a single IMA graft, usually to the left anterior descending artery, has increased long-term patency, over the SVG, translating into improved survival and decreased cardiac morbid events. By the middle of 1980's, cardiac surgeons were beginning to understand the limitation of saphenous vein grafts and they turned to the internal mammary artery as a possible surgical solution. Subsequently, a surge in the use of IMA as well as the use of bilateral and sequential IMA graft has occurred.

Prolonged patency and resistance to atherosclerosis are the most appealing features of the IMA. Patency rate of 95% after ten years were reported in several prominent studies (e.g. Lytle et al., 1985). In addition, atherosclerosis has been demonstrated to occur less frequently in the IMA than in the great saphenous vein, 4% as compared to 26% (FitzGibben, 1986).

Cameron and co-workers performed a 15 year follow-up study and documented significant decrease in anginal recurrence, non-fatal postoperative myocardial infarction and reoperation. Survival rates improved if at least one internal mammary graft was used in both the short and long-term (Loop et al., 1984). Dr. He and his colleagues published a study in 1994 indicating that fewer patients who received IMA bypasses experienced postoperative low cardiac output, neurologic deficits, pulmonary complications, intra-aortic balloon pumping or prolonged respiratory support.