

DESFERRIOXAMINE^B IN BETA THALASSEMIA

THESIS

Submitted For The Partial
Fulfillment of Master Degree in Pediatrics

BY

FARIDA HUSSEIN EL-RASHIDI
M.B.B.Ch.

Supervisors

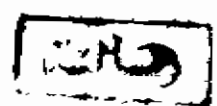
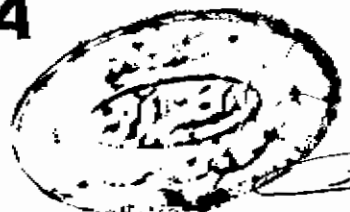
Prof.Dr. AHMED SAMY KHALIFA
Professor of Pediatrics

Dr. LAILA EL-SHAWARBY
Lecturer of Clinical Pathology

Faculty of Medicine
Ain Shams University

1984

Central Library - Ain Shams University





وَقُلْ اَعْمَلُوا فَسَيَرَى اللّٰهُ عَمَلَكُمْ وَرَسُولُهُ وَالْمُؤْمِنُونَ
"مَدَق اللّٰهُ الْعَظِيمُ"



ACKNOWLEDGEMENT

I wish to express my deep gratitude to Professor Dr. Ahmed Samy Khalifa, Professor of Pediatrics, Faculty of Medicine, Ain Shams University, for the valuable guidance, instructive supervision, sincere suggestions and encouragement.

I am profoundly grateful to Dr. Lila El-Shawarby, Lecturer of Clinical Pathology, Ain Shams University, for her kind guidance, continuous help and valuable advice throughout the whole work.

I would like to thank all those patients, without their help, this work would not have been possible.

Last but by no means least, I wish to thank my colleagues and staff of the Pediatric Department, Ain Shams University for their great help.

TO MY MOTHER

C O N T E N T S

	<u>Page</u>
INTRODUCTION	1
AIM OF THE WORK.....	3
REVIEW OF LITERATURE.....	4
* / Beta-thalassemia	4
/ . Classification of B-thalassemia.....	4
/ . Molecular defects	6
/ . Clinical features	7
. Hematological features in B-thalassemia..	9
. Management of B-thalassemia.....	11
/ * Iron status in Beta-thalassemia major.....	19
. Internal distribution of excess iron and the mechanism of iron toxicity.....	19
. Clinical evaluation of body iron load	22
. Distribution of excess iron in thalassemia major	23
/ * Chelation therapy in Beta-thalassemia major	29
MATERIALS AND METHODS	43
RESULTS	50
DISCUSSION AND CONCLUSION.....	64
SUMMARY AND RECOMMENDATION	68
REFERENCES	71
ARABIC SUMMARY	

LIST OF ABBREVIATIONS

<i>DF</i>	:	<i>Desferrioxamine</i>
<i>FO</i>	:	<i>Ferrioxamine.</i>
<i>HBsAg</i>	:	<i>Hepatitis B surface antigen.</i>
<i>NANB</i>	:	<i>Non A Non B</i>
<i>SGPT</i>	:	<i>Serum glutamic pyruvic transaminase.</i>
<i>SGOT</i>	:	<i>Serum glutamic oxalo-acetic transaminase.</i>
<i>T₃</i>	:	<i>Tri-iodothyronine.</i>
<i>T₄</i>	:	<i>Tetra-iodothyronine.</i>
<i>HS</i>	:	<i>Highly significant</i>
<i>NS</i>	:	<i>Non significant.</i>

INTRODUCTION

INTRODUCTION

Beta thalassemia is the commonest chronic haemolytic anemia in Egypt (Sabry, 1973).

It has been previously reported in Egypt both in homozygous and heterozygous state (Diwani, 1944 ; Nor El Din and Awany, 1950).

Repeated blood transfusions are required to keep the thalassemic patients alive. Hypertransfusion regimen, designed to maintain the hemoglobin level above 9 gm/dL, was of value to maintain a near normal rate of growth and development, and to allow fewer complications (Piomelli et al., 1969). Transfusion siderosis was the unfortunate consequence of massive accumulation of iron.

Several recent development have led to a renewed interest in iron chelation therapy, for transfusion dependent patients with secondary iron overload. Up till now desferrioxamine ranks first among iron chelating agent (Weatherall, 1982). The pharmacological peculiarities of desferrioxamine due to the poor absorption from the gastrointestinal tract (Keberle, 1964), short half life and the long infusion time required to achieve a steady state levels (Summers et al., 1979),

suggested that continuous infusion, particularly the subcutaneous route would be the method of choice (Propper et al., 1977 and Hussain et al., 1976).

A number of small portable continuous infusion pumps have been designed to facilitate administration of desferrioxamine by the subcutaneous route, but they are relatively expensive and are beyond reach by the majority of patients in the developing countries.

AIM OF THE WORK

AIM OF THE WORK

The aim of the present study is to compare continuous infusion desferrioxamine subcutaneous administration and subcutaneous infusion by drip. The rate of excretion and the drop in the serum iron levels will be compared between the two methods.

An additional aim of this study is to assess the effect of one weak chelation therapy on serum transaminases as a liver function test.

***REVIEW
OF
LITERATURE***

BETA THALASSEMIA

The thalassemia syndromes are a group of genetically determined anemias, which result from inherited abnormality of globin chain production.

The clinical expression of each thalassemic defect depends upon the globin chain involved, the extent of the defect, the adequacy of compensatory adjustment in the production of other globin chains and the effect of proteolysis of the excess normal chain (Kwaku-Ohene and Schwartz, 1980).

Beta thalassemia is the most common thalassemic syndrome. It is a hemolytic disease with wide range of clinical complications. In this type, Beta globin chain synthesis is impaired. As a result hemoglobin A ($\alpha_2 \beta_2$) production will be affected, while hemoglobin F ($\alpha_2 \gamma_2$) and hemoglobin A₂ ($\alpha_2 \delta_2$) containing no Beta chains are increased. The deficiency of Beta chain production leads to hypochromic microcytic anemia. The major factor contributing to anemia is hemolysis occurring in bone marrow and spleen.

Classification of Beta thalassemia:

The beta thalassemia can be classified into B^0 thalassemia in which no globin chain are synthesized and the B^+ thalassemia in which there is a reduced rate

of Beta chain production. The B^+ thalassemia can be further subclassified at a descriptive level into:

- * Severe Mediterranean forms, where HbF is in the range of 50 - 90%.
- * Mild Negro forms, where HbF is in the range of 20 - 40%.

Weatherall (1982), reported another well defined subgroup of both B^0 and B^+ thalassemia in which A_2 level is normal.

A variety of terms have been used to describe the B-thalassemia syndromes. The most severe form of B-thalassemia i.e., thalassemia major is characterized by severe anemia and life limiting complications of iron overload. Thalassemia intermedia is used to designate a less severe hemolytic anaemia. Chronic transfusion therapy is not required and survival into adult life is the rule. Thalassemia minor is an asymptomatic disorder associated with prominent abnormalities of erythrocyte morphology but with little or no anemia. Finally thalassemia minima refers to a condition that is undetectable except by inference from family studies.