Antiphospholipid Antibodies in Repeated Abortions

A Thesis
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بسُم اللَّهِ الرَّحمٰنِ الرَّحِيم

﴿ قُلِ الْعُهَلُواْ فَسَيَرَكَ اللَّهُ الْمُوْمِنُونَ» عَهَلَكُمْ وَرُسُولُهُ وَالْهُوْمِنُونَ» عَهَلَكُمْ وَرُسُولُهُ وَالْهُوْمِنُونَ» مدق الله العظيم



TO

MY

WIFE

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List of Contents	Page
Introduction	. 1
Aim of work	. 4
Review of Literature	
I- Antiphospholipid Antibodies	. 5
Lupus anticoagulant	. 9
Anticardiolipin antibodies	11
Diagnosis	14
II- Recurrent Pregnancy Losses	19
III- Recurrent Pregnancy Losses and antiphospholipid antibodies	21
Material and Methods	39
Results	47
Discussion	82
Summery	88
Conclusion	91
Recommendations	92
References	93
Arabic Summery	

List of Abbreviations

ACL Anticardiolipin

APS Antiphospholipid Syndrome

APTT Activated partial thromboplastin time

ELISA Enzyme linked immunosorbet assay

Ig Immunoglobulin

LAC Lupus anticoagulant

LLAC Lupus like anticoagulant

PGI₂ Prostacyclin

PT Prothrombin time

PTT Partial thromboplastin time

SLE Systemic Lupus erythematosus

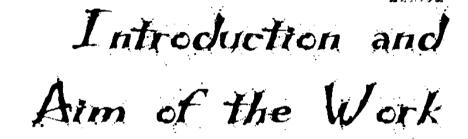
List of Tables

Review of Literature

Table I	Indication for investigations of pregnant
	women for antiphospholipid antibodies 8
Results	
Table I	Comparison of acl IgG of Group 1,11 and
	III with group IV
Table II	Comparison of acl IgM of group
	I, II, III with group IV
Table III	Comparison of acl of the two groups
	I and II
Table IV	Comparison of acl of the two groups
	I and III
Table V	Comparison of acl of the two groups
	II and III
Table VI	Correlation between acl IgG and the
	age in the four groups
Table VII	Correlation between IgM acl and age
	in the four groups 64
Table VIII	Correlation between Hb and IgG
	in the four groups
Table IX	Correlation between Hb and IgM acl
	of the four groups
Table X	Comparison of the acl and Rh group
	in the four study groups

List of Figures

Fig I	anticardiolipin antibodies IgG of the 4 groups	5 3
Fig II	anticardiolipin antibodies IgM of the 4 groups	55
Fig III	correlation between anticardiolipin antibodies IgG	
	and the age in group I	60
Fig IV	correlation between acl IgG and the age in group II	61
Fig V	correlation between acl IgG and the age in group III	62
Fig VI	correlation between acl IgG and the age in group IV	63
Fig VII	correlation between IgM acl and the age group I \dots	65
Fig VIII	correlation between IgM acl and the age group Il	66
Fig IX	correlation between IgM acl and the age group III	67
Fig X	correlation between IgM and the age group IV	68
Fig XI	correlation between Hb and IgG acl in group I	70
Fig XII	correlation between Hb and IgG acl in group II	71
Fig XII	correlation between Hb and IgG acl in group III	72
Fig XIV	correlation between Hb and IgG acl in group IV	73
Fig XV	correlation between Hb and IgM acl in group I	75
Fig XVI	correlation between Hb and IgM acl in group II	76
Fig XVII	correlation between Hb and IgM acl in group III	77
Fig XVIII	correlation between Hb and IgM acl in group IV	78
Fig XIX	comparison of acl IgG and Rh in the 4 study groups	80
Fig XX	comparison of acl IgM and Rh in the 4 study groups	81



Introduction

The fetus possesses antigens that are foreign to the mother, yet it survives the period of gestation without being rejected. Although mechanisms that prevent rejection of the conception are incompletely understood, some evidence suggests that maternal immunologic aberrations may cause repeated abortions (Scott et al, 1987). Recurrent early pregnancy loss has always been a frustrating problem for both the physician and the patient.

The commonly accepted definition for recurrent or habitual abortion is the occurrence of three or more consecutive first-trimester spontaneous abortions (Scott et al, 1987). Primary aborters are sometimes defined as those women who have never had a successful pregnancy, and secondary aborters are those whose repetitive abortions follow a live birth (Scott et al, 1987).

Traditionally, genetic, anatomic, and hormonal causes have been implicated, but the importance of

these conditions is coming under closer scrutiny because previously accepted treatments are empiric, have not been submitted to prospective randomized controlled trials, and are not always successful.

The frequency of spontaneous abortions in all clinically recognized pregnancies is 15-20%, and about half of the abortuses six to 13 weeks after conception (8 to 15 menstrual weeks) chromosomally abnormal (Simpson, 1980). Current methods of detection find no recognized cause in 40 - 50% of all patients with recurrent abortions (Stray et al, 1984). This group of patients, as well the growing recognition that other as previously unexplained reproductive problems may have immunologic causes, first stimulated interest in a possible immunologic etiology for spontaneous abortion (Scott et al, 1987). This has become a fascinating and controversial area for investigation that is still evolving and has generated a great deal of publicity in both the scientific literature and lay media. Consequently, it has become difficult for clinicians to:

- decide whether complicated immunologic assays are now indicated for their patients with recurrent abortion,
- 2) Interpret the results of these tests,
- 3) Determine whether proposed immunologic and treatments are worth while.

Aim of the work

The aim of this study is to detect the relation between antiphospholipid antibodies and repeated abortion of unknown aetiology.

