
DIAGNOSIS OF SUBCLINICAL
VARICOCELE WITH THE STUDY OF
SPERM CELL PRECURSORS
IN SEMENOGRAM

*Thesis submitted for partial fulfillment of Master Degree
In Dermatology & Venereology*

PRESENTED BY

Neveen S. Saif El-Din
M.B.;B.Ch.

UNDER SUPERVISION OF

Prof. Dr. Mohamed Farid
*Professor of Dermatology & Venereology
Faculty of Medicine, Ain Shams University*

Dr. Mohsen El-Bahrawy
*Assistant Professor of Dermatology & Venereology
Faculty of Medicine, Ain Shams University*

Faculty of Medicine
Ain Shams University

1998





Acknowledgement

I would like to express my deepest gratitude to **Professor Dr. Mohammad Farid**, Professor of Dermatology & Venereology, and Vice Dean of the Faculty of Medicine, Ain Shams University for his guidance, supervision, and assistance throughout the whole work. In fact, his assistance is far above any acknowledgment.

I am also very much indebted to **Dr. Mohsen El-Bahrawy**, Assistant Professor of Dermatology & Venereology, Faculty of Medicine, Ain Shams University - for his constant encouragement, guidance and sincere help in the carrying out of this work. Being interested in the subject of this work, he kept giving great ideas and valuable comments which constituted a real value-added asset.

I owe much to **Professor Dr. Tareef H. Sallam**, Professor of clinical pathology, Faculty of Medicine, Ain Shams University, for being very patient with me. He kindly has ~~spent~~ much of his time and actively participated in performing the laboratory part of this work. Such a sincere effort on his side is cordially appreciated.

I wish to express my gratitude to **Prof. Dr. Rifky Faris**, Professor of Public Health, Faculty of Medicine, Ain Shams University, for his kind help in doing all the statistical part of this work. I would like also to express my gratitude to the staff members of the Radiology Department, whose help in performing the radiological part of the work was very valuable.

Nevertheless, I owe thanks and gratitude to my colleagues, nursing staff, my patients and to everyone who helped in a way or another in elaborating this work and bringing it to the final picture.

Contents

Introduction & aim of the work -----	1
Review of literature	
- Anatomy of testicular arterial and venous systems-----	3
- Definition and incidence of varicocele-----	7
- Aetiology -----	8
- Pathophysiology -----	10
- Varicocele and fertility -----	18
- Semen profile in varicocele -----	19
- Spermatogenesis in varicocele -----	21
- Diagnosis of varicocele	
▶ Clinical diagnosis -----	22
▶ Doppler ultrasonography -----	24
▶ Scrotal ultrasonography -----	32
▶ Scrotal thermography -----	37
▶ Intrascrotal deep body temperature -----	40
▶ Venography -----	41
▶ Venous scintigraphy -----	43
▶ Other techniques -----	45
- Treatment of varicocele	
▶ Surgical treatment	
* Surgical indications -----	46
* Predictive parameters -----	48
* Surgical approaches -----	51
▶ Medical treatment -----	57
- Cytology of semen -----	58
* Method of detection of cellular elements in semen -----	59
* Morphology of cellular elements -----	60
* Normal value of spermatogenic cells -----	62
* Methods for differentiation of round cells -----	62
Subjects and methods -----	65
Results -----	76
Discussion -----	82
Summary and conclusion -----	87
References -----	91
Arabic Summary.	

Introduction and aim of the work

INTRODUCTION AND AIM OF THE WORK

Varicocele is an abnormal dilatation of the veins of the pampiniform plexus in the spermatic cord (**Howards, 1984**). The varicocele and its association with infertility has been recognized for centuries. Celsius in the 1st century AD, first described dilatation of the scrotal veins and noted an association between varicocele and testicular atrophy (**Nagler et al., 1997**). The first notion that varicoceles were related to infertility, appeared in 1856 when **Curling** reported that the testicle exhibited a decrease in the "secreting powers of the gland" when varicocele was present. In 1885, **Barwell** observed that the ipsilateral testis in patients with left-sided varicoceles was small and soft and noted that the placement of a wire loop around the dilated scrotal veins was followed by the return of a normal-feeling testis. Four years later, **Bennett (1889)**, operated on a patient with bilateral varicocele and found an objective improvement in his semen quality after surgery.

The first report of success in treating varicoceles was that of **Macomber & Sanders in 1929**, who treated a case of an oligospermic subfertile patient who underwent varicocelectomy and became normospermic and fertile. **Tulloch's in 1952**, described a varicocelectomy in a patient with bilateral varicocele and azoospermia. The patient became normospermic and his

wife conceived. Since then, numerous studies on varicocele, its diagnosis and surgical correction have appeared in the literature.

Correction of varicocele by ligation of the internal spermatic vein has become an accepted treatment for male subfertility. The results obtained in a large series of varicocele operations suggest that conceptions occur where even small varicoceles are ligated. It would therefore be desirable to diagnose minor degrees of varicoceles even though the pathogenesis of the associated infertility remains obscure. **(Hirsh et al., 1980).**

It is well known that varicocele may cause premature shedding of the sperm cell precursors. This triggered us to try to add a diagnostic aid to varicocele through studying the number of sperm cell precursors in routine semenogram. This method if proven to be of diagnostic aid will be simple, feasible, and non-invasive, but needs a trained investigator to differentiate the spermatogenic cells from other round cells in the seminal fluid.

Review of literature

REVIEW OF LITERATURE

Anatomy of the testicular arterial and venous systems:

Glover et al. (1990), stated that each testicle is furnished by three arteries; the internal spermatic artery^①, the artery of ductus deferens^②, and the cremasteric artery^③. The internal spermatic artery (testicular artery) arises from the aorta just below the origin of the renal artery and it enters the scrotum through the inguinal canal. Shortly after that, it begins to coil and pass under the head of the epididymis to take a superficial course under the tunica albuginea. Together with the superficial testicular veins, these form the tunica vasculosa of the testis. At the inferior pole of the testis, the testicular artery dives into the testicular parenchyma as a series of centripetal arteries which turn and end centrifugally as they approach the center of the testis.

The artery of the ductus deferens arises from one of the branches supplied to the bladder by the superior vesical artery. It accompanies the ductus deferens to the testis, where it anastomoses with the testicular artery. The cremasteric artery arises from the inferior epigastric artery. It supplies the cremaster and other coverings of the cord and anastomoses with the testicular artery (Dyson & Bannister, 1980).



The venous drainage of the testis takes place via a superficial or anterior network of veins and a deep or posterior network of veins anastomosing with it. The superficial venous network consists of the superficial and deep inferior epigastric veins, superficial internal circumflex and scrotal tributaries of the superficial and deep external and internal pudendal veins. This group drains into the femoral and iliac veins. The deep group of veins consists of the external spermatic vein, the ductus deferens vein and the internal spermatic vein. The superficial system veins communicate with each other and with the deep system through the cremasteric branches of the external spermatic vein at the level of the external inguinal ring (Lich & Howerton, 1979; Ludwig, 1982 and Widlus & Mitchell, 1990).

The pampiniform plexus drains the venous blood from the testis. The cremasteric veins may share in the drainage of the pampiniform plexus. The pampiniform plexus is divided into three groups of veins: the testicular vein ^a emerging from the testis and accompanying the spermatic artery (Anterior group); deferential vein ^b (Middle group) and the external spermatic veins (cremasteric, funicular or posterior veins) on the posterior aspect of the spermatic cord (Boyce & Politano, 1970). The pampiniform plexus veins join to form two groups of veins at the level of the external inguinal ring. The deferential vein accompanies the vas deferens, while the other two veins usually

venous plexus