# STUDY OF PLASMA ENDOTHELIN-1 LEVEL IN LIVER CIRRHOSIS AND HEPATORENAL SYNDROME

#### **THESIS**

SUBMITTED FOR PARTIAL FULFILMENT OF THE M.D. DEGREE IN

CUNICAL AND CHEMICAL PATHOLOGY

Ву

Azza Abdel-Karim El-Tagoury

M.B.B.Ch. & M.S. Clinical Pathology Faculty of Medicine - Ain Shams University 57073

#### **SUPERVISORS**

Prof. Dr. Mahmoud Sabry Sallam

Prof. of Clinical and Chemical Pathology
Ain Shams University

Dr. Nadia Aly Abdel-Sattar

Assistant Prof. of Clinical and Chemical Pathology
Ain Shams University

Dr. Ola Hamdy Demerdash

Assistant Prof. of Clinical and Chemical Pathology
Ain Shams University

Dr. Dalia Helmy Farag

Lecturer of Clinical and Chemical Pathology
Ain Shams University

Faculty of Medicin Ain Shams (Lines)



#### ACKNOWLEDGMENT

I WISH TO EXPRESS MY DEEPEST GRATITUDE AND APPRECIATION TO PROFESSOR DR. MAHMOUD SABRY SALLAM, PROFESSOR OF CLINICAL PATHOLOGY, AIN SHAMS UNIVERSITY FOR HIS CONSISTENT SUPERVISION AND VALUABLE SUGGESTION. HE OFFERED AS FAR AS CHANCES PERMITTED AND ABOVE ALL FOR HIS MORAL SUPPORT. WITHOUT HIS HELP, THE WHOLE WORK WOULD NOT HAVE BEEN POSSIBLE.

I'M ALSO SO GRATEFUL TO DR. NADIA ALY ABDEL-SATTAR, ASSISTANT PROFESSOR OF CLINICAL PATHOLOGY, AIN SHAMS UNIVERSITY FOR HER TRUSTFUL HELP, KINDNESS AND UNFAILING ADVICE.

I WOULD LIKE TO OFFER A SPECIAL GRATITUDE TO DR. OLA HAMDY DEMERDASH, ASSISTANT PROFESSOR OF CLINICAL PATHOLOGY, AIN SHAMS UNIVERSITY FOR HER KEEN INTEREST AND SUPERVISION. I'M SO GRATEFUL TO SINCERITY IN EFFORT AND TIME OFFERED BY HER.

I WISH TO EXPRESS MY DEEP APPRECIATION TO DR. DALIA HELMY FARAG, LECTURER OF CLINICAL PATHOLOGY, AIN SHAMS UNIVERSITY FOR HER KIND HELP AND SINCERE ADVICE.

SINCERE THANKS ARE ALSO DUE TO DR. MAHMOUD ZAKI, LECTURER OF MEDICINE, AIN SHAMS UNIVERSITY FOR HIS HELP AND SUPPORT.

TO ALL THE STAFF OF CLINICAL CHEMISTRY DEPARTMENT, I WISH TO GIVE MY GRATITUDE PERSONALLY FOR EACH, ESPECIALLY FOR BIOCHEMIST AHMED KAMAL FOR HIS GREAT HELP.

### LIST OF FIGURES

| Figure   | Page No. |
|--|----------|
|  |          |
| 1. Vasoactive substances released from the vascular endothelium  | 5        |
| 2. Amino acid sequence of ET-1, ET-2 and ET-3                    | 15       |
| 3. Synthetic pathway for production of the endothelins (ET)      | 19       |
| 4. Generation and actions of ET-1 in the blood vessel wall       | 38       |
| 5. Regression analysis showing correlation between age and ET-1  |          |
| among group-1 patients   | 143      |
| 6. Regression analysis showing correlation between creatinine    |          |
| clearance and ET-1 among group-1 patients                        | 144      |
| 7. Regression analysis showing correlation between ALP and ET-1  |          |
| among group-2 patients   | 145      |
| 8. Regression analysis showing correlation between GGT and ET-1  |          |
| among group-2 patients   | 146      |
| 9. Comparative study between different studied groups regarding  |          |
| creatinine clearance   | 147      |
| 10. Comparative study between different studied groups regarding |          |
| BUN  | 148      |
| 11. Comparative study between different studied groups regarding |          |
| endothelin-1 levels  | 149      |
| 12. Comparative study between different studied groups regarding |          |
| serum creatinine   | 150      |
| 13. Comparative study between different studied groups regarding |          |
| serum total proteins   | 151      |
| 14. Comparative study between different studied groups regarding |          |
| serum albumin  | 152      |
|  |          |

# LIST OF TABLES

| Table   | Page No. |
|---|----------|
| 1. ET receptor mapping in vivo  | 27       |
| 2. Plasma ET-1 levels in different age groups                           | 35       |
| 3. Biological actions of endothelin peptides                            | 61       |
| 4. Possible causes of renal vasoconstriction in hepatorenal syndrome    | 96       |
| 5. List of standard concentrations                                      | 122      |
| 6. Descriptive statistics for control group                             | 133      |
| 7. Descriptive statistics for group-I patients (cirrhosis)              | 133      |
| 8. Descriptive statistics for group-II patients (acute renal failure)   | 134      |
| 9. Descriptive statistics for group-III patients (hepatorenal failure)  | 134      |
| 10. Comparative statistical study between control and group I patients  |          |
| (cirrhosis group)   | 135      |
| 11. Comparative statistical study between control and group II patients |          |
| (acute renal failure group)   | 135      |
| 12. Comparative statistical study between control and group III         |          |
| patients (hepatorenal failure group)                                    | 136      |
| 13. Comparative statistical study between cirrhosis and acute renal     | <br>     |
| failure groups  | 136      |
| 14. Comparative statistical study between cirrhosis and hepatorenal     |          |
| failure groups  | 137      |
| 15. Comparative statistical study between acute renal failure and       |          |
| hepatorenal failure group   | 137      |
| 16. Statistical comparison between different studied groups regarding   |          |
| plasma ET-1 using logistic "t" test                                     | 138      |
| 17. Correlation study between ET-1 and all studied parameters for       |          |
| group-I (cirrhosis) using ranked Sperman correlation test               | 139      |
| 18. Correlation study between ET-1 and all studied parameters for       |          |
| group-II (acute renal failure) using ranked Sperman correlation test    | 139      |
| 19. Correlation study between ET-1 and all studied parameters for       |          |
| group-III (hepatorenal failure) using ranked Sperman correlation        |          |
| test  | 140      |
| 20. Analysis of variance for all patient groups (parameters were sorted |          |
| in descending order according to their F-ratio)                         | 141      |
| 21. Raw data for control group  | i        |
| 22. Raw data for liver cirrhosis with ascites                           | iii      |
| 23. Raw data for liver cirrhosis without ascites                        | \ v      |
| 24. Raw data for acute renal failure                                    | vii      |
| 25. Raw data for hepatorenal failure                                    | ix       |

#### **ABBREVIATIONS**

**ET** Endothelin Prostacyclin

ATP Adenyl triphosphate ADP Adenyl diphosphate

NO Nitric oxide

**EDRF** Endothelium derived relaxing factor Cyclic guanosine monophosphate Cyclic adenosine monophosphate

**A-II** Angiotensin-II

t-PA Tissue plasminogen activator

**EDHF** Endothelium-derived hyperpolarizing factor

ACE Angiotensin converting enzyme

PAF Platelet activating factor [Ca<sup>2+</sup>]i Intracellular calcium lonized calcium

**GFR** Glomerular filtration rate

**RBF** Renal blood flow TXA, Thromboxane A2

**VIC** Vasoactive intestinal contractor

**S6b** Sarafotoxin 6 b

**APR** Acute phase reactant

**TGF-**B Transforming growth factor B

**AU** Adenosine uracil

Lys lysine
Arg Arginine
Cys Cysteine
Met Methionine
Tryp Tryptophan
Ile Isoleucine

ECE Endothelin converting enzyme
ET-1-LI Endothelin-1 like immunoreactivity

PMN Polymorphonuclear
ANP Atrial natriuretic peptide
TNF Tumor necrosis factor

**IL-1** Interleukin-1

PLC Phospholipase C
Pl Phosphatidyl inositide
IP Inositol phosphate
PKC Protein kinase C

EC Extracellular IC Intracellular

EGTA Ethyl glycol tetra-acetic acid ROC Receptor operated channel VOC Voltage operated channel

PLA2Phospholipase A2NEPNeutral endopeptidase

SNFR Single nephron filtration rate Renin angiotensin system

**ADH** Antidiuretic hormone

**EDCF** Endothelium derived contracting factor

ARF Acute renal failure
RIA Radioimmunoassay
EIA Enzyme immunoassay

**CLIA** Chemiluminescence immunoassay

**POD** Peroxidase

TFA Trifloro acetic acid

**HPLC** High performance liquid chromatography

**ATN** Acute tubular necrosis

AST Aspartate amino transferase
ALT Alanine amino transferase

**ALP** Alkaline phosphatase

**GGT** Gammaglutamyl transferase

**HRS** Hepatorenal syndrome

**FeNa** Fractional excretion of sodium

**COP** Cardiac output

GIT Gastrointestinal tract MAO Monoamine oxidase

**AV** Arteriovenous

**EDTA** Ethylene diamine tetra acetic acid

**KIU** Kallikrein inhibitory unit

# **CONTENTS**

| INTRODUCTION AND AIM OF THE WORK  | 1  |
|---|--|
| REVIEW OF LITERATURE  |  |
| <ul> <li>I. Vasoactive factors</li> <li>A. Endothelium derived vasodilators</li> <li>1. Prostacyclin</li> <li>2. Nitric oxide</li> <li>3. Endothelium-derived hyperpolarizing factor</li> <li>B. Endothelium derived vasoconstrictors</li> <li>1. Platelet activating factor</li> <li>2. Thromboxane A<sub>2</sub></li> <li>3. Endothelin "ET"</li> </ul>   | 4<br>6<br>9<br>11<br>12<br>12  |
| II. Endothelin:  A. ET family and structure B. Molecular genetics C. Biosynthesis D. Regulation of production E. Sites of production F. Release G. Binding sites and receptors H. Plasma concentration I. Physiological variation J. Mechanisms of action K. Clearance and metabolism L. Effects M. Role of ET in the pathogenesis of some clinical disorders N. Therapeutic role of anti-endothelins | 14<br>17<br>20<br>22<br>24<br>26<br>27<br>32<br>34<br>37<br>47<br>49 |
| III. Methods of assays  |  |
| A. Bioassay  1. In vivo bioassay  2. In vitro bioassay  3. Immunohistochemistry   | 73<br>74<br>76   |

| B. Immunoassay  1. RIA  2. EIA  3. CLEIA  C. Methods of extraction   | 76<br>78<br>79                    |
|--|-----------------------------------|
| IV. Liver cirrhosis and hepatorenal syndrome   |                                   |
| A. Liver cirrhosis  1. Definition  2. Classification  3. Clinical cirrhosis and its types  4. Clinical picture and sequelae of cirrhosis | 83<br>84<br>84<br>86              |
| B. HRS  1. Definition 2. Clinical features 3. Lab findings 4. Diagnosis and differential diagnosis 5. Pathogenesis 6. Treatment          | 90<br>92<br>92<br>93<br>94<br>104 |
| SUBJECTS AND METHODS   | 105                               |
| RESULTS  | 130                               |
| DISCUSSION   | 153                               |
| SUMMARY AND CONCLUSION   | 164                               |
| REFERENCES   | 168                               |
| ARABIC SUMMARY   |                                   |

# INTRODUCTION AND AIM OF THE WORK

#### Introduction:

Endothelin (ET) is a recently discovered circulating polypeptide consisting of 21 amino acids. Three isoforms have been identified; ET (1,2,3) (*Inoue et al.*, 1989)a.

Endothelial cells produce exclusively ET-1 (Saito et al., 1989). ET-1 produces a profound and sustained contractile response (Yanagisawa et al., 1988). This effect occurs through rising of the intracellular free Ca<sup>++</sup> and increasing the inositol phosphate turnover (Marsden et al., 1989).

Elevated plasma concentrations of endothelin have been reported in patients with acute renal failure (*Firth et al., 1988*), subarachnoid hemorrhage (*Masaoka et al., 1989*), myocardial infarction (*Miyauchi et al., 1989*), chronic renal failure, hypertension (*Shichiri et al., 1990*) and sepsis (*Pittet et al., 1991*).

Endothelial cells of various origin synthesize endothelin. It is therefore likely that the hepatic endothelial and Kupffer cells, which are the predominant cell types constituting liver sinusoids also synthesize this peptide (*Yanagisawa et al., 1988*).

Under conditions of hypoxia and vascular tissue damage, endothelial cells are stimulated to synthesize and secrete endothelin (*Firth et al., 1988*). Accordingly, in cases of liver injury leading to hepatic hypoxia, the hepatic endothelial cells also generate this peptide. Since this peptide produces a powerful renal and systemic vasoconstriction, such effects may mediate the development of renal failure in patients with severe liver disease (*King et al., 1989*).

#### Aim of the work:

The aim of the present work is to study plasma endothelin levels in patients with liver cirrhosis with and without ascites, acute renal failure and hepatorenal syndrome in a trial to find out the clinical significance of endothelin in the various studied diseased groups as well as its possible role in the pathogenesis of the hepatorenal syndrome.