

TUMOR MARKERS

ESSAY

Submitted for Partial Fulfilment of
The Master Degree of
(GENERAL SURGERY)

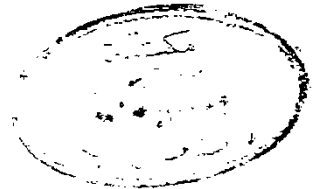


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1986

ACKNOWLEDGEMENT

*I would like to express my deepest appreciation and gratitude to Professor Dr. **ABDEL-NEGUID EL-SHINNAWY**, Professor of General Surgery, Faculty of Medicine, Ain Shams University, for his valuable supervision, guidance and encouragement.*

*I wish also to acknowledge with my cordial thanks to Dr. **MOHAMED ABD EL-MONAIM**, Lecturer of General Surgery, Faculty of Medicine, Ain Shams University, for his valuable assistance and advice.*

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TUMOR MARKERS

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1) Introduction :

The physical examination and standard diagnostic radiologic procedures have serious limitations in the early detection and localization of small tumor mass. Aneoplasm of one cubic centimeter, a realistic limit of clinical screening, has already completed approximately 30 doublings or two thirds of its growth. It contains one billion cancer cells, and viable cells are likely to have been shed into the blood stream or lymphatic system. Despite an "early" diagnosis and surgical removal, the patient may have many undetected microscopic metastases. In patients with advanced stages of disease, particularly with intra-abdominal malignancy, it is often difficult to assess disease progression and response to treatment.

Research has therefore been directed toward the identification of tumor-specific products in body fluids that might have three potential applications in clinical practice :

- 1) early diagnosis of malignancy.
- 2) the pre- or post-operative assessment of prognosis.
- 3) early diagnosis or recurrence or distant metastase.

An ideal tumor marker not only should signal the presence of microscopic tumor but also should define the site and morphologic type of malignancy. Unfortunately the available markers have not attained such a high degree of sensitivity and specificity. The problem of sensitivity has been addressed by the use of radio-immunoassays that can measure nanogram quantities of antigen. The problem of specificity has been more difficult to resolve. The use of normally occurring hormones, enzymes, proteins or oncofetal antigen requires that the blood concentration of these materials must be present in excess of the established normal range. Attention has more recently been directed toward the placental hormones, which are not normally found in the blood of adult males and non pregnant females.

2) Definition of Tumor Markers :

Tumor markers are substances made by tumors, or are at least closely associated with the presence of tumors, that can aid in the diagnosis of cancer and in assessment of tumor burden. Many of the clinically useful tumor markers have been detected by immunologic assays.

In recent years there has been growing interest in the clinical application of immunologic assays for the evaluation of patients with cancer. This has been due to recent advances in radioimmunoassays, and other highly sensitive immunologic techniques which allow measurement of picogram or nanogram quantities of antigens. In addition, immunologic assays can be exquisitely specific and in some instances, can be discriminant between molecules with differences in single amino acid or sugar. Such procedures have provided the basis for discrimination of various types of neoplastic cells from normal cellular materials.

Measurement of tumor markers has important implication for the diagnosis and management of cancer, and also for basic understanding of the biology of human tumors.

3) Classification of Tumor Markers :

A variety of substances may be useful as tumor markers some are normally present in the tissues of the fetus and then either disappear or are greatly reduced in amount by the end of gestation or shortly after birth. These have been termed oncofetal antigen

or embryonic antigens. Other tumor markers may be normally produced by the placenta. Some tumor markers may be characteristic of cancers of a particular tissue or organ and, some may be present in some normal adult tissues but may be functionally or quantitatively altered in tumors or may be released in higher concentrations into the circulation of cancer patients. Antigen of oncogenic virus, or at least antigens cross-reactive with viral patients, may also be detectable in some human tumors. Most tumor markers are characterized only by their immunologic properties, but some have functional activities or are variants of normal functional products. There include hormones, enzymes and metal-binding, and secretory proteins. In addition to detection of tumor markers by their antigenic specificities, assays have been developed recently for the general detection of circulating antigen antibody complexes, and a considerable number of cancer patients have been found to have elevated levels. Such assays would detect elevated levels of complexes, regardless of the antigens to which the antibodies are directed.

It should be obvious from the large number of examples of possible human markers listed in (Table 1) that

a high level of effort is being expended in this area of research. However, it is important to note that only a few of these have been definitively shown to have place in clinical oncology. This is largely a reflection of the difficulties involved in satisfactory transfer of technology from the research laboratory to the bedside.

Table 1 : Types of human tumor markers.

Type of antigen	Examples	Tumor mainly associated with	References
I- Oncofetal antigens	1. Carcinoembryonic antigen (CEA)	Gastrointestinal tract but also other carcinomas.	(Gold et al., 1965), (Zamcheck et al., 1972).
	2. Alpha-fetoprotein (AFP)	Hepatoma, testicular germ cell tumors.	(Abelav et al., 1971), (Waldman et al., 1974).
	3. Fetal sulfoglycoprotein antigen (F.S.A.)	Gastric cancer	(Hakkinen et al., 1969).
	4. Pancreatic oncofetal antigen.	Carcinoma of pancreas	(Banwo et al., 1973), (Gelder et al., 1979).
	5. Gamma fetoprotein	variety of cancers	(Edynak et al., 1972).
	6. Beta-oncofetal antigen (BOFA)	variety of cancers	(Fritzsche et al., 1975).
II- Placental antigen s	1. Human chorionic gonadotropin (h.c.G)	Choriocarcinoma , nonseminomatous testicular tumors, other tumors.	(Brounstein et al., 1973), (Vaitukaitis et al., 1976).
	2. Human placental lactogen (HPL)	Choriocarcinoma , other tumor.	(Rosen et al., 1979).
	3. Placental alkaline phosphatase (Regan'soenzyme)	Gynecologic and other tumors.	(Nathanst. et al., 1971).
	4. Pregnancy B ₁ -globulin.	Choriocarcinoma	(Tatarinov et al., 1977).
	5. Placental pyruvate kinase.	Variety of cancers	(Fottrrell et al., 1976).

Type of antigen	Examples	Tumor mainly associated with	References
III- Tissue or organ associated antigens.	<ul style="list-style-type: none"> * Cervical cancer antigens. * Ovarian cancer antigens. * Breast cyst fluid protein. * Lungtumor antigens * Colon specific antigen (C.S.A.P.) * Zinc glyciant marker (ZGM) * Leukemia associated antigens. * Prostatic acid phosphatase * Nonhistone nuclear antigens.. 	<ul style="list-style-type: none"> * Carcinoma of cervix. * Carcinoma of ovary * Breast cancer. * Lung cancer * Colorectal cancer * Gastrointestinal cancer * Acute Leukemia * Carcinoma of prostate. * Variety of cancers. 	<ul style="list-style-type: none"> (Kato et al., 1977). (Shattacharya et al., 1979) (Haagensen et al., 1977). (McIntire et al., 1979). (Pant et al., 1977). (Pusztaszeri et al., 1978). (Greaves et al., 1979), (Herberman et al., 1977). (Foti et al., 1977). (Chiu et al., 1977).
IV- Ectopic hormones.	<ul style="list-style-type: none"> * Calcitonin. * "Big" A.C.T.H. * Parathormone. 	<ul style="list-style-type: none"> * Medullary carcinoma of thyroid * Lung cancer. * Lung cancer. 	<ul style="list-style-type: none"> (Heath et al., 1979). (Tashjian et al., 1974). (Wolfsen et al., 1977). (Heath et al., 1979).

Type of antigen	Examples	Tumor mainly associated with	References
V- Isoenzymes	<ul style="list-style-type: none"> * Lactic dehydrogenase (LDH) * Alkaline phosphatase. 	<ul style="list-style-type: none"> * Breast cancer. * Variety of cancers 	(Blair et al., (Carey et al., 1976). (Higashino, 1975).
VI- Antigens of oncogenic viruses.	<ul style="list-style-type: none"> * Herpes simplex virus (HSV) non virion antigens. * Epstein Barr virus (EBV) associated antigens. * Mouse mammary Tumor virus. * Mason pfizer monkey virus. * Murine and non-human primate leukemia virus. 	<ul style="list-style-type: none"> * Carcinomas of cervix and of head, neck. * Burkitts lymphoma nasopharyngeal carcinoma. * Breast cancer. * Breast cancer * Acute leukemia 	(Nahmius et al., 1979) (Klein et al., (McCoy et al., 1978). (Muller et al., 1972). (Yeh et al., 1975). (Herberman et al., 1977)
VIII- Normal antigens or their variants.	<ul style="list-style-type: none"> * Ferritin * Casein * Ceruloplasmin * Immunoglobulin 	<ul style="list-style-type: none"> * Leukemia, lymphoma breast cancer * Breast cancer. * Variety of cancers * Multiple myeloma, Waldenstroms macroglobulinemia. 	(Marcus et al., 1975). (Mori et al., 1976). (Hendrick et al., 1974). (Linder et al., (Linder et al.,

Type of antigen	Examples	Tumor mainly associated with	References
	<ul style="list-style-type: none"> * Blood group substances. * Lactoferrin * Tissue polypeptide antigen (TP.A) 	<ul style="list-style-type: none"> * Variety of cancers * Lung cancer. * Variety of cancers 	(Davidsohn et al., 1979). (Springer et al., 1974). (Veltri et al., 1976). (Bjorklund et al., 1976).
VIII- Antigen antibody.		* Variety of cancers.	(Theofilopoulos et al., 1976).