The Biology of Personality Disorders

A Thesis submitted for the partial fulfillment of Master Degree in Neuro Psychiatry

By
Rasha Ahmed Samy
Supervised by

58697

Prof. Ahmed Okasha

Professor of Psychiatry
Emeritus Chairman Institute of Psychiatry
Faculty of Medicine
Ain Shams University

616.858

Dr. Safia Mahomoud Effat

Ass. Professor of Neuro-Psychiatry
Faculty of Medicine
Ain Shams University

Dr. Abdel-Nasser Mahmoud Omar

Ass. Professor of Neuro-Psychiatry
Faculty of Medicine
Ain Shams University

Faculty of Medicine Ain Shams University 1999

257

0



The Biology of Personality Disorders

A Thesis submitted for the partial fulfillment of Master Degree in Neuro Psychiatry

By
Rasha Ahmed Samy
Supervised by

Prof. Ahmed Okasha

Professor of Psychiatry
Emeritus Chairman Institute of Psychiatry
Faculty of Medicine
Ain Shams University

Dr. Safia Mah moud Effat

Ass. Professor of Neuro-Psychiatry
Faculty of Medicine
Ain Shams University

Dr. Abdel-Nasser Mahmoud Omar

Ass. Professor of Neuro-Psychiatry
Faculty of Medicine
Ain Shams University

Faculty of Medicine Ain Shams University 1999

يسم الله الرحمز الرحيم في المحتفا في المحتفا المحتفا المحتفا المحافية المحتفية المح





Dedication

TO my beloved mother and father,

for their warm affection, patience, support, and for always being there when I needed them.



Acknowledgement

I would like to express my deeply felt gratitude to *Prof. Ahmed Okasha*, Professor of Psychiatry, Ain Shams University for his considerate guidance, valuable advise, encouraging support and indispensable references. Without his help, this work could never have seen light.

To thank *Prof. Safeya Effat*, Professor of Psychiatry, Ain Shams University, would fall short of what I feel towards her great help and delicate remarks.

I would like to extend my thanks to *Dr. Abdel Nasser Omar*, Ass. Professor of Psychiatry, Ain Shams University for all the support and help he gave me.

I am indebted to all my professors, colleagues and friends for their assistance and encouragement. They made my life much easier.

Last but not least, I must thank my family for being there when I needed them most.

Table of Contents

	Page
List of Abbreviations	v
List of Tables and Figures	vii
Introduction	1
Aim of the Work	5
Chapter (1): Personality Disorders, an Overview	. 6
I. Personality	7
Definition	7
Approaches to understand personality	7
1. Biological	8
2. Psychoanalytical	9
3. Social learning	9
4. Phenomenological	10
5. Cognitive	10
11. Personality Disorders	12
 Normal vs. abnormal personality 	12
 History and evolution of personality categories 	12
Alternative models of classification	19
1. Dynamic	19
2. Trait	19
3. Biological	22
4. Sociological	23
Dimensional-categorical debate	25
Epidemiology	25
 Potential biases 	26
• Assessment	26
Chapter (2): Neurotransmitter Disturbances in PD	27
1. Serotonin	28
CSF monoamine metabolite studies	28
Pharmacological challenge studies	31
Platelet serotonin receptor and blood platelet serotonin studies	33
DNA polymorphism studies	34
II. Catecholamines	36
Dopamine	36
Nor-epinephrine	38
III. Acetyl Choline	39
IV Vacantaccia	30

Chapter (3): New Biological Research Strategies for PD	41
1. Strategies to assess sequelae of trauma	41
II. Neuroimaging strategies	45
Structural imaging	46
Functional imaging	47
III. Cognitive science strategies	51
Cognitive impairment in SPD	52
Cognitive impairment in BPD	54
IV. Candidate gene strategies	57
Chapter (4): Genetic Basis of PD	59
Temperament and character	60
Neurobiological basis of the structure of procedural learning	64
Genome-wide scan for loci linked to human personality	67
Psychobiological correlates of temperament and character	69
Psychobiological correlates of harm avoidance	69
Psychobiological correlates of novelty seeking	71
3. Psychobiological correlates of reward dependence	73
4. Psychobiological correlates of persistence	75
5. Psychobiological correlates of character	76
Chapter (5): Psychopharmacological Approaches to PD	78
I. Biological trait model	81
H. Subsyndromal model	82
III. Comorbidity or diagnostically-focused model	83
IV. Symptom-focused model	.84
V. Outcome-focused model	86
Specific behaviours	87
1. Self harm behavior	87
2. Repetitive sutcidal behaviour	88
3. Treatment adherence	89
4. Patient-specific outcome	90
 Functional outcome and quality of life 	91
Discussion	93
Recommendations	102
Summary and Conclusion	103
References	108
Arabic summary	

List of Abbreviations

PD Personality disorder

BC Before Christ

BPD Borderline personality disorder
SPD Schizotypal personality disorder

CSF Cerebrospinal fluid

CPT Continuous performance task

TPQ tridimensional personality questionnaire
TPI Temperament and character inventory

PET Positron emission tomography

SPECT Single photon emission computed tomography

5-HIAA 5 Hydroxy indole-acetic acid
CT Computed tomography
MRI Magnetic resonance imaging

IMRI Functional Magnetic resonance imaging

5-HT %-hydroxy tryptamine
GABA Gamma amino butyric acid

A CH Acetyl Choline
NE Nor epinephrine

MHPG 3- Methyl 4- hydroxy phenyl glycol

WAIS-R Wechsler Adult Intelligence Scale -Revised

HVA Homovanillic acid

BDHI Buss-Dunkee Hostility Inventory

CNS Central nervous system

MMPI Minnesota Multiphasic personality inventory
PRL (d,1-fen) Prolactin response o d. 1-fenfluramine

m-CPP meta chlorophenyl piperazine
PRL (m-CPP) Prolactin response to m-CPP

d, 1-fen fenfluramine

TPH Tryptophan hydroxylase

DA Dopamine

REM Rapid eye movement

HPA-axis Hypothalamic pituitary adrenal axis
DST Dexamethasone suppression test

MDD Major depressive disorder
Grs Glucocorticoids receptors

LD-DST Low dose dexamethasone suppression test

List of Abbreviations (Cont.)

mRNA Messenger RNA

CRH Cortisol releasing hormone
ACTH Adrenocorticotrophic hormone

PRL FEN Prolactin response to fenfluramine challenge

MRS Magnetic resonance spectroscopy

rCBF Regional cerebral blood flow

BOLD (fMRI) Blood oxygen level dependent fMRI

CML Cathomeatal line

WCST Wisconsin Card Sorting test

NIMH National institute of mental health

VMA Valinyl mandelic acid
CS Conditioned signal
UCS Unconditioned signal
MAO Monoamine oxidase

DES Dissociative experience scale

SCL-90 Symptom checklist 90

VAMS Visual analogue mood scale
ALS Affective lability scale

GBI Gerval behavior inventory

SSRIs Selective serotonin reuptake inhibitors

MAOIs Monoamine oxidase inhibitors

QOL Quality of life

CNG Contingent negative variation

PREE Partial reinforcement extinction effect

ERP Early receptor potential