

**FUNCTIONAL STATE OF THE  
CALCIUM-REGULATING SYSTEM AND  
ITS RELATION TO GROWTH RETARDATION  
IN PATIENTS WITH BRONCHIAL ASTHMA**

**Thesis**

**Submitted for Partial Fulfillment of  
Master Degree in Pediatrics**

**Presented by**

**Abir El-Sayed Shehata Abou Douh  
(M.B., B.Ch.)**

**Supervised By**

**PROF.DR. KARIMA AHMED ABDEL KHALEK**  
Professor of Pediatrics  
Faculty of Medicine - Ain Shams University

**DR. MONA MOUSTAFA EL-GANZOURY**  
Lecturer in Pediatrics  
Faculty of Medicine - Ain Shams University

**DR. HOSSAM MOUSTAFA FAHMI**  
Lecturer in Clinical Pathology  
Faculty of Medicine - Ain Shams University

**Faculty of Medicine  
Ain Shams University  
1996**



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

اقْرَأْ بِاسْمِ رَبِّكَ الَّذِي خَلَقَ

خَلَقَ الْإِنْسَانَ مِنْ عَلَقٍ

اقْرَأْ وَرَبُّكَ الْأَكْبَرُ الَّذِي عَلَّمَ الْقُرْآنَ

عَلَّمَ الْإِنْسَانَ مَا لَمْ يَعْلَمْ



## ACKNOWLEDGMENT

Thanks to God.

I wish to express my sincere gratitude and deepest thanks and respect to **Prof.Dr. Karima Ahmed Abdel Khalek**, Professor of Pediatrics, Faculty of Medicine, Ain Shams University, for her valuable advice and wise supervision throughout every part of this work.

I also would like to express my endless gratitude, respect and sincere thanks to **Dr. Mona Moustafa El-Ganzoury**, Lecturer in Pediatrics, Faculty of Medicine, Ain Shams University, for her kind, exceptional care and support helping me to perform this work in a proper order. She devoted a lot of her time to guide and revise this work.

I would like to express my deepest thanks and respect to **Dr. Hossam Moustafa Fahmi**, lecturer in Clinical Pathology, Faculty of Medicine, Ain Shams University, for his great help in the laboratory part of this work.

I would like to thank **Dr. Mohamed El-Barbary**, Lecturer in Pediatrics, Faculty of Medicine, Ain Shams University, for his kind care.

Finally, I would like to express my sincere gratitude to **all members of Pediatric Department**, Faculty of Medicine, Ain Shams University.

## LIST OF ABBREVIATIONS

- BMD	:	Bone maturity difference.
- cAMP	:	Cyclic adenosine monophosphate.
- CCK8	:	Cholecystokinin 8.
- CGRP	:	Calcitonin gene-related peptide.
- ECP	:	Eosinophil cationic protein.
- EPO	:	Eosinophil peroxidase.
- FEV	:	Forced expiratory volume.
- ICAM-1	:	Intercellular adhesion molecule-1.
- IL	:	Interleukin.
- LT	:	Leukotriene.
- LFA-1	:	Lymphocyte function-associated antigen-1.
- MBP	:	Major basic protein.
- PAF	:	Platelet-activating factor.
- PEFR	:	Peak expiratory flow rate.
- PG	:	Prostaglandin.
- PTH	:	Parathyroid hormone.
- RSV	:	Respiratory syncytial virus.
- TNF	:	Tumor necrosis factor.
- VIP	:	Vasoactive intestinal peptide.

## LIST OF TABLES

**Table (1):**

Mechanisms of viral induced asthma.

**Table (2):**

Chemical mediators in asthma.

**Table (3):**

Clinical asthma score.

**Table (4):**

Classification of asthma severity.

**Table (5):**

Assessment of severity of asthma.

**Table (6):**

Differential diagnosis of childhood asthma.

**Table (7):**

Treatment of asthma.

**Table (8):**

Physiochemical state of calcium in normal plasma.

**Table (9):**

Grading of asthmatic cases.

**Table (10):**

Chronological age in asthmatic groups.

**Table (11):**

Relation between age and severity in female asthmatics.

**Table (12):**

Relation between age and severity in male asthmatics.

**Table (13):**

Sex distribution in asthmatic groups.

**Table (14):**

Mean weight percentile in asthmatic groups.

**Table (15):**

Mean height percentile in asthmatic groups.

**Table(16):**

Asthmatics below 10<sup>th</sup> percentiles for weight and height.

**Table (17):**

Relation between severity of asthma and weight percentile.

**Table (18):**

Relation between hospital admission and weight percentile.

**Table (19):**

Mean bone age in asthmatic groups.

**Table (20):**

Mean BMD in asthmatic groups.

**Table (21):**

Relation between BMD and duration of asthma.

**Table (22):**

Mean chronological age, bone age and BMD in cases and control groups.

**Table (23):**

Calcium level in cases and controls.

**Table (24):**

Mean  $\text{Ca}^{2+}$  in asthmatic groups.

**Table (25):**

Relation between  $\text{Ca}^{2+}$  level and duration of asthma in moderate asthma.

**Table (26):**

Relation between PTH level and  $\text{Ca}^{2+}$  level.

**Table (27):**

PTH level in asthmatics and controls.

**Table (28):**

Mean PTH level in asthmatics and controls.

**Table (29):**

Relation between PTH and BMD in asthmatics.

**Table (30):**

Calcitonin level in cases and controls.

**Table (31):**

Mean calcitonin level in asthmatic groups.

**Table (32):**

Relation between calcitonin level and BMD in moderate asthmatics.

**Table (33):**

Mean  $\text{Ca}^{2+}$ , PTH and calcitonin levels in asthmatics and controls.



## LIST OF FIGURES

- Fig. (1):**  
Calcium metabolism.
- Fig. (2):**  
Formation and hydroxylation of vitamin D3.
- Fig. (3a) and (3b):**  
Weight and height percentiles for boys and girls.
- Fig. (4):**  
Relation between mean weight percentile and hospital admission.
- Fig. (5):**  
Relation between mean weight and severity of asthma
- Fig. (6):**  
Correlation between BMD and duration of asthma.
- Fig. (7):**  
Correlation between calcium level and duration of asthma in moderately asthmatics.
- Fig. (8):**  
Correlation between PTH level and calcium level in moderately asthmatics.
- Fig. (9):**  
Correlation between PTH level and calcium level in severely asthmatics.

## CONTENTS

INTRODUCTION AND AIM OF THE WORK .....	( 1)
--	------

### REVIEW OF LITERATURE:

- <i>Bronchial asthma</i> .....	( 2)
- <i>Diagnosis of asthma</i> .....	(31)
- <i>Treatment of asthma</i> .....	(35)
- <i>Calcium homeostasis</i> .....	(51)
- <i>Calcium homeostasis and bronchial asthma</i> ..	(63)
- <i>Asthma and growth</i> .....	(67)

SUBJECTS AND METHODS .....	(77)
----------------------------	------

RESULTS .....	(94)
---------------	------

DISCUSSION .....	(113)
------------------	-------

SUMMARY AND CONCLUSION .....	(123)
------------------------------	-------

RECOMMENDATIONS .....	(125)
-----------------------	-------

REFERENCES .....	(126)
------------------	-------

APPENDIX .....	(147)
----------------	-------

ARABIC SUMMARY.	
-----------------	--

# INTRODUCTION AND AIM OF THE WORK

---

## INTRODUCTION

Asthma is a leading cause of chronic illness in childhood. It is responsible for a significant proportion of school days lost because of chronic illness. It is also the most frequent admitting cause in children's hospital. It was estimated that 5-10% of children sometime during their childhood had signs and symptoms compatible with asthma.

Asthmatic children may have growth retardation unrelated to corticosteroid administration (Ellis, 1983).

Growth retardation occurs in all parameters with varying degrees in asthmatic children (Abdel Khalek et al., 1986).

Marked retardation of skeletal maturation as a general phenomenon of atopic asthma was described by Baum et al. (1990).

Disturbance in calcium regulation system appear in the course of the disease progression and is augmented in long term glucocorticoid treatment (Chuchalin and Berova, 1989).

### AIM OF THE WORK:

\* To find out relation between bronchial asthma, its severity and duration and retarded physical growth.

\* To show whether this physical retardation is related to changes in calcium homeostasis or not.

# REVIEW OF LITERATURE



---

## BRONCHIAL ASTHMA

### Introduction:

Asthma is an inflammatory disease of the airway that is chronic and persistent (Lee, 1992).

Asthma is defined by the American Thoracic Society in 1987 as the presence of intermittent symptoms that include wheezing, dyspnea and cough resulting from airway hyperreactivity and reversible airflow obstruction. Asthma is often associated with atopy, like other inflammatory diseases, asthma is characterized by the recruitment of inflammatory cells, vascular congestion, increased vascular permeability, increased tissue volume and the presence of an exudate (Lee, 1992).

Asthma is characterized by more or less pronounced hyperreactivity of bronchial tissue to physical, pharmacological and/or immunological stimuli (Aas et al., 1981).

The bronchial obstruction may be brought about by spasm of bronchial muscles, mucus secreted into the bronchial lumen, oedema of the mucosa or by combination of the three factors (Simpson, 1980).

Asthmatic inflammation in an atopic subject may be distinguished from other inflammatory diseases by a characteristic pattern of early mast cell activation, eosinophil infiltration, fibroblast proliferation and collagen deposition, selective T-cell activation, epithelial damage and mucus hypersecretion (Gleich et al., 1988).

---

### Aetiology of Asthma:

Asthma is a complex disorder involving autonomic, immunologic, infectious, endocrine and psychological factors in varying degrees in different individuals (Huchanf and Madia, 1987).

#### **1) Autonomic factors:**

The walls of bronchi and bronchioles are innervated by the autonomic nervous system. There are abundant muscarinic receptors, and cholinergic discharge that causes bronchoconstriction. There are B1 and B2 adrenergic receptors in the bronchial epithelium and smooth muscle and in mast cells. Many are not innervated. However, some may be located on cholinergic endings and ganglia, where they inhibit acetylcholine release. In humans, the B2 receptors predominate and inhaled or injected B agonists such as isoproterenol cause bronchodilatation and decreased bronchial secretion. Some have argued that there is an imbalance between the muscarinic receptors mediating bronchoconstriction and the B adrenergic receptors mediating bronchodilatation and the disease generally responds well to inhaled B2 adrenergic agonists (Insel and Wasserman, 1990).

The neural reaction is believed to be in sensory receptors in large airways. These receptors in asthmatic patients are hyperactive and their stimulation by antigenic and non antigenic stimuli, leads to vagal reflex that results in reflex bronchoconstriction (Ellis, 1983).

One of the absolute features of asthma is an exaggerated airway reactivity to irritating