Role of Ultrasonography and Computed Tomography in the Evaluation of Splenic Focal Lesions

Essay

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وَقِ بِلَ الْعِلَى الْمُلْكِمِينَ الْمُنْ الْمُعَلِيمُ وَكُرِيسُولِ وَلَالْوُمِنُونَ مَدَ وَالتَّعَ العَظِيرُ

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Dedication

To My Family

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Introduction & Aim of the Work

The spleen, as a part of the reticulo-endothelial system has a definite and important role in manifacture of lymphocytes, destruction of worn-out red blood cells, antibody synthesis, storage of blood and also production of red blood cells in prenatal life.

The spleen is frequently affected by many diseases whether focal or systemic and unfortunately its clinical evaluation is still unsatisfactory and in a good number of cases, inaccurate. This is because it is a difficult organ to be examined being inaccessible to palpation unless moderately enlarged.

There are different modalities available to image the spleen; selective splenic angiography and splenoportography are invasive techniques while ultrasonography, computed tomography, scintigraphy and magnetic resonance imaging are non-invasive techniques. They are complimentary tests but ultrasonography is the preliminary initial screening method in every case of suspected splenic lesion.

In general US and CT offer better anatomic analysis while contrastenhanced CT and technetium 99m sulfur colloid nuclear medicine scans give functional information.

Contrast-enhanced CT permits evaluation of the splenic structure and function and also adjacent abdominal organs and intraperitoneal cavity. Although ultrasound may give similar structural and anatomic information about the spleen, it cannot accurately evaluate its vascular integrity. Although

nuclear medicine can evaluate the anatomic and vascular integrity of the spleen, it is unable to image the surrounding structures.

Ultrasonography is sufficient in the evaluation of splenic size and for serial follow up of size changes, evaluation of the type of echogenicity and is more tailored to the patient. Nuclear medicine scanning is frequently inaccurate for detection of changes of splenic size over time, due to variations in patient position even when multiple projections are used.

The aim of this study is to emphasize the diagnostic capabilities of US and CT in the different splenic focal lesions which may eventually help in solving many medical problems.

Anatomy

GROSS ANATOMY

The spleen is an intraperitoneal organ which lies in the left hypochondrium, with its long axis along the shaft of the tenth rib, and its lower pole extends forward as far as the mid axillary line (Fig. 1).

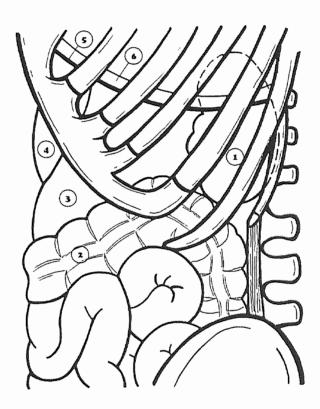


Fig. (1): Relationship of the spleen to adjacent structures as viewed from the left lateral position. 1. Spleen, 2. Transverse colon, 3. Stomach, 4. Liver, 5. Diaphragm, 6. Costophrenic recess (From Hagen-Ansert, 1986).

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The spleen has a diaphragmatic surface and a visceral surface (Gray, 1966). The diaphragmatic surface is convex and smooth, it is opposed to the caudal surface of the left hemidiaphragm which separates it from the caudal

border of the left lung, left pleura and left 9th through 11th ribs. It is directed to the left, cranially, and posteriorly, with its cranial margin extending medially towards the epigastrium (Fig. 2).

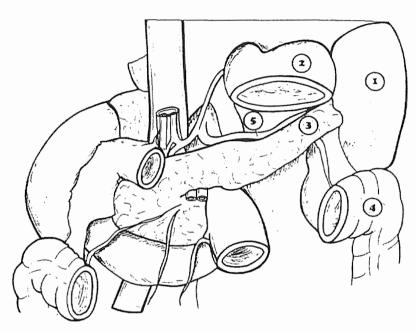


Fig. (2): The spleen and surrounding structures; 1. spleen, 2. stomach, 3. Tail of pancreas, 4. Descending colon, 5. Splenic artery (From Hagen-Ansert, 1986).

The visceral surface is concave and divided by a middle ridge into three flattened regions: the gastric, renal and colic surfaces.

The gastric surface, the largest of the three, is angled superiorly, medially and posteriorly and is in contact with the posterior wall of the stomach. The renal surface is directed posteriorly and medially and is adjacent to the cranial anterior surface of the left kidney and occasionally the left adrenal gland. The colic surface, the smallest of the three, is angled anteriorly and inferiorly and is in contact with colon at the splenic flexure and the phrenicocolic ligament.

Additionally, both the gastric and colic surfaces are closely related to the pancreatic tail (Fig. 3).

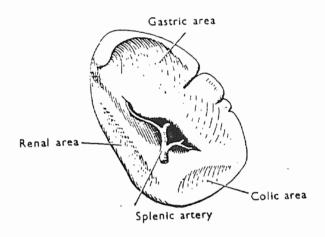


Fig. (3): The visceral surface of the spleen (From Warrick, 1979)

The spleen is contained within a fibrous capsule. It is entirely surrounded by peritonium which closely adheres to its capsule except on its visceral gastric surface where the splenic hilum is located where splenic artery and vein enter.

Several folds of peritonium act as suspensory ligaments (Meyers et al., 1982). The splenorenal (lienorenal) ligament connects the hilum of the spleen with the left kidney, and it contains the splenic artery and vein and the tail of the pancreas.

The gastrosplenic ligament is formed by the union of two leaves of peritonium of the greater and lesser sacs and connects the hilum of the spleen with the stomach, it contains branches of the short gastric and left gastroepiploic vessels between its two layers (Fig. 4).