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**A Psycho-Socio-Demographic study of
Premenstrual Dysphoric Disorder(PMD)
In a Sample of Egyptian Women**

A thesis submitted for the partial fulfillment of
M.D. Degree in Psychiatry

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List of Abbreviations

5-HT	Serotonin
ACTH	Adrenocorticotrophic Hormone
APA	American Psychiatric Association
BDI	Beck Depression Inventory
COPE	Calendar Of Premenstrual Experiences
CRH	Corticotropin Releasing Hormone
DA	Dopamine
DSM - III R	Diagnostic and Statistical manual of Psychiatric Disorders (3 rd edition revised)
DSM - IV	Diagnostic and Statistical manual of Psychiatric Disorders (4 th edition)
DST	Dexamethazone Suppression Test
EOPs	Endogenous Opiate Peptides
EPQ	Eysenck Personality Questionnaire
GABA	Gamma Amino Butyric Acid
GnRH	Gonadotropin Releasing Hormone
HPA	Hypothalamo Pituitary Adrenal
HPG	Hypothalamo-Pituitary Gonadal
ICD - 10	International Classification of Diseases (10 th revision)
LH	Luteinizing Hormone
LLPDD	Late Luteal Phase Dysphoric Disorder
MDQ	Menstrual Distress Questionnaire
MSH	Melanocyte Stimulating Hormone
NA	Nor Adrenaline
NSAIDs	Non Steroidal Anti-inflammatory Drugs
OC	Oral Contraceptives
PG	Prostaglandins
PMDD	Premenstrual Dysphoric Disorder
PME	Premenstrual Exacerbation
PMS	Premenstrual syndrome
PMT	Premenstrual Tension
PRL	Prolactin
SSRIs	Selective Serotonin Reuptake Inhibitors
TSH	Thyroid Stimulating Hormone
VP	Vasopressin
WHO	World Health Organisation

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