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SOME CHEMICAL AND BIOCHEMICAL
STUDIES ON RAPESEED OIL

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SUMMERAY

## SUMMARY

Rapeseed is called "Salgam" or "Shalgam" in the Arabic language. It had been grown in India and China for thousands of years, today, rapeseed ranks the fifth crop among the oilseeds of the world.

The rapeseed (*B. Campestris* and *B. napus*) was cultivated in Egypt during 1980 as an experimental trial.

This work in this dissertation was carried out to throw light on the effect of erucic acid in rapeseed oil on nutrition.

Two types of oil, namely, rapeseed and cottonseed oil (fresh and boiled) were used in this investigation. The properties of oils were studied in order to evaluate them. The above two oils were evaluated biologically using experimental weanling male albino rats (30-40 gm). The levels of the oil used were 10 % and 20 % for short and long periods of feeding.

The study revealed the following results:

1. The physical and chemical analysis of fresh rapeseed oil showed that it had a higher specific

gravity, refractive index, acid value and iodine value. It had a lower saponification value and it has a dark colour.

2. There was detectable changes in the physical and chemical properties of rapeseed oil after heating for 12 hours. The refractive index, specific gravity, colour, acid value, peroxide value and saponification number increased. While the iodine number decreased.
3. Heating caused an increase in the saturated fatty acid and a decrease in the unsaturated fatty acid of the oil.
4. Biological evaluation of rapeseed oil showed that
  - i. Rapeseed oil gave the highest body weight, while heated rapeseed oil caused a growth depression.
  - ii. There was a close correlation between the different lipids content (cholesterol, phospholipid and triglyceride) in serum of rats and the concentration of the ingested oil in diets (level of 10 % of oil in diets lowered the concentration of the lipids in serum of rats).

On the other hand, it was found that using 20 % of oil in diets caused always an increase in cholesterol, phospholipids and triglycerides content in serum of rats. This effect was observed both in fresh and boiled rapeseed oil.

5. Histopathological changes:

There was a measurable changes in the organs (Kidney, liver and heart) of rats fed fresh rapeseed oil.

The kidneys showed slight swelling of the epithelial and endothelial cells of the glomeruli. They showed vacuolization of the cytoplasm with loss of the brush borders of the living cells.

The livers showed dilatation in the central veins and the cells were swollen, exhibiting granularity, vacuolization of the their cytoplasm and pyknosis of the nuclei of some hepatic cells.

As regards to the hearts, there was a marked separation between the muscle fibers areas of hypertrophy and vacuolization of the myocytes. Some areas were completely destroyed.