# AUTOMATED RETICULOCYTE ANALYSIS CORRELATION WITH THE MANUAL METHOD

**Thesis** 

Submitted for partial fulfillment of master degree in clinical &chemical pathology

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## Acknowledgment

Thanks God who allowed and helped me to accomplish this work.

It is an honour to express my deepest respect and gratitude to my **Prof. Dr. Nadia Mohamed Mowafy** professor of clinical pathology, Ain Shams University for her limitless help, valuable advice and meticulous supervision.

I wish to give my hearty thanks to **Pof. Dr. Salwa Saad Kodeir** assistant professor of clinical pathology Ain Shams University for her kind support, willing assistance, stimulating guidance and encouragement thoughout the steps of this work.

I would also like to express my appreciation to **Dr. Lama Akram El Safady** lecturer of clinical pathology Ain Shams University for her active, skillful participation to this work and her intelligent and observant remarks.



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## LIST OF ABBREVIATIONS

```
burst forming unit - erythroid.
-BFU
               complete blood picture.
-CBC
          ...
               colony forming unit erythroid.
-CFU - E ...
              colony forming unit - S.
-CFU - S ...
               cubic millimeter.
-cmm
           ...
               dalton.
-D
               leucocyte differential analysis.
-DIFF
               data management system.
-DMS
              ethylene diamine tetra acetic acid.
-EDTA
                  erythroblast enhancing factor.
-EEF
                  electron microscope.
-E/M
                 erythropoietin.
-EPO
                 fimtoliter.
-fl
                 flow cytometry.
-FCM
                haemoglobin.
 -Hb
                 identification.
 -ID
                interleukin - 3.
 -IL - 3
           ....
                interleukin - 6.
 -IL - 6
                  mean corpuscular haemoglobin.
 -MCH
                  mean corpuscular haemoglobin
 -MCHC
              concentration.
                 mean corpuscular volume.
 -MCV
                  milligram.
 -mg
                  millimeter.
 -mm
```

```
-ml
                 milliliter.
-PCV
              packed cell volume.
          ...
-PDGF
                 platelet derived growth factor.
-RBCs
                 red blood cells.
                 reticulocyte.
-Ret
-RMI
                 reticulocyte maturity index.
-RPI
                 reticulocyte production index.
                 ribonucleic acid.
-RNA
                 microgram.
-ug
-ul
                 microliter.
                 volume, conductivity & Coulter
-VCS
              opacity and light scatter.
```

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#### **INTRODUCTION**

Each day approximately 0.8% of the red blood cells pool needs to be replaced by young erythrocytes produced from the bone marrow (*Berliner et al.*, 1995).

Reticulocytes are slightly immature erythrocytes in the final stages of differentiation (*Bessis*, 1973). These cells are somewhat larger than mature erythrocytes, perhaps 20 % greater in volume (*killman*, 1964).

Reticulocyte count is one of the most valuable, simple, and inexpensive methods for the evaluation and classification of anaemias, as well as in monitoring response of certain anaemias to therapy (*Davis and Biglows*, 1990).

Enumeration of reticulocytes has remained a manual microscopic method for a long time using supravital stains as New methylene blue, brilliant cresyl blue and purified azure B. This method depends on the reaction between these basic dyes and the ribosomal RNA remnants in reticulocytes giving bluish granules or filaments ( *Bain*, 1995).

Then flowcytometry was introduced which was used in reticulocyte enumeration depending on the binding of suitable fluorescent dyes as Thiazole orange to the residual red blood cell -RNA (*Hackney et al.*, 1989)

Recently, reticulocyte counting can be achieved by Coulter Max - M analyzer which is a quantitative. cell counter The Coulter automated . differential combines the established reticulocyte method the New methylene blue procedure methodology of standardized and greater precision of with the more flow cytometeric analysis

This technology allows three dimensional analysis using three independent energy probes --- direct current, radio-frequency and a stable helium - neon laser. This analysis provides simultaneous measurement of the cell size (volume) internal characteristics (conductivity & Coulter opacity), & surface characteristics (light scatter).

This technique is easy and fast and its results are presented via a graphic printout (*Buttarello et al.*, 1996).