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Effect of Api-Tulle Dressing Versus the Conventional Dressing Technique on the Healing of Moderate Burns

A Thesis

Submitted to the Faculty of Nursing
University of Alexandria
In Partial Fulfillment of the Requirements
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ABSTRACT

Api-Tulle dressing technique is a type of Apitherapy. It is one of the promising alternative techniques for wound care. This study was carried out to compare the effect of Api-Tulle dressing versus the conventional dressing technique on the healing of moderate burns. A sample of 40 adult patients admitted to burn unit suffering from moderate burn was included, and were selected according to the following criteria:-adult of both sexes, with recent burns, and with normal body mass index. Patient with chronic disease was excluded from this study. Then patients were divided randomly into two groups of equal size (20 patients, each). The first 20 patients were managed by conventional dressing technique. The second 20 patients were managed by Api-Tulle dressing. This study was conducted at the burn unit of Raas El-Teen El-Aam hospital affiliated to Ministry of Health and Population in Alexandria. The main results of this study have revealed that, there is no statistical difference between Api-Tulle group and conventional group patients regarding bio-sociodemographic characteristics and there is no correlation between any of bio-sociodemographic characteristics and wound healing. Regarding wound healing morphology, healthy granulation tissues and proliferation of epithelial cells occurs in Api-Tulle group patients more rapidly than conventional group ones and there was significant difference between the two dressing techniques at the first, second, third and fourth weeks. Hyperthermia occurs for conventional group patients with a significant difference to the Api-Tulle group patients during assessment on the first and second weeks, and elevation of white blood cells level (WBCs) on the second and third weeks for (20% &25%) of conventional group patients versus none of the Api-Tulle group patients. The most common recommendations are using Api-Tulle dressing technique for burn wound management at burn unit should be emphasized when possible. Further studies also needed for using Api-Tulle dressing technique in outpatient with burn injury and using Api-Tulle dressing techniques on sever burn injury

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ABBREVIATIONS

• CDC	Centers for Disease Control and Prevention
• TBSA	Total body surface area
• MRSA	methicillin-resistant Staphylococcus aureus
• WBC	white blood cells

LIST OF CONTENTS

Cha	pter	
I		Page
•	Introduction	1
II	· Review of literature	
	- Skin function and Anatomy	•
	- Definition of burn	3 4
	- Burn severity classification	4
	- Parameters of burn injury:	4
	a. Etiologic agents	
	o. Extent of burn injury	4
	c. Burn depth	5 7
	- Pathophysiologic changes post burn injury	
	- Burn wound healing	8
	- Nursing strategies for burn wound management:	11 12
	Burn wound infection	· 14
	Infection control precautions	15
	* Topical Anti microbial agents	16
	- Silver sulfadiazine 1% ointment	16
	Alternative anti microbial therapy	17
	- Apitnerapy	17
	- Composition of Honey	17
	- Action of topical honey	18
·	- Processing of honey to Api-Tulle dressing	20
III.	Material and Method	21
IV.		21
	Results	28
V.	Discussion	
* ***		80
VI.	Conclusion and Recommendations	86
VII.	Summary	
X ZETT		88
VIII.	References	90
IX.	Appendices	
	Protocol	
,	Arabic summary	
•		

LIST OF TABLES

Table	•	
		Page
I.	Distribution of the Api-Tulle group and conventional group of moderately burned patients regarding their biosociodemographic characteristics on admission.	31
II.	Distribution of the Api-Tulle group and conventional group of moderately burned patients regarding their burn parameters on admission.	34
III.	Effect of the Api-Tulle technique versus conventional one for moderately burned patients on vital signs changes.	
	 Table (III - a): body temperature Table (III - b): pulse rate Table (III - c): blood pressure values Table (III - d): Respiratory rate 	37 39 41 43
IV.	Effect of the Api-Tulle technique versus conventional one for moderately burned patients on their laboratory investigations for the 1 st , 2 nd , and third week.	
	 Table (IV- a): White blood cells count Table (IV- b): Red blood cells count Table (IV- c): Platelets count Table (IV- d): Hemoglobin level 	45 46 47
	 Table (IV- e): Total blood protein level Table (IV- f): serum albumin level 	48 49 50
V.	Effect of the Api-Tulle technique versus conventional one for moderately burned patients on their normal findings of wound healing	

Table		Page
	• Table (V - a): healthy granulation tissues	52
	• Table (V - b): proliferation of epithelial cells	54
VI.	Effect of the Api-Tulle technique versus conventional one for moderately burned patients on their abnormal findings of wound healing	:
	• Table (VI - a): Edema & red discoloration	:
	• Table (VI - b): black discoloration	57 58
	• Table (VI - c): Brown discoloration	59
v	• Table (VI - d): Green discoloration	60
	• Table (VI - e): violaceous discoloration	61
	• Table (VI - f): subeschar hemorrhage	62
	• Table (VI - g): early eschar separation	63
	• Table (VI - h): progression of partial-thickness to full-thickness injury	64
VII.	Effect of the Api-Tulle technique versus conventional one for moderately burned patients on hospitalization period.	66
VIII.	Relation between sociodemographic characteristics of Api-Tulle group and their wound healing morphology	:
	• Table (VIII - a): Relation between sociodemographic characteristics of Api-Tulle group and their healthy granulation tissues.	68
	• Table (VIII - b): Relation between sociodemographic characteristics of Api-Tulle group and their proliferation of epithelial cells.	69
		1
	vi	