12/1 w/3/4

# AIN SHAMS UNIVERSITY

Faculty of Medicine High Institute Of Nursing

# ASSESSMENT OF NURSES CARING FOR CANCER PATIENT UNDER CHEMOTHERAPY

#### Thesis

Submitted for partial Fulfilment of the Requirement of Master Degree in Science of Nursing (Medical - Surgical Nursing)

#### By Manal Hussein Nassr

B.Sc. Nursing
Demonstrator in
High Institute Of Nursing
Ain Shams University

Under supervision of

#### Prof. Dr. Laila Faris

Prof & Head of Radiotherapy & Ruclear Medicine DPT Ain Shans University

#### Dr. Tahany El-Senousy

Chairman of Medical-Surgical Nursing Dept. High Institute of Nursing Ain Shams University

1993

'بسم الله الرحمن الرحيم'

إلاّ ما علَّمْتَنَا إِنْكَ أَنتَ الْعَلِيمُ الْحَكِيمُ " "أَنتَ الْعَلَيْمُ الْحَكِيمُ الْحَكِيمُ الْحَكِيمُ الْحَكِيمُ

"صحق الله العظيم " سورة البغرة/ اية ٣٢



you are Just starting.

Last but not the least, my great appreciate to my husband, daughter, father, mother, sisters and brother who did their best from the begining of the study to help and encourage me.

# ACKNOWLEDGEMENT

First and formost, I'd like to thank the God for his merciful and kind.

I would like to express my deepest gratitude and appreciation to the Prof. Dr. Laila faris, Professor and Head Of Radiotherapy and Nuclear medicine Dpt. Ain Shams University, for her guidance, suggestions and encouragement for precise completion of this study.

I am gratefully acknowleding the professional help of Dr. Tahany El-Senousy, Assis. Profesor of Medical Surgical nursing, Ain Shams University, High Institute of Nursing Dpt.. I am really thankfull for her guidance, suggestions, planning and continuous encouragement.

I wish to thank all the staff of Fundamentals Nursing, Ain Shams University, High Institute of Nursing for their help and cooperation.

#### **CONTENTS**

CHAPTER	PAGE
1- Introduction	1
2- Aim of the study	3
3- Review of literature.	4
4- Subjects and methods	55
5- Results	60
6- Discussion	89
7- Summary and Conclusion	96
8- Recommendations	99
9- Appendix	101
10- References	104
11- Arabic summary	201

## LIST OF TABLES

Table	1	Page
1-	Demographic presentation of the nurses studied	61
2-	Nurse's knowledge in relation to their years of experience as regards to cancer, chemotherapy,	
	and psychological preparation of patients	63
	Nurse's knowledge in relation to their years of experience as regards nurse's role before, during and after administering cytotoxic agents	
	and if extravasation occur	67
	Nurse's knowledge in relation to their qualification as regards cancer, chemotherapy and psychological preparation of patients	
;	Nurse's knowledge in relation to their qualification as regards to nursing role before, during and after cytotoxic agents and if extravasation occur	
(	Nurse's performance in relation to their years of experience as regard to psychological preparation of patient and nursing care before giving cytotoxic agents	n 75

1-	Nurse's performance in relation to their years	
	of experience as regard to nursing care given duri	ng,
	after giving cytotoxic agents and if extravasation	
	occur	79
8-	Nurse's performance in relation to their qualificate as regards psychological preparation of patient, as nursing care given before cytotoxic agents	
	administration	81
9-	nurse's performance in relation to their qualification as regards nursing care given during, after cytotomagents administration and if extravasation occur	
10-	Relation between nurse's knowledge and performance	00
	Fortal	88

88

#### LIST OF ABBREVIATIONS

\* DF Degree of freedom.

\* N.S Non significant.

\* S Significant

\* IV Intravenous

\* Bsc. Beschlore degree.

\* i.e That means.

\* e.g. For example.

# INTRODUCTION AND AIM OF THE WORK

### INTRODUCTION

Cancer is the most feared disease worldwide, yet the incidence rates for many cancers are unnecessarily high o even increasing. Despite remarkable progress in diagnosis. treatment, and rehabilitation, the most effective long-term survival strategy against all cancers, continue to be prevention and early detection. (Criag and Stitzel, 1982).

Critical nursing care of the client with cancer requires comprehensive nursing knowledge that includes nursing theory, cellular physiobiochemistry, neoplasic pathophysiology. radiotherapy, antineoplastic pharmacotherapeutics, genetic, immunologic, and epidemiologic theories. (Chernecky, and Ramzy, 1984)

Yasko, (1986); stated that cancer nursing has consistently played a major role in the care of persons being treated with chemotherapy. Trends in chemotherapy administration since have progresed 1940sfrom a daily single dose ofchemotherapeutic agents to the cyclic adminstration of a combintion of drugs to the wide-spread use of chemotherapy as an adjuvant to surgery and radiation therapy to prevent the recurrence and/or spread of disease. These methods of

administration have resulted in some cancer cures and the long term control of several other cancers. The three most recent chemotherapy trents that have greatly influenced nursing practice are the wide spread use of vascular access devices, the regional administration of agents, and the establishment of guide lines to ensure safe handling, administration, and disposal of chemotherapeutic agents.

Nurses have a critical role in helping people understand what chemotherapy is and what its effects and side effects are and in demystifying the symbolism that it may have. Through the years, nurses have cared for patients undergoing chemotherapy and have expanded their role as this speciality field in cncer care has developed. Today, nurses administer the drugs in both conventional and experimental situations. They collect and record essential information about patients and families and the treatment course. They plan interventions to meet the physical, emotional, spritual, educational, and social needs of patients on the basis of continuing assessments. They evaluate the effectiveness of the interventions and share information with colleagues by making presentations at conferences. The speciality of oncology nursing has expanded its base of knowledge energetically in the last decade. (Mclutive and Cioppa, 1984).

# AIM OF THE STUDY

To assess the nurses knowledge and skills in caring for cancer patients under chemotherapy.

# REVIEW OF LITERATURE

### REVIEW OF LITERATURE

The literature review will be presented under these main headings:

- 1- Definitions of (Neoplasm Cancer Chemotherapy)
- 2- Historical back ground.
- 3- Anatomy and physiology of the cell.
- 4- Effect of chemotherapy on the cell.
- 5- Cancers amenable to chemotherapy.
- 6- Factors affecting choice of chemotherapy.
- 7- Purposes and uses of chemotherapy.
- 8- Methods of administering chemotherapy.
- 9- Principles of chemotherapy administration.
- 10-Combination chemotherapy.
- 11- Classifications of chemotherapeutic agents.
- 12-Side effects of chemotherapy.
- 13-Guidlines for safe handling chemotherapy.
- 14-Ng. care of pt. recieving chemotherapy.