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ESSAY

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BY

ABDEL-HAKIM MOSTAFA AMER

617.96079  
A.M

SUPERVISED BY

Dr. AWNY ATALLA

PROFESSOR OF UROLOGY DEPARTMENT.

FACULTY OF MEDICINE

AIN SHAMS UNIVERSITY



27978

AIN SHAMS UNIVERSITY

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### ACKNOWLEDGEMENT

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## INTRODUCTION

CHAPTER I  
HOST PARASITE RELATIONSHIP

## HOST PARASITE RELATIONSHIPS

A parasite is an organism that resides on or within another living organism in order to find the environment and nutrients it requires for growth and reproduction. The most successful parasites achieve a balance with the host that ensures the survival, growth and propagation of both parasite and host, most of the host-parasite interactions do not result in disease.

In infectious diseases, there is struggle between the offending microbe and the manner in which the infected host responds to microbial invasion.

### ATTRIBUTES OF MICROORGANISMS THAT ENABLE THEM TO CAUSE DISEASE

Pathogenicity denotes the ability of microorganisms to cause disease or result in the production of progressive lesions.

Virulence, which expresses the concept of degree i.e. virulent organisms exhibit pathogenicity.

It is measured by the median dose of microorganisms or micrograms of their toxins necessary to kill, within a stated period of time, 50% of the animals inoculated known as LD<sub>50</sub>.



### **Invasiveness**

Is the ability to enter the host, multiply and spread.

### **Transmissibility ( $ID_{50}$ ):**

Dose required to cause a demonstrable infection in 50% of animals exposed.

### **TOXIGENICITY**

The idea that bacteria may cause disease by producing toxins was first suggested by Loeffler in 1884. He noted that guinea pigs injected with diphtheria bacilli subcutaneously produced wide spread systemic lesions where no bacilli could be found. He concluded that bacteria at the site of injection had generated a soluble poison, which disseminated by the blood stream.

Roux & Yersin in 1889 confirmed this conclusion when injecting bacteria-free filtrates, which produced the same identical disease. Microbial toxins are usually grouped as endotoxins or exotoxins.

Endotoxins are produced by many gram-negative bacteria. They are complex phospho lipid polysaccharide protein complex of the bacterial cell wall and are released into the surrounding medium only if the

organisms become autolysed or are artificially disrupted by mechanical or chemical means.

Endotoxins are generally less potent and less specific in their action than exotoxins. (Westphal and Luderitz) has shown that the biological activity of the bacterial cells reside in a lipopolysaccharide fraction, which can be separated from the phospholipid and all the protein of the original complexes by using phenol.

#### **PATHOGENIC MECHANISMS CAUSED BY MICROBIAL EXOTOXINS**

##### **(1) Diphtheria**

Toxins of corynebacterium diphtheriae inhibit protein synthesis and result in necrosis of epithelium, heart, muscle, kidney and nerve tissue. Diphtheria toxin is a polypeptide of (MW 62,000) that can be lethal in a dose of 40ng.

The essential action is inhibition of peptide chain elongation by inactivating the elongation factor EF-2 also called the transferase II factor.

##### **(2) Tetanus**

Vegetative forms of clostridium tetani produce toxins of (MW 150,000) that reaches the central nervous

system by retrograde axon transport and is bound to gangliosides.

According to Eccles it causes spasm by blocking the function of inhibitory synapses.

### (3) Gas Gangrene

In the presence of necrotic tissue (anaerobic environment), spores germinate and produce toxins which are necrotizing and hemolytic, in the presence of distension of tissue by gas formed from carbohydrates and interference of blood supply, favour spread of gangrene.

### (4) Botulism

*Clostridium Botulinum* produces a neurotoxin of (MW 150,000) of 6 antigenic types.

This toxin affects both pre- and post-ganglionic synapses of the peripheral autonomic system as well as cholinergic mechanisms in peripheral motor nerves.

It also depresses the formation and release of acetyl-choline.

#### (5) Staphylococcal Food Poisoning

Certain strains of *staphylococcus aureus* produce an enterotoxin of (MW 40,000) which stimulates neural receptors in the gut, impulses are carried to medullary centers of gut motility.

#### (6) Cholera

*Vibrio cholerae* produce a heat-labile enterotoxin of (MW 28,000) which binds to ganglioside receptors on villi of small intestine, causing large increase in adenylate cyclase activity and in the concentration of cyclic AMP in the gut. This results in massive hypersecretion of chloride and water and impaired absorption of sodium.

Table 1 - 1 shows principal toxigenic bacteria pathogenic to man

#### EXTRACELLULAR ENZYMES CLASSIFIED AS TOXINS

##### (1) Collagenase.

*Clostridium perfringens* produces this enzyme, which is capable of disintegrating collagen, which promotes the spread of bacilli in tissues. The  $\alpha$ - toxin of the same organism is a lecithinase which damages cell membranes by splitting lecithin to phosphocholine and

Table 22-1. Exotoxins produced by principal toxigenic bacteria pathogenic for Man

Bacterial species	Disease	Toxin	Action	Toxicity per mg, expressed as LD
<i>Clostridium botulinum</i>	Botulism	Six type-specific neurotoxins	Paralytic	1,200,000 (G)
<i>Clostridium tetani</i>	Tetanus	Tetanospasmin Tetanolysin	Spastic Hemolytic cardiotoxin	1,200,000 (G)
<i>Clostridium perfringens</i>	Gas gangrene	$\alpha$ -Toxin $\epsilon$ -Toxin $\delta$ -Toxin $\eta$ -Toxin $\theta$ -Toxin $\kappa$ -Toxin $\lambda$ -Toxin Toxin	Lecithinase necrotizing hemolytic  Necrotizing  Hemolytic cardiotoxin Necrotizing Collagenase Proteolytic Hemolytic	200 (M)
<i>Clostridium septicum</i> <i>Clostridium novyi</i>	Gas gangrene	$\alpha$ Toxin $\beta$ Toxin $\alpha$ Toxin $\alpha$ -Toxin $\delta$ -Toxin $\epsilon$ -Toxin $\delta$ -Toxin	Necrotizing Lecithinase: necrotizing hemolytic Lecithinase: necrotizing hemolytic Hemolytic Lipase:hemolytic Hemolytic	50,000 (M)
<i>Corynebacterium diphtheriae</i>	Diphtheria	Diphtheritic toxin	Enzyme altering transferase II	3,500 (G)
<i>Staphylococcus aureus</i>	Pyogenic infections	Toxin Enterotoxin Leukocidin Toxin Toxin Toxin Streptolysin O Streptolysin S Erythrogenic Streptococcal DP Nase	Necrotizing hemolytic leukocidic Emetic Leukocidic Hemolytic Necrotizing hemolytic Hemolytic, leucolytic Hemolytic  Causes scarlet fever rash Cardiotoxic	50 (M)
<i>Streptococcus pyogenes</i>	Pyogenic infections and scarlet fever			0.5 (M)
<i>Pasteurella pestis</i>	Plague	Plague	Necrotizing (?)	25 (M)
<i>Bordetella pertussis</i>	Whooping cough	Whooping cough toxin	Necrotizing	
<i>Shigella dysenteriae</i>	Dysentery	Neurotoxin	Hemorrhagic, paralytic	1,200,000

LD<sub>50</sub> denotes LD<sub>50</sub>/kg of guinea pig (G), mouse (M) or rabbit (R)

diglyceride.

#### (b) Hyaluronidases

This enzyme also known as the "spreading factor" promotes diffusion through connective tissue by depolymerizing hyaluronic acid in the ground substance, facilitating bacterial invasion produced for example from staphylococci, strept, clostridia, pneumococci.

#### (c) Streptokinase (Fibrinolysin)

It is produced by many hemolytic streptococci has the ability to activate a proteolytic enzyme in the plasma which is then able to dissolve the clotted plasma.

#### (d) Hemolysins & Leukocidins

Many microorganisms produce substances that dissolve red cells and leuckocytes.

*Streptococcus hemolyticus* group A produces two types.:-

Streptolysin "O" which is hemolytic, antigenic but readily oxidized and thereby inactivated. But becomes reactivated by reducing agents.

Streptolysin "S" which is also hemolytic, but non antigenic and oxygen stable.

Hemolysins are also produced by staphylococci and many gram-negative rods.

Table 1-2 shows the difference between endotoxin and exotoxins.

#### ANTIBACTERIAL DEFENCES OF THE HOST

The contamination of the body, both externally on the skin or internally in the intestine, respiratory tract, and other tracts is inevitable.

Many of these surfaces are habitually colonized by organisms.

Whether contamination with a particular pathogen is followed by infection is dependant upon:

- (a) The mechanical integrity of the body surface.
- (b) Its powers of decontamination which varies from one type of tissue to another.
- (c) General factors as the general state of health of the host.
- (d) Immunological status of the host.