

# **TRENDS IN INGUINAL HERNIA REPAIR IN ADULT MALES**

Essay

Submitted for partial Fulfillment of master  
Degree in general surgery

By

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## ABSTRACT

Inguinal hernia surgery accounts for 8% of all general surgery operations.

Recent guidelines issued from the Royal college of surgeons of England (1993) indicate that the recurrence rate should be  $< 0.5$  at 5 years and least 30% of cases should be operated upon as a one day operation.

"Marcy" performed first repair operation in 1871. "Bassini" performed the greatest contribution of hernia repair in 1884.

In 1953, "Shouldice" described the multilayered repair. This method has become popular in the past 20 years and is probably the most successful of pure tissue methods.

"Cooper ligament repair was popularized by "McVay" in 1988.

In recent years, sheet of woven monofilament polyamide or Knitted monofilament polypropylene mesh have been used extensively, it creates a strong and tensionless repair.

Laparoscopic transperitoneal closure orifice groin hernias by a series clips was introduced "Ger" in 1977, since then several methods have been evolved, but routine clinical application of the technique began only 1990.



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## **INTRODUCTION**

Inguinal hernia is the most frequently encountered problem requiring surgery among men, which is the second most frequent operation after appendectomy. It accounts for 8% of all general surgery operations, it is also a preventable cause of death from strangulation, so selective repair is safe but there is considerable variation in comparative outcome of inguinal hernia surgery especially in terms of recurrence rate and length of hospital stay.

(Jones A, Thomas P, 1995)

The earliest treatment was in ancient Egypt by external manipulation and bandaging.

(Read RC, 1989)

The greatest contribution of hernia surgery was that of Edoardo Bassini since more than one hundred years. Bassini's method has proved to be the basis of modern herniorrhaphy.

(Read RC, 1987)

Glassow F, in 1953 described the multilayer repair and reported recurrence rate less than 1%. Some believe that this method calls for extensive dissection and suturing under tension.

(Abrahamson J, 1997)

But other opinion sees that it is the gold standard for inguinal hernia repair regardless of the anatomical type of hernia.

(Hay J M et al, 1995)

In 1942, MaVay demonstrated that the normal insertion of the transversalis fascia and the transversus abdominis muscle was to the Cooper ligament not, the poupart.

(Barbier J et al, 1989)

**McVay** also argued that the inguinal ligament is not a suitable structure for the repair of inguinal hernias, so he criticized the Bassini and Shouldice repairs, and popularized the original technique of Cooper ligament repair for inguinal hernia.

(Wantz GE, 1989)

**Fruchaud** 1956, demonstrated the myopectineal orifice as a site occurrence of all groin hernias.

**Rutledge** 1959, used the Cooper ligament for repairing of all groin hernias.

He reported recurrence rate 1.9 % for primary repair and 2.4 % for recurrent hernia repair.

(Rutledge RH, 1988)

To resolve the problem of tension **Moloney** 1948, introduced the nylon darn repair to produce a buttress across the weakened area of the inguinal canal.

(Lifschutz H & Juter GL, 1986)

He reported recurrence rate 1%.

(Moloney GE, 1972)

Many modifications introduced for darn repair by **Kimmonth** 1974.

(Lifschutz H & Juter GL, 1986)

And by **Abrahamson** in 1988.

(Abrahamson J, 1997)

The anatomic dissection of **Condon** was first reported in 1960. He was classifying the role of iliopubic tract as an analogue of the endoadominal fascia and its relation to all groin hernias. He described the anterior approach of iliopubic tract repair.

(Nyhus LM, 1993)

Because in recurrent groin hernias the preperitoneal approach allows anatomic definition of the hernial defect in a field that has not been