

UROFLOWMETRY IN EGYPTIAN MALES OF DIFFERENT AGE GROUPS (EGYPTIAN NOMOGRAM)

Thesis
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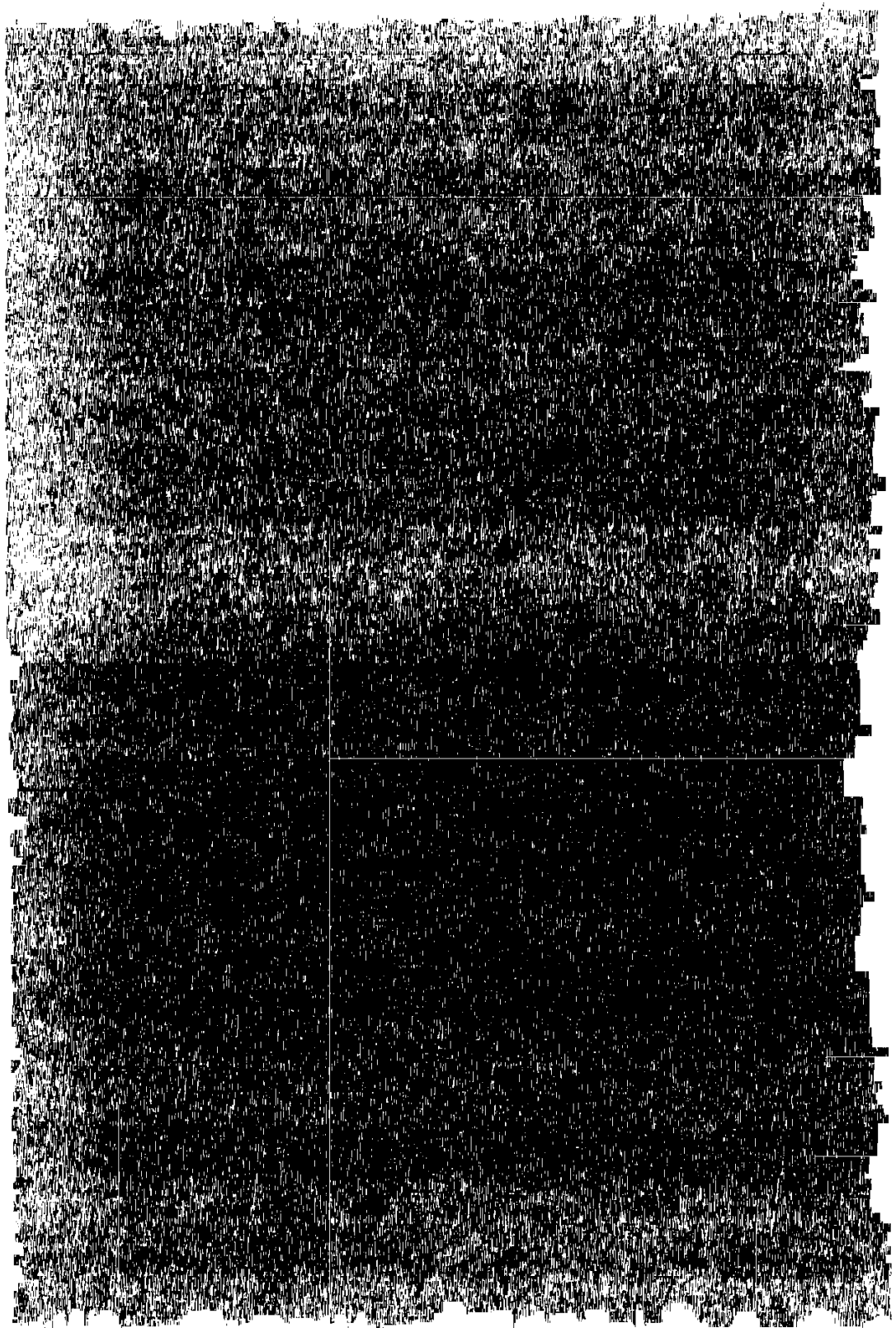
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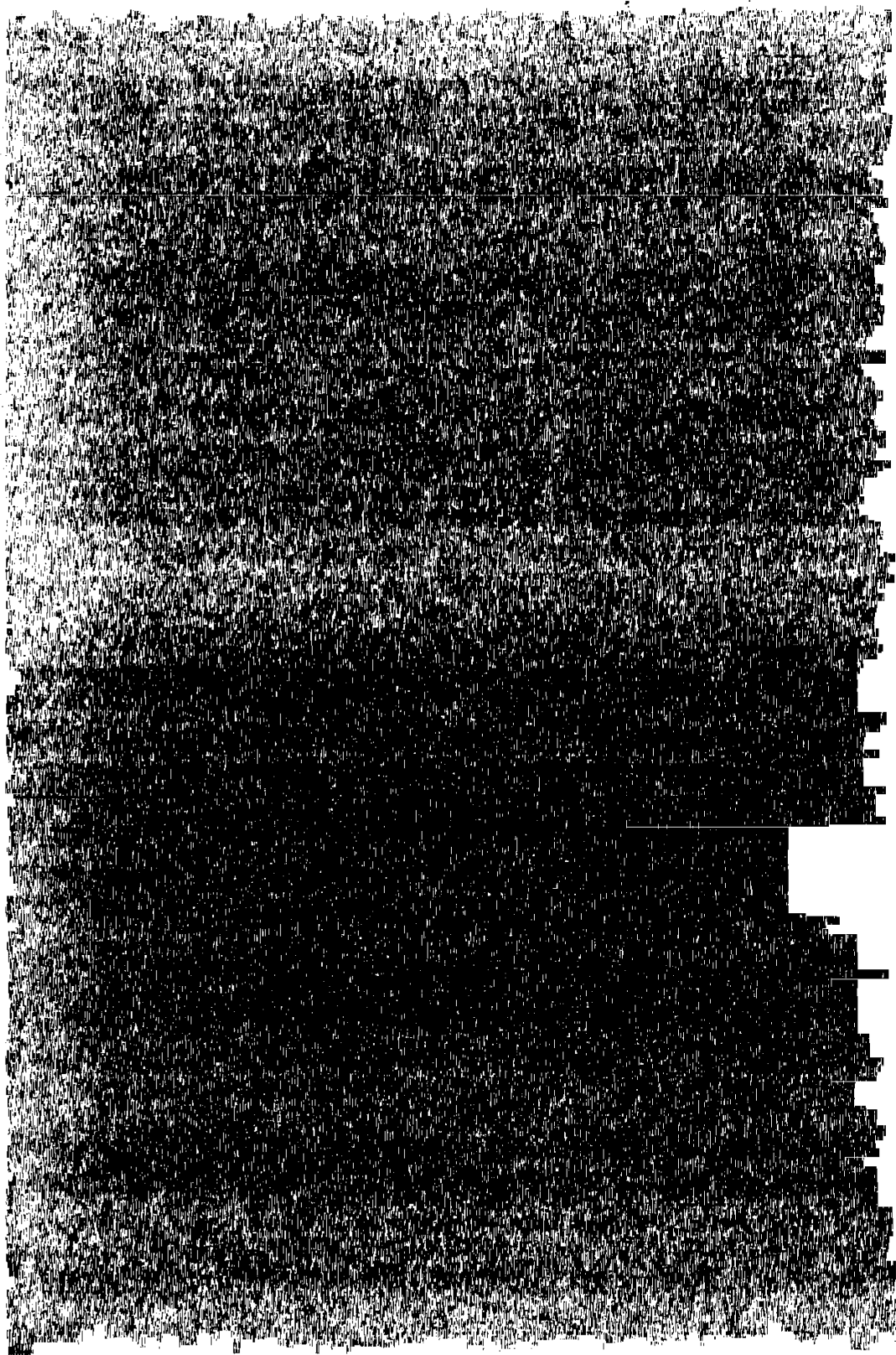
INTRODUCTION

The urinary flow rate is the graphic representation of the integration of the detrusor contraction and outlet resistance.⁹⁸ In assessing whether a flow rate is normal or not, consideration to both age and sex is important. Some have suggested that nomograms be standardized for age and sex, whereas others have demonstrated no differences.³⁴

Some agreement exists about normality because Q_{\max} greater than 15 ml/s is considered unobstructed, whereas, Q_{\max} less than 10 ml/s is considered obstructed.

Gammelgaard described a decline in Q_{\max} from 35 ml/s at the age of 14 years to 15 to 20 ml/s at the age of 50 years⁴⁴. From the studies on younger normal persons one to two decades ago, one can deduce that Q_{\max} declines 1 to 2 ml/s/5 years and to a certain degree depends on the voided volume.⁹⁸





AIM OF THE WORK

The aim of this study was to establish normal reference ranges for the maximum and average urine flow rates over a wide range of voided volumes and in the form of nomogram charts for Egyptian males of different age groups.

