## Blood Conservation During Anaesthesia for Major Vascular Surgery

### Essay

Submitted for the Partial Fulfillment of Master Degree

In

Anaesthesia and Intensive Care

Presented by

Ahmed Ali El-Shebiny

(M.B.,B.Ch.)

Supervised by

Prof. Dr. Mohamed Reda Abdel Gawad
Professor of Anaesthesia and Intensive Care
Frontier of Modising Air Shame Hairanita

Faculty of Medicine - Ain Shams University

**Prof. Dr. Nehal Gamal El-Din Nooh**Professor of Anaesthesia and Intensive Care
Faculty of Medicine - Ain Shams University

**Ass. Prof. Dr. Mohamed Ali Zaghloul**Assistant Professor of Anaesthesia and Intensive Care
Faculty of Medicine - Ain Shams University

Faculty of Medicine Ain Shams University

1995





### Acknowledgement

I would like to express my deep gratitude to Professor Dr. **Mohamed Reda Abdel Gawad,** Professor of Anaesthesia and Intensive Care, Ain Shams University, for granting me the privilege of working under his supervision and for his encouragement and great support.

I would like to thank Professor Dr. **Nehal Gamal El-Din Nooh**, Professor of Anaesthesia and Intensive Care, Ain Shams University, for her remarkable help and eminent guidance.

I am also deeply indebted to Dr. **Mohamed Zagloul**, Assistant Professor of Anaesthesia and Intensive Care, Ain Shams University, for his generous cooperation, patience, constructive criticism and for his generosity with his time.

Lastly I would like to express my sincere gratitude to all my professors in Anaesthesia **Department** and to all my colleagues who have participated in the planning and preparation of this study.

Ahmed El-Shebiny

To
My
Family

### Contents

	Pa	ıge No
*	Introduction and Aim of the Work	1
*	Tolerance to acute blood loss and acute	
	haemodilution	4
*	Minimizing blood loss	
	a. Posture	22
	b. Tourniquets	24
	c. Diathermy	27
	d. LASER	30
	e. Local infiltration of sympathomimetics	39
	f. Induced hypotension	43
	g. Antifibrinolytics	63
*	Replacement of blood loss	
	a. Homologous blood transfusion	66
	b. Autologous blood transfusion	79
	c. Red cell substitutes	92
	Perfluorocarbon emulsions	92
	Stroma free haemoglobin solution	96
	d. Plasma volume expanders	99
*	Summary	103
*	References	105
*	Arabic Summary	

	List of Tables	
	P	age No.
Table (1)	Classification of degrees of shock	. 5
Table (2)	Dysrhythmogenic doses of various	
	vasopressors for halothane and	
	isoflurane anaesthesia	. 42

### List of Figures

	Pag	e No.
Fig. (1)	Effect of haemorrhage on cardiac	
	output and arterial blood pressure	5
Fig. (2)	The relationship between haematocrit,	
	whole blood viscosity and oxygen	
	delivery to the tissues	19
Fig. (3)	Sites of action of drugs inducing	
	hypotension	49
Fig. (4)	Correlation between the time, during	
	and after citrated whole blood infusion	
	and serum ionized calcium	75
Fig. (5)	Changes in blood parameters during	
	surgery in autotransfused patients	
	and control	83
Fig. (6)	Mean red blood cell mass of blood	
	units donated by autologous donors	88
Fig. (7)	Cumulative red cell volume procured	
	per patient with placebo and	
	erythropoletin treatment	90
Fig. (8)	Oxygen content in volume % versus	
	Po <sub>2</sub> for blood with haematocrit 40%,	
	haemoglobin in solution 7 gm/dl and	
	P.F.C. emulsions with fluorocrit 20%	94

# Introduction & Aim of the Work \*

### Introduction

Blood conservation during major surgery, particularly vascular surgery, has gained much importance nowadays as it adds great benefits to the patients by reducing their demands of homologous blood transfusion, preventing exposure to its adverse effects.

Blood conservation also prevents rapid depletion of blood bank stores, particularly for those patients with rare blood groups and for those whose moral scruples prevent them from, willingly, accepting donor blood.

Blood conservation depends on close co-operation between anaesthesiologists, haematologists and surgeons.

Anaesthesiologists can contribute by using techniques that reduce the amount of blood loss as hypotensive technique and managing complications of other techniques as tourniquet, posture sympathomimetic infiltration, and also maintaining normal blood volume and adequate tissue perfusion.

Transfusion of stored homologous blood may be followed by altered haemoglobin affinity for oxygen, acid-base imbalance, citrate toxicity, micro-emboli, elevation of

Introduction

serum potassium and phosphate, impaired antibacterial defences and transmission of diseases.

As a way to avoid hazards of homologous blood, many patients are turned to autologous blood donation and retransfusion especially with operations that involve considerable blood loss.

Interests in the use of operative blood salvage have increased recently.

As an alternative to human-derived blood components, substitutes and alternate sources are being investigated. Although it will take many years before widespread human use, marked progress has been made over the last few years.

Introduction 9

### Aim of The Work

The aim of this essay is to study and discuss many factors for the decline in the amount of blood transfused intra- and post-operatively in major surgical procedures. These include; decreasing blood loss by delibrate hypotension, local vasopressors, posture and application of surgical techniques as diathermy, torniquet and recently laser photocoagulation and replacing blood loss by homologous blood (whole or specific components) or autologous blood with pre-operative phlebotomy and haemodilution or blood salvage and reinfusion (either intra- or post-operative), mentioning in brief the ideas of different devices. Recent advances are going on to replace blood by other oxygen-carrying synthetic compounds.

### Tolerance to Acute Blood Loss and Acute Haemodilution

### Tolerance to Acute Blood Loss and Acute Haemodilution I. Hypovolaemia

Hypovolaemia is a common clinical problem. It is a result of imbalance between the blood volume and the capacity of the circulation causing impaired tissue perfusion, and haemorrhage is the most common cause of hypovolaemic shock.

Loss of fluid reduces venous return, decreasing right atrial filling pressure and thus cardiac output. The resulting hypotension is countered by the baroreceptors, which increase heart rate, induce vaso- and venoconstriction.

Approximately 10% of the total blood volume can be removed with no significant effect on either arterial blood pressure or cardiac output. Usually arterial blood pressure is maintained untill approximately 20% of blood volume is lost but cardiac output is diminished by about 30%, thereafter it decreases progressively. Fig. (1) shows the relationship between blood loss and both cardiac output and arterial blood pressure. Any drug that attenuates vasoconstriction or tachycardia (e.g. anaesthetic agents or  $\beta$ -blockers) results in early hypotension.

Tolerance to Acute Blood Poss

Obviously, all degrees of shock can result from haemorrhage from mildest diminishment of cardiac output to almost complete cessation of output (Guyton, 1991).

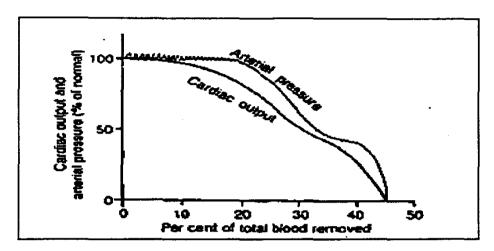


Fig. (1): Effect of haemorrhage on cardiac output and arterial pressure

Table (1): Classification of degrees of blood loss

%Blood loss		Blood Pressure	S. & S.
Compensated	10-15%	Normal	Dizziness, palpitation,
			tachycardia
Mild	15-30%	Slight decrease	+ Thirst, sweating,
			weakness
Moderate	30-35%	70-80 mmHg	+ Restlessness, pallor.
			oliguria.
Severe	35-40%	50-70 mmHg	+ severe pallor cyanosis
			collapse
Profound	40-50%	< 50 mmHg	+ Collapse, air hunger,
			anuria.

Tolerance to Acute Blood Loss