

Comparative study between traditional increasing heparin dose versus the use of fresh frozen plasma in management of heparin resistance

Thesis

Submitted for Partial Fulfillment of M.D. Degree In Anesthesiology

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Acknowledgments

First of all, all gratitude is to **ALLAH** for blessing this work until it has reached its end, as a part of his generous help throughout my life.

I would like to express my deepest gratitude to **Prof. Dr. Bahaa Eldin Ewees Hassan** Professor of Anesthesia and intensive Care, Faculty of Medicine - Ain Shams University, for the great support and encouragement he gave me throughout the whole work. It is an honor to work under his guidance and supervision.

I also wish to thank **Prof. Dr. Ahmed Nagah El-Shaer** professor of Anesthesia and intensive care, Faculty of Medicine - Ain Shams University, for his kind guidance and revision for the whole work

This work would have never been completed without the great help, close supervision offered by **Dr. Hany Victor Zak** Lecturer of Anesthesia and intensive Care, Faculty of Medicine - Ain Shams University.

I am deeply indebted to **Dr. Marwa Ahmed Khairy** Lecturer of Anesthesia and intensive Care, Faculty of Medicine - Ain Shams University, for her close observation and faithful advices.

Ahmed Shehata

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List of Abbreviation

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ABW	Adjusted Body Weight
ACT	Activated Clotting Time
aPTT	activated partial thromboplastin times
AT	antithrombin
DTI	Direct Thrombin Inhibitor
DVT	Deep venous thrombosis
H-AT	heparin-antithrombin
HIT	Heparin Induced Thrombocytopenia
HIV	Human Immunodeficiency Virus
IBW	Ideal Body Weight
ICU	Intensive Care Unit
ISMP	Institute for Safe Medication Practices
IU	International unit
IV	Intra venous
FFP	Fresh Frozen Plasma

fVa	Activated factor V
fXa	activated factor X
h	hour
Kg	Kilogram
mL	Milli – liter
PF4	Platelets factor four
SD	Standard Deviation
TBW	Total Body Weight
TFPI	tissue factor pathway inhibitor
U	unit
UFH	Unfractionated heparin



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Introduction

Introduction

Heparin is a sulfated polysaccharide with a molecular weight range of 3000 to 30 000 Da (mean, 15 000 Da). It produces its major anticoagulant effect by inactivating thrombin and activated factor X (factor Xa) through an antithrombin (AT)-dependent mechanism (Bentolila et al., 2008).

Traditionally, unfractionated heparin has been indicated for the treatment or prevention of spontaneous or iatrogenic (medical procedure-induced) venous or arterial thromboembolism (clotting). Heparin therapy has been demonstrated to be effective in reducing morbidity and mortality associated with established thromboembolism (eg, deep venous thrombosis, pulmonary embolism) and in reducing the risk of thrombus formation (eg, myocardial infarction, unstable angina, coronary angioplasty) (**Segal, 2007**).

Heparin is given parentrally because it is not absorbed from the gut, due to its high negative charge and large size. Heparin can be injected intravenously or subcutaneously. Intramuscular injections are avoided for