

**EARLY DIAGNOSIS OF NEONATAL
BACTERIAL SEPSIS USING 16s rRNA
BY POLYMERASE CHAIN REACTION**

Thesis

*Submitted for Partial Fulfillment
of Master Degree in **Pediatrics***

By

Mohammed Abd Allah Mohammed
M.B.B.Ch., 1998

Under Supervision of

Professor Dr. Mohamed Samy El Shemy

*Professor of Pediatrics
Faculty of Medicine
Ain Shams University*

Professor Dr. Nebal Medhat Darwish

*Professor of Microbiology and Immunology
Faculty of Medicine
Ain Shams University*

Dr. Ghada Ibrahim Gad

*Lecturer of Pediatrics
Faculty of Medicine
Ain Shams University*

**Faculty of Medicine
Ain Shams University
2010**

التشخيص المبكر لتلوث الدم البكتيري في الأطفال
حديثي الولادة بالكشف عن ١٦ اس للحامض
النوي الريبوسومي بطريقة التفاعل البوليميري
المتسلسل

رسالة

توطئة للحصول على درجة الماجستير
في طب الأطفال

مقدمه من

الطبيب/ محمد عبد الله محمد
بكالوريوس الطب والجراحة
١٩٩٨

تحت إشراف

الأستاذ الدكتور/ محمد سامي الشيمي
أستاذ طب الأطفال
كلية الطب - جامعة عين شمس

الأستاذ الدكتور/ نبال مدحت درويش
أستاذ الميكروبيولوجي والمناعة
كلية الطب - جامعة عين شمس

د/ غادة إبراهيم جاد

مدرس طب الأطفال
كلية الطب - جامعة عين شمس

كلية الطب
جامعة عين شمس

Acknowledgment

*All Thanks for **ALLAH** creator of all, for helping me to achieve this work,*

*I would like to express my profound gratitude and deep appreciation to **Prof. Dr. Mohamed Samy El Shemy**, Professor of pediatrics Faculty of Medicine, Ain Shams University, for his kind help, continuous encouragement and Sincere advice all through this work,*

*It is difficult for me to express my deep appreciation and my great thank to **Prof. Dr. Nebal Medhat Darwish**, Professor of Microbiology and Immunology Faculty of Medicine, Ain Shams University, for her unlimited help, keen supervision and advice to over-come all the obstacles and to make the accomplishment of this work possible.*

*I would like to appreciate the great help of **Dr. Ghada Ibrahim Gad**, Lecturer of Pediatrics, Faculty of Medicine, Ain Shams University, for her assistance, guidance and sincere supervision throughout this work,*

Finally, I would like to thank my family and every one who helped and supported me in one way or another to complete this work,



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَأَنْزَلَ اللَّهُ عَلَيْكَ الْكِتَابَ
وَالْحِكْمَةَ وَعَلَّمَكَ مَا لَمْ تَكُنْ تَعْلَمُ
وَكَانَ فَضْلُ اللَّهِ عَلَيْكَ عَظِيمًا

صدق الله العظيم
سورة النساء
آية (١١٣)

LIST OF CONTENTS

| Title | Page No. |
|---|------------|
| <i>List of Abbreviations.....</i> | <i>I</i> |
| <i>List of Tables.....</i> | <i>III</i> |
| <i>List of Figures.....</i> | <i>IV</i> |
| Introduction..... | 1 |
| Aim of the work..... | 4 |
| <u>Review of Literature</u> | |
| • Neonatal sepsis | 5 |
| • Protein synthesis | 54 |
| Subjects and methods | 64 |
| Results..... | 73 |
| Discussion..... | 89 |
| Summary..... | 105 |
| Conclusion and recommendation | 108 |
| References..... | 110 |
| Arabic Summary..... | — |

LIST OF ABBREVIATIONS

| Abbreviation | Description |
|---------------|--|
| AFIS | Amniotic Fluid Infection Syndrome |
| ALT | Alanine aminotransferase |
| AST | Aspartate aminotransferase |
| C B C | Complete blood count |
| C R P | C-reactive Protein |
| C.N.S | Central nervous system |
| C3 | Complement 3 |
| c3a | activated complement product |
| CMV | Cytomegalovirus |
| CONS | Coagulase - negative staphylococci |
| CSF | Cerebro- Spinal Fluid |
| CSI | Clinically suspected infection |
| CT | Computed tomography |
| DIC | Disseminated intravascular coagulopathy |
| DNA | Deoxyribonucleic Acid |
| e. g | example gradient |
| EOS | Early onset sepsis |
| ESR | Erythrocyte sedimentation rate |
| FDA | Food and Drug Administration |
| GBS | Group B Streptococci |
| G-CSF | Granulocyte Colony Stimulating Factor |
| GIT | Gastrointestinal tract |
| GM-CSF | Granulocyte macrophage Colony Stimulating Factor |
| Hb | Hemoglobin |
| HIV | Human immune deficiency virus |
| I/T | Immature-to-Total |
| I\M | Immature \ mature neutrophil ratio |
| IAP | intrapartum antibiotics prophylaxis |
| ICAM-1 | Intracellular adhesion molecule -1 |
| Ig | Immunoglobulin |
| IL-2r | Soluble interleukin-2 receptor |
| IL-6 | Interleukin - 6 |
| IL-8 | Interleukin - 8 |
| IUGR | Intrauterine growth retardation |
| IV IG | Intravenous immunoglobulin |
| LBW | Low birth weight |

LIST OF ABBREVIATIONS (Cont...)

| Abbreviation | Description |
|---------------------|---|
| LOS | Late onset sepsis |
| LPS-A | Lipopolysacharide-A |
| MODS | Multiple organ dysfunction syndrome |
| MPV | Mean platelet volume |
| mRNA | Messenger Ribonucleic acid |
| NEC | Necrotizing enterocolities |
| NICU | Neonatal intensive care unit |
| PCR | Polymerase chain reaction |
| PCT | Procalcitonin |
| PDW | Platelet distribution width |
| PGE1 | ProstaglandinsE1 |
| PMNs | Polymorphnuclear leucocytes |
| PROM | Premature rupture of membrane |
| PT | Prothrombin Time |
| PTT | Partial thromboplastin time |
| RBCs | Red blood cells |
| RDS | Respiratory distress syndrome |
| RNA | Ribonucleic acid |
| rRNA | Ribosomal ribonucleic acid |
| rTFPI | Recombinant tissue factor pathway inhibitor |
| S.D | Standard deviation |
| SIRS | Systemic inflammatory response syndrome |
| TFPI | Tissue factor pathway inhibitor |
| TNF- a | Tumor necrosis factor - alpha |
| TPN | Total parenteral nutrition |
| tRNA | Transfer RNA |
| UTI | Urinary tract infection |
| WBCs | White blood cells |

LIST OF TABLES

| Tab. No. | Title | Page No. |
|--------------------|--|----------|
| Table (1): | Neonatal infection by age of onset | 8 |
| Table (2): | Bacterial causes of systemic neonatal infections..... | 20 |
| Table (3): | Non-bacterial causes of systemic neonatal infections | 21 |
| Table (4): | Difference between normal cerebro-spinal fluid values and neonatal bacterial meningitis values | 28 |
| Table (5): | Hematological scoring system for early diagnosis of neonatal sepsis..... | 31 |
| Table (6): | Sepsis score; examination of clinical and hematological symptoms in neonatal sepsis | 40 |
| Table (7): | Types of ribosomal RNA..... | 57 |
| Table (8): | Results of blood culture and 16s rRNA PCR of the studied neonates..... | 75 |
| Table (9): | Comparison between newborns with proven sepsis and those with clinically suspected infection (CSI) as regards various demographic and clinical data. | 79 |
| Table (10): | Comparison between newborns with proven sepsis and clinically suspected infection (CSI) as regards clinical sepsis criteria..... | 80 |
| Table (11): | Comparison between newborns with culture proven sepsis group and clinically suspected infection (CSI) group as regards laboratory data..... | 81 |
| Table (12): | Comparison between proven sepsis and clinically suspected infection (CSI) neonates regarding some demographic and laboratory investigation..... | 82 |
| Table (13): | Relation between blood culture and 16s rRNA PCR results..... | 86 |

LIST OF FIGURES

| Fig. No. | Title | Page No. |
|---------------------|--|----------|
| Figure (1): | Pathophysiological changes of septicemia | 11 |
| Figure (2): | Petechiae of neonatal sepsis present around the neck and over the chest | 26 |
| Figure (3): | Immunofluorescent picture of acridine orange test | 29 |
| Figure (4): | Structure of Prokaryotic ribosomes | 58 |
| Figure (5): | Diagrammatic representation of the way in which genetic information is translated into protein | 62 |
| Figure (6): | Results of blood culture and 16s rRNA PCR | 76 |
| Figure (7): | Distribution of clinical manifestations in group A (proven sepsis) | 77 |
| Figure (8): | Distribution of clinical manifestations in group B clinically suspected infection (CSI) | 78 |
| Figure (9): | The relation of maternal chorioamnionitis and 16s rRNA PCR | 83 |
| Figure (10): | The relation of C-reactive protein and 16s rRNA PCR | 84 |
| Figure (11): | The relation of 16s rRNA PCR and outcome (Survivors and non- Survivors) | 85 |
| Figure (12): | The relation of Blood culture and 16s rRNA PCR | 87 |
| Figure (13): | The result of 16s rRNA using PCR | 88 |

INTRODUCTION

Infections including neonatal sepsis are still an important cause of neonatal morbidity and mortality despite development of broad spectrum antibiotics and technical advances in life support therapy. Factors which contribute to the high susceptibility of neonates to infection include; prematurity (influences of very low birth weight and also immune immaturity), maternal genital colonization, transplacental spread following maternal infection, traumatic delivery, invasive procedures such as arterial or umbilical catheterization and underlying problems such as heart disease or hyaline membrane disease (*Hodge et al., 1998*).

Early diagnosis and treatment are crucial to improvement in prognosis of neonatal sepsis. Clinical findings are usually nonspecific and indistinguishable from those caused by a variety of neonatal non-infective disorders. Therefore, sensitive and specific markers are needed that reliably identify truly infected neonates at earliest stage of the disease (*Kuster et al., 2001 and Ehrlich, 2002*).

Laboratory indicators, such as complete blood cell count, ratio of immature to total neutrophils and C-reactive protein do not have high sensitivity, especially if measured early in the course of sepsis. Currently, blood culture is considered the gold standard for diagnosis of bacterial sepsis (*Kuster et al., 2001 and Ruppenthal et al., 2005*).

The common approach is to start antimicrobial therapy to all infants with clinical or laboratory signs of blood infection as well as to infants with high risk of early onset sepsis. However, the results of blood culture are not available before 48-72 hours. Therefore, faster and more specific tests are required to avoid the inappropriate use of antibiotics which have been implicated in the development of multiresistant bacterial strains in hospitals (*Terrone et al., 1999 and Ruppenthal et al., 2005*).

Molecular techniques such as polymerase chain reaction (PCR) have been used successfully to identify a wide range of organisms, including bacteria, yeasts, viruses, and protozoa. Unlike culture, these types of assays do not require growth of an organism for detection. This technology has proven to be quite useful in diagnosing non culturable pathogens like human parvovirus B19 or human papillomavirus and has the potential for excellent sensitivity. Recently, bacterial DNA consensus sequences, e.g., the 16s rRNA gene, have been identified to define an organism as a bacterium. With such sequence information available, numerous DNA primers and probes have been described for use in PCR based assays to diagnose bacterial sepsis (*Jordan and Durso, 2005*).

The 16s rRNA (ribosomal RNA) when translated is the small subunit of the ribosome in Prokaryotes. The majority of research on the microbial populations of biomining microorganisms has focused on the analysis of the 16s rRNA gene. Determining the 16s rRNA gene of a microorganism has

Introduction

become a routine part of phenotypic characterization and has replaced many culture based techniques. As the ribosome is essential to cellular function the gene remains highly conserved and can be used to determine the evolutionary relatedness of microorganisms (*Amann et al., 2008*).

AIM OF THE WORK

The aim of the present work is to study 16s rRNA using PCR as a rapid and early marker for diagnosis of neonatal bacterial sepsis. This may help to decrease the use of antibiotics and total neonatal intensive care unit length of stay.

NEONATAL SEPSIS

Definition

The terms neonatal sepsis, sepsis neonatorum and neonatal septicemia have been used to describe the systemic response to infection in newborn infants. Previously, it was considered to involve mainly bacterial infections. However, it is now known that a great variety of microbes other than bacteria may be responsible (*Gomella et al., 2010*).

Certain definitions or terms are used to describe patients with various manifestations of sepsis, **(a) Infection:** Microbial phenomenon characterized by an inflammatory response to the presence of microorganisms (bacteria, viruses, parasites, fungi) or the invasion of normally sterile host tissue by other organisms; **(b) Bacteremia:** The presence of viable bacteria in the blood; **(c) Systemic inflammatory response syndrome (SIRS):** The systemic response to a variety of severe clinical insults (infection, trauma, burns). The response is manifested by two or more of the following: temperature $>38^{\circ}\text{C}$ or $<36^{\circ}\text{C}$, heart rate >2 standard deviations above normal for age, respiratory rate >2 standard deviations above normal for age, leucocytic count > 21.000 cells/mm³, < 4000 cells/mm³, or 10% band forms; **(d) Sepsis (SIRS plus infection):** The systemic response to infection, **(e) Severe sepsis:** Sepsis associated with organ dysfunction, hypoperfusion or hypertension; **(f) Septic Shock:** Sepsis associated with hypotension despite adequate fluid resuscitation in