Recent Updates Concerning Co-morbid Cognitive Function Affection in Epilepsy Therapy

Submitted For Partial Fulfillment of Master Degree of Neuropsychiatry

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التحديثات الأخيرة فيما يتعلق بتأثر الوظائف المعرفية في علاج الصرع

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SUMMARY

Epilepsy is a complex set of brain disorders, with epileptic seizures being the quintessential defining element. The association between epilepsy plus or minus its therapy and mental functions has been a matter of mystification and controversy for centuries. More research has revealed the complexity of this relation with involvement of neurological, neuropsychological and psychosocial factors. The newly proposed ILAE definition for epilepsy is: A disorder of the brain characterized by an enduring predisposition to generate epileptic seizures and by the neurobiological, cognitive, psychological and social consequences of this condition.

The treatment of epilepsy is not restricted to the remission of seizures. In the last decade it has been recognized the importance of identifying and managing comorbid medical and psychiatric disorders with epilepsy therapy. Publications in the last two years reflect the increased interest in these problems.

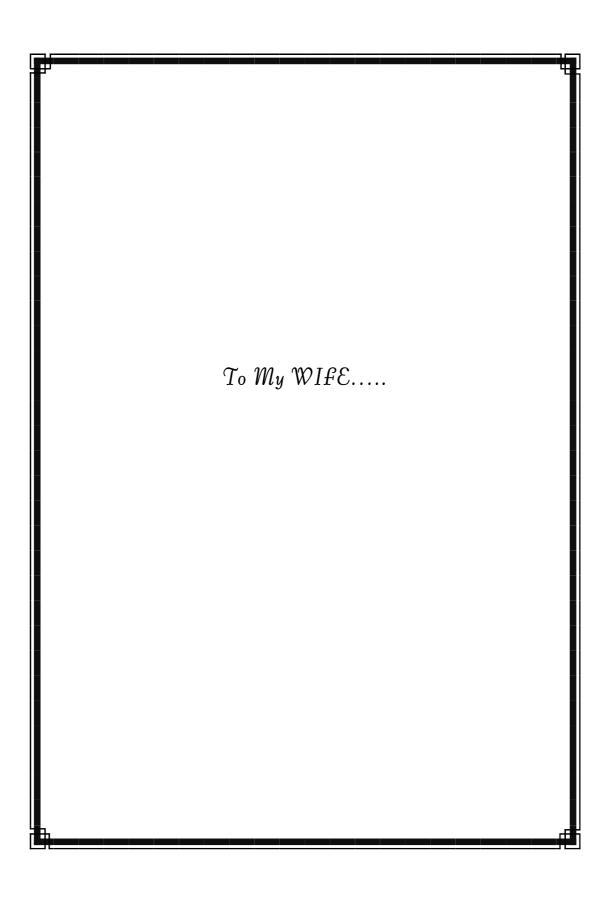
The most widely used classification; proposed by the ILAE regards epileptic seizures as generalized or partial and for epilepsy syndromes as idiopathic, symptomatic and cryptogenic. Where Epilepsy syndromes that don't impair cognitive functions or development are often described as benign epilepsy syndromes.

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To them all; I dedicate this work

And to GOD, who made all things possible

List of Abbreviations

ACTH: Adreno Cortico Tropic Hormone.

AD : Alzheimer Disease.

ADHD: Attention Deficient Hyperactive Disorder.

AEDs: Anti-Epileptic Drugs.

AMPA: Amino-3-hydroxy-5-Methyl-4-Isoxazole Propionic Acid.

ASDs: Autistic Spectrum Disorders.

BECT: Benign Childhood Epilepsy with Centro-Temporal (Rolandic).

BZD: Benzodiazepine.

CAM : Complementary and Alternative Medicine.

CBZ: Carbamazepine.

CDKL5 : Cyclin-Dependent Kinase-Like 5.

CED : Convection-Enhanced Delivery.

CNS: Central Nervous System.

COX-2 : CycloOXygenase 2.

CPT: Continuous Performance Task.

CRMP-2 : Collapsin Response Medicate protein-2.

CSE: Convulsive Status Epilepticus.

CSF: CerebroSpinal Fluid.

DBS: Deep Brain Stimulation.

DZP: Diazepam.

EEG : ElectroEncephaloGraphy.

EMEA: European Medicines Agency.

EPC: Epilepsia Partials Continua.

ESES: Electrical Status Epilepticus during Sleep.

ESM: Ethosuximide.

FBM: Felbamate.

FDA : Food Drug Administration.

FMRI: Functional Magnetic Resonance Imaging.

FMRP: Fragile X Mental Retardation Protein.

FXS: Fragile X Syndrome.

GABA: Gamma Amino Butyric Acid.

GBP : Gabapentin.

GCI : General Cognitive Index.

GEFS+ : Generalized Epilepsy with Febrile Seizures plus.

GTCs : Generalized Tonic Clonic seizures.

I.Q. : Intelligence Quotient.

IDDs : Intellectual and Developmental Disabilities.

ILAE: International League Against Epilepsy.

JME : Juvenile Myoclonic Epilepsy.

LCM: Lacosmaide.

LEV: Levetiracetam.

LGS: Lennox-gastaut syndrome.

LMT: Lamotrigine.

LTP: Long term potentiation.

MeCP2: Methyl-CpG binding Protein 2.

mTOR : Mammalian Target Of Rapamycin.

NCSE : NonConvulsive Status Epilepticus.

NMDA: N-Methyl-D-Aspartate.

NO : Nitric Oxide.

OXC: Oxcarbazepine.

PAF : Palatelt Activating Factor.

PB: Phenoparbital.

PET: Positron Emission Topography.

PGB: Pregabalin.

PHT: Phyenytoin.

PIAT: Peabody Individual Achievement.

PRM: Primidone.

PRSE: Prolonged Refractory Status Epilepticcus.

PWEs: Patients With Epilepsies.

RSE: Refractory Status Epilepticus.

rTMS: : Repetitive Trans-Magnetic Stimulation.

RTT : Rett syndrome.

RUF: Rufinamide.

SE: Status Epilepsticus.

SMA : Supplementary Motor Area.
 SPA : Seizure Prediction Algorithm.
 TCI : Transient Cognitive Impairment.
 TCS : Tuberous Sclerosis Complex.

TGB: Tiagabine.

TLE: Temporal Lobe Epilepsy.

TPM: Topiramte.

VaD : Vascular Dementia.

VGB: Vigabatrin.

VNS: Vagus Nerve Stimulation.

VPA : Valproate.

WAIS: Wechsler Adult Intelligence Scale.

WPPSI : Wechsler Preschool and Primary Scale of Intelligence.WRAML : Wide Range Assessment of Memory and Learning.

WRAT-R : Wide Range Achievement Test.

ZBS: Zonisamide.

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(I)

INTRODUCTION

It is well known that neuropsychological impairment can be associated with chronic epilepsy. This work review a broad lifespan perspective of cognition in epilepsy should include consideration of:

- **a.** Neurobiological factors that antedate the first seizure and influence cognition.
- **b.** Epilepsy-related factors that influence brain growth and cognitive development after epilepsy is diagnosed and treated.
- **c.** Clinical epilepsy and other risk factors associated with poor cognitive prognosis in the context of chronic epilepsy.
- **d.** The modifiable and non-modifiable risk factors that influence cognitive aging in the general population (*Hermann and Seidenberg 2007*).

Neuronal excitability is determined by the flux of ions through ion channels. Many types of ion channels are expressed in the central nervous system, each responsible for its own aspect of neuronal excitability, these mechanisms are tightly regulated to create a balance between excitation and inhibition. Disruption of this balance is thought to be the key in many neurological disorders, including epilepsy syndromes (*Mizielinska*, 2007).

Epilepsies are characterized by recurrent seizures, which can cause motor, sensory, cognitive, psychic or autonomic disturbances. The seizures themselves are the clinical manifestation of an underlying transient abnormality of cortical neuronal activity, and the phenotypic expression of each seizure

is determined by the point of origin of the hyperexcitability and its degree of spread in the brain. By convention, the diagnosis of epilepsy requires that the patient has had at least two unprovoked seizures (*Steinlein*, 2004).

Epileptogenesis, the transformation of the brain to a long-lasting state characterized by recurrent seizures, can occur due to genetic or acquired mechanisms (*Acharya*, 2002).

Proportion of incidence cases according to seizure type showed that the most common epileptic variants are complex partial type followed by generalized tonic clonic and Absence types (*Sridharan*, 2002).

This work will review also the anatomy and circuitry of skills that, like reading, calculating, recognizing, or remembering, are common abilities of humans. While the anatomical areas active are unique to each skill. There is considerable plasticity to the performance of skills. Practice may change the size or number of brain areas involved and alter the pathways used by the skill (*Posner et al.*, 1997).

Regions specialized for learning/memory (i.e., plasticity) are most prone to seizures. In thinking about brain regions that are particularly seizure prone, we tend to focus on neocortical regions and particularly hippocampus, precisely those parts of the