## Multidrug Resistance 1 Gene Polymorphisms in Inflammatory Bowel Disease

#### Thesis.

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#### **Abstract**

**Introduction:** Inflammatory bowel disease (IBD) comprises Crohn's disease (CD), ulcerative colitis (UC) and indeterminate colitis (IC). It is characterized by recurrent episodes of inflammation in the gastrointestinal tract. Among the genes regulating innate immunity is a member of adenosine triphosphate binding cassette superfamily which is also known as multidrug resistance1 (MDR1).

**Aims:** The aim of the present study is to investigate the MDR1 gene polymorphisms in patients with IBD and to study their association with the clinical course of the disease, its severity, prognosis and response to treatment.

**Methodology:** This study was conducted on 60 IBD patients recruited from the IBD Clinic of Tropical Medicine Department at Ain Shams University Hospital, in addition to 50 apparently healthy subjects serving as control group. Informed consents were obtained from all subjects before enrollment in the study according to the Ethical Committee of Faculty of Medicine, Ain Shams University.

**Results:** Subjects included in this study were classified into the following groups:

Group I: IBD Patients' Group (n=60): This group included sixty (60) adult patients with IBD. They included 50 UC patients and 10 CD patients. They were 16 males and 44 females. The mean age of the group was  $(31.7 \pm 7.2)$  years.

Group II: Healthy Control Group (n=50): This group included fifty (50) age and sex-matched apparently healthy subjects with normal relevant laboratory tests serving as a healthy control group. They were 19 male and 31 female. The mean age of the group was  $(32\pm 6.7)$  years.

**Conclusion:** The study proved that MDR1 SNPs (C3435T, G2677T and C1236T) are involved in IBD predisposition as well as associated with disease severity and response to GCs therapy.

**Keywords:** MDR1, Resistance 1 Gene Polymorphisms, Inflammatory Bowel Disease.



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# **List of Abbreviations**

Abbrev.	Meaning
ABCB1	ATP binding cassette subfamily B member 1
ALL	Acute lymphoblastic leukaemia
ASCA	Anti- saccharomyces cerevisiae antibody
CBC	Complete blood count
CD	Crohn's disease
CDAI	
_	Crohn's disease activity index
СНО	Chinese Hamester ovary
CI	Confidence interval
CRP	C- Reactive protein
CT	Computed Tomography
<b>CYP 450</b>	Cytochrome p 450
DDI	Drug- drug interaction
dNTPs	Deoxynucleotide triphosphates
<b>EDTA</b>	Ehylenediaminetetraacetic acid
<b>ELISA</b>	Enzyme linked immunosorbent assay
<b>ESR</b>	Erythrocyte sedimentation rate
FC	Fecal calprotectin
GCs	Glucocorticoids
GIT	Gastrointestinal tract
HLA	Human leucocyte antigen
IBD	Inflammatory Bowel Disease
IBS	Irritable bowel syndrome
IC	Indeterminate colitis
Ig A	Immunoglobulin A
IL	Interleukin
INF-γ	Interferon gamma

### List of Abbreviations

**MDR1** Multidrug resistance 1 gene

MHC Major Histocompitability Complex

MRI Magnetic resonance imaging

**NF-KB** Nuclear factor kappa beta

**NOD2** Nucleotide binding oligomerization domain 2

**NPV** Negative predictive value

**NSAID** Non steroidal anti inflammatory drugs

**OR** ODDs ratio

**P-ANCA** Anti-neutrophil cytoplasmic antibody, perinuclear

pattern

**PBMC** Peripheral blood mononuclear cells

**PCR** Polymerase chain reaction

**PCR-** PCR-Restriction Fragment Length Polymorphism

**RFLP** 

**P-gp** Permeapility glycoprotein

**POCT** Point of care test

**PPV** Positive predictive value

**RA** Rheumatoid arthritis

**Rs** Reference sequence

**SD** Standard deviation

SL Stool lactoferrin

**SNPs** Single nucleotide polymorphisms

**TH1** T- helper 1 cell

TH2 T- helper 2 cell

**TH17** T- helper 17 cell

TLC Total leucocytic count

**TNF-**α Tumor necrosis factor alpha

**UC** Ulcerative Colitis

**UGIT** Upper gastrointestinal tract

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### Introduction

Inflammatory bowel disease (IBD) comprises Crohn's disease (CD), ulcerative colitis (UC) and indeterminate colitis (IC). It is characterized by recurrent episodes of inflammation in the gastrointestinal tract (Bodor et al., 2005 and Molodecky et al., 2012).

The pathogenesis of IBD is thought to rely on defective mucosal barrier and dysregulated immune response to a host's microbiota in genetically susceptible individuals (*Hisamatsu et al.*, 2013).

Among the genes regulating innate immunity is a member of adenosine triphosphate binding cassette superfamily which is also known as multidrug resistance1 (MDR1). The encoded product of the MDR1 gene is P-glycoprotein 170 (P-gp). The latter is expressed on epithelial cells of kidney, liver, pancreas, small intestine and colon. Due to its expression on epithelial surfaces of enterocytes and colon, it plays an important role in the secretion of toxic compounds from the intracellular area to extracellular area with its ATP-dependent efflux transporter pump function, in apoptosis and in the immune response. It is thought that the physiologic role of intestinal P-gp might prevent entry of bacterial toxins into the intestinal wall

mucosa and prevent intestinal inflammation. Moreover, alteration of P-gp expression and function due to MDR1 level may contribute to pathogenesis of IBD (*Tahara et al.*, 2014).

Several drugs routinely used in IBD therapy including corticosteroids and immunosuppressants are substrates for P-gp. However, some patients are resistant to these drugs and require surgery. Many studies have suggested that Single nucleotide polymorphisms (SNPs) of MDR1 gene changes the level of expression of P-gp and might be associated with corticosteroid resistance in IBD and contribute to failure of medical treatment in IBD, increasing disease severity and therefore need for surgery (*Brambila*, 2013 and Yanju et al., 2015).

## **Aim of the Work**

The aim of the present study is to investigate the MDR1 gene polymorphisms in patients with IBD and to study their association with the clinical course of the disease, its severity, prognosis and response to treatment.