



# FGF-23 Levels before and after Renal transplantation

# Thesis by

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## **Abstract**

**Background:** Fibroblast growth factor 23 (FGF23), a novel bonederived hormone that inhibits phosphate reabsorption and calcitriol production by the kidney, has uncovered primary regulatory pathways and new systems biology governing bone mineralization, vitamin D metabolism, parathyroid gland function and renal phosphate handling. **Objectives:** Our study investigated FGF-23 levels in patients with endstage renal disease before and after a successful renal transplantation and their probable association with markers of bone and mineral metabolism. **Methods:** 40 patients were studied for 6 months and divided into two groups (hemodialysis vs renal transplantat patients). The estimations of serum FGE23 , calcium, phosphorus, intact parathyroid hormone were performed in both groups. We compared the changes in serum FGF23 , calcium, phosphorus, and intact parathyroid hormone in renal transplant patients 3 and 6 months after successful renal transplantation.

**Results:** The serum FGF23 decreased significantly after renal transplantation. i PTH and P levels also decrease significantly after renal transplantation, while Ca increase.

Conclusion: FGF23 are markedly increased in patients with end stage renal disease associated with increase in phosphorous and i PTH levels. FGF-23 levels decrease dramatically after successful renal transplantation and remain within normal limits when graft function is good.

i PTH and P levels also decrease significantly after renal transplantation, while Ca increase.

Key words: FGF-23, CKD, CRF, Renal transplantation.

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## **LIST OF ABBREVIATIONS**

1,25(OH)2D 1,25dihydroxy vitamin D

25 (OH)D 25dihydroxy vitamin D

**ACEI** Angiotensin converting enzyme inhibitor

**ADHR** Autosomal dominant hypophosphatemic rickets

**ADMA** Asymmetrical diethylarginine

**ADYN** Adynamic bone disease

**ANP** Atrial naturietic peptide

**ARF** Acute renal failure

ARHR Autosomal recessive hypophosphatemic rickets

**ASARM** Acidic, serine and aspartate rich motif

AKI Acute kidney injury

ARHR1 and 2 Autosomal recessive hypophosphatemic rickets, type 1 and 2

BMP Bone morphogenetic protein

BMD Bone mineral denisty

CAR12 Carbonic anhydrase 12

CaCO3 Calcium carbonate

CaXPO4 Calciumxphosphate

CKD Chronic Kidney disease

CKD-MBD Chronic kidney disease: Mineral and bone disorder

**CrCl** Creatinine clearance

**CRF** Chronic renal failure

**CRP** C-reactive protein

I

#### **Abbreviations**

**CSF** Cerebrospinal fluid

**CSR** Calcium-sensing receptor

CV Cardiovascular

CaSR Calcium-sensing receptor

cKL Shedded full-length Klotho

CYP24A1 1,25dihydroxyvitamin D 24-hydroxylase

CYP27B1 25-dihydroxyvitamin D 1-alpha-hydroxylase

DM Diabetes mellitus

DMP1 Dentin matrix protein 1

**ECF** Extracellular fluid

**ENPPI** Ectonucleotide pyrophosphate/phosphdiesterase

**ESRD** End stage renal disease

FDA Food and drug administration

FGF23 Fibroblast growth factor 23

FSGS Focal and segmental glomerulosclerosis

**FGF** Fibroblast growth factor

Fgf23-/- Fibroblast growth factor 23 knockout mice

FGFR Fibroblast growth factor receptor

FD Fibrous dysplasia

GALNT3 Polypeptide N-acetylgalactosaminyltransferase 3

**GFR** Glomerular filtration rate

**GPCR** G-protein coupled receptor

**HD** Hemodialysis

**HFTC** Hyperphosphatemic familial tumoral calcinosis

#### **Abbreviations**

**HPTH** Hyperparathyroidism

**HPT** High turnover osetodystropy

HRH Hyperparathyroidism

IL Interleukin

Klotho-/- Klotho knockout mice

Ksp -KL-/- Distal tubule-specific Klotho knockout mice

**KDIGO Kidney Disease Improving Global Outcomes** 

LAV Left atrial volume

LDL Low density lipoprotein

LTOM Low turnover osteomalacia

LVH Left ventricular hypertrophy

LVMI Left ventricular mass index

**MEPE** Matrix extracellular phosphoglycoprotein

MGP Matrix G1a protein

MUO Mixed uremic osteodystropy

NaPi- II Sodium phosphate cotransporters

NKF National kidney foundation

NO Nitric oxide

NPT2a Sodium phosphate cotransporters

OGD Osteoglophonic dysplasia

**OPN** Osteopontin

PHEX Phosphate-regulating endopeptidase homolg,X-linked

PHPT Primary hyperparathyroidism

PRMT Protein methyltransferase

#### **Abbreviations**

PTG Parathyroid gland

PTH Parathyroid hormone

PTHrP Parathyroid hormone-related peptide

PTH-KL-/- Parathyroid-specific Klotho knockout mice

PTH1R Parathyroid hormone 1 receptor

**RAAS** Renin-Angiotensin-Aldosterone system

RCT Randomized controlled study

**RGD** Arginine glycine aspartate

**RVR** Renal vascular resistance

sFRP4 Secreted frizzled-related protein 4

SIBLING Small integrin binding ligand N-linked glycoprotein

sHPT Secondary hyperparathyroidism

TGF-B Transforming growth factor -3

TIO Tumor induced osteomalacia

TNF Tumor necrosis factor

**US** United states

**USRDS** The united states Renal Data System

VC Vascular calcification

**VDR Vitamin D receptor** 

**VDRE** Vitamin D receptor element

VSMC Vascular smooth muscle cell

**XLHR X linked hypophosphatemic rickets** 

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#### Introduction and aim of the work

- Our understanding of the dramatic changes in bone and mineral metabolism that occur in patients with chronic kidney disease (CKD) has increased with the discovery of the bone-derived hormone fibroblast growth factor 23 (FGF-23).

#### ( *Silver J et al*, 2013)

- -The discovery of fibroblast growth factor 23 (FGF23), a novel bone-derived hormone that inhibits phosphate reabsorption and calcitriol production by the kidney, has uncovered primary regulatory pathways and new systems biology governing bone mineralization, vitamin D metabolism, parathyroid gland function and renal phosphate handling. (*Evenepoel P et al,2007*)
- -As our knowledge expands regarding the regulation and functions of FGF23, the assessment of FGF23 will become an important diagnostic marker as well as a therapeutic target for management of disordered mineral metabolism in a variety of acquired and hereditary disorders. (*Stubbs J et al*, 2007)
- -Disordered phosphate homeostasis with elevated circulating levels of fibroblast growth factor 23 (FGF23) is an early and pervasive complication of CKD. CKD is

likely the most common cause of chronically elevated FGF23 levels, and the clinical condition in which levels are most markedly elevated. (Wolf M,2012)

-Recently, FGF-23 has been suggested to be responsible for the hypophosphatemia and inappropriately low calcitriol levels observed after renal transplantation.

( Evenepoel P et al, 2007)

### Aim of work

The aim of the present prospective study was therefore to investigate FGF-23 levels in patients with end-stage renal disease before and after a successful renal transplantation and their probable association with markers of bone and mineral metabolism.

# Chapter One

Bone and Mineral Metabolism in Chronic Kidney Disease

# Bone and Mineral Metabolism in Chronic Kidney Disease

The chronic kidney disease-bone and mineral disorders (CKD-MBD) represents a dynamic area of research. Recently, new factors such as FGF-23 have been added to the classic list of regulators of bone metabolism, which include calcium, phosphorus, PTH and calcitriol. (*Mejía N et al,2011*)

Vascular calcification, one of the most important complications of CKD-MBD is regulated by a complex variety of promoters and inhibitors. The relationship between vascular calcification, bone loss and mortality, together with the existence of likely common signaling pathways are subject of interesting investigations. (*Mejía N et al,2011*)

In healthy individuals kidneys regulate calcium and phosphorus homeostasis through tubular reabsorption mechanisms. Patients with chronic kidney disease have seriously compromised homeostatic mechanisms, giving rise to different adaptive changes in calcium (Ca), phosphorus (P), parathyroid hormone (PTH), vitamin D and fibroblastic growth factor (FGF-23) levels. (*Torregrosa JV et al*, 2011)

There are various clinical signs, although secondary hyperparathyroidism (SHPT), fractures, bone pain, vascular calcification and cardiovascular events are highlighted as causing lower quality of life with a high morbidity and mortality. (KBS,2005) (Mejía N et al,2011)