Management Modalities for Fractures of Zygomatic Complex and Arch

Thesis

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Abstract

In this study, twenty-five cases with different patterns of fractures of the zygomatic complex and arch were managed using the different modalities of treatment. Most of the fractures were caused by motor vehicle accidents and personal violence.

Fractures were classified according to CT scan findings. The plan of management was aiming for adequate exposure to facilitate adequate reduction and stability.

Assessment of the outcome was done by interpretation of the following: Restoration of facial dimensions and symmetry, stability of fixation, postoperative and follow up imaging (3D facial CT scan), ophthalmic examination including enophthalmos and diplopia, restoration of full mouth opening, presence of complications, visibility of the scars, and patients' satisfaction.

No complications were observed in 16 cases while infraorbital nerve dysfunction was observed in 6 cases, slight enophthalmos in 3 cases, and mild ectropion in 2 cases.

Key words

- Zygoma
- Zygomatic-arch
- Zygomatico-orbital
- Fractures
- Facial
- Reduction
- Fixation
- Management

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