Implication of Bupivacaine volume changes on the duration and rate of complications of femoral and/or sciatic nerve block for lower limb surgery

Thesis

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Aim of work

To study the implication of volume change of Bupivacaine used to block femoral and/or sciatic nerve on the duration of motor and sensory blocks for early ambulation of the patient as well as associated complications.

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List of Abbreviations

ASB anterior approach to the sciatic nerve block

Bpm beat per minute **Cm** centimeter

CNS central nervous system

CVS cardiovascular

DHS Dynamic hip screw

e.g for example
Epi epinephrine
Fe2+ ferrous iron
Fe3+ Ferric iron
gauge

HR heart rate
Hrs hours

HS Highly significant IQR interquartile range

L lumbar

LA Local anaesthetics

Min minute

n % number percentNS Non significant

PABA para-aminobenzoic acid

Paco2 arterial carbon dioxide tension

r correlation coefficient

S sciaticS Significant

SD standard deviation VAS Visual analogue scale

Vs versus yr year

Introduction

The importance of peripheral regional anaesthesia is rapidly growing (*Bleckner and Buckenmaier*, 2007).

A large spectrum of surgical and pain-related cases are managed with peripheral nerve blocks (*Buckenmaier and Bleckner*, 2008).

The most important prerequisites for the use of peripheral regional anaesthesia in the daily clinical practice are success rates and safety. Both issues are closely related to the administered volumes of local anaesthetics (*Latzkel et al.*, 2010).

During the past decades, large volumes of local anaesthetics have been used for peripheral regional anaesthetic techniques to compensate for morphometric methods of nerve identification. Pure landmark-based, surface nerve mapping or nerve stimulation techniques may serve as examples of indirect methods of identification of peripheral nerves. As a consequence, upper limb blocks have been described with volumes up to 70 ml (*Janzen et al.*, 2001), lower limb blocks with volumes up to 40 ml of local anesthetics (*Fanaelli et al.*, 1999) and sciatic nerve blocks are also performed with large

volumes of local anaesthetics, and descriptions vary from 15 to 35 ml (*Greengrass et al.*, 1998 and Taboada et al., 2004).

However, a transiently insensate limb is a well-recognized effect of perineural local anaesthetic infusion (White et al., 2003 and Rodriguez et al., 2006).

It is postulated that an insensate extremity is best minimized during continuous peripheral nerve blocks because insensate limbs may be prone to accidental injury (*Capdevila et al.*, 2006). This concern of injury has resulted in recommendations to protect the surgical extremity in a sling and/or brace and use crutches or walkers (lower extremity surgery) for the duration of infusion (*Boezaart*, 2006). Some have suggested delaying hospital discharge until sensation returns (*Rodriguez et al.*, 2006).

Compared with opioid analgesic, peripheral nerve block provides superior analgesia and improved functional outcomes with a lower incidence of nausea, vomiting, pruritus and sedation. The patient with continuous peripheral nerve blocks also has higher patient satisfaction scores (*Siddiqui et al.*, 2007).

In lower extremities surgery, peripheral nerve block provides a similar degree of analgesia to neuroaxial blockade with less pruritus, hypotension, urinary retention, and lateralization of the blockade to the contralateral side (*Zarik et al.*, 2006 and *Raimer et al.*, 2007).

Compared with single injection peripheral nerve block, continuous peripheral nerve block carries a higher risk of infection (*Raad et al., 2007*), a higher like hood of haematoma formation because of the large caliber of the needle (*Wiegel et al., 2007*), more technical problems related to the placement of the catheter (*Burgher and Hebi, 2007*) and its subsequent infusion period, but probably no difference in the rate of neurological injury (*Wiegel et al., 2007*).