

**The Cytotoxic And Genotoxic Effects Of Nickel
Titanium And Stainless Steel Wires On Buccal
Mucosa Cells Of Orthodontic Patients.
(An In -Vivo Study)**

**A THESIS
Submitted to the Faculty of
Oral and Dental Medicine, Cairo University
in partial fulfillment of the requirements for the
*Doctor's Degree in Orthodontics.***

By

***Hend Salah Hafez ElSayed
B.D.S. (1994), MSc. (2003)
(Cairo University)***

**Department of Orthodontics
Faculty of Oral and Dental Medicine
Cairo University
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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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{ ...And they will never compass anything of His Knowledge except that which He wills. His Kursi extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great.}

[Verse 2:255]

SUPERVISORS

Dr. Faten Hussein Kamel Eid

Professor of Orthodontics

***Faculty of Oral and Dental Medicine,
Cairo University***

Dr. Essam Mohamed Nassef Selim

Professor of Orthodontics

***Faculty of Oral and Dental Medicine,
Cairo University***

Dr. Wael Attia Tawfik

Assistant Professor of Orthodontics

***Head of the Orthodontics and Pedodontics Department,
National Research Center, Cairo***

DEDICATION

*With all humbleness and gratitude,
I dedicate this work to my supportive and loving family.*

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INTRODUCTION

Within the dental field, a large array of materials is used intraorally. These range from polymers, ceramics to pure metals and the more commonly used metal alloys. Metal alloys are the base of most fixed and removable prosthetics, metallic restorations, surgical implants and orthodontic appliances.

In orthodontics, the most commonly used metal alloys include Stainless Steel in its austenitic form, in a configuration of 18% chromium and 8% nickel. Fixed orthodontic appliances use Stainless Steel for bands and brackets. It is also used in orthodontic archwires applied in early and late stages of treatment. Nickel titanium (approximately 50% nickel and 50% titanium) is another material used for orthodontic archwires. It has gained wide acceptance with the introduction of the straight wire appliance and is also used in initial stages of treatment due to its high spring back and wide range of action.

In view of orthodontic appliances, due to their direct contact with the oral tissue, their possible penetration of the tissues and the prolonged nature of the orthodontic treatment, special consideration must be given to the safety and biocompatibility of these materials.

A point of consideration upon evaluating the biocompatibility of orthodontic metal alloys is biodegradation. The biocompatibility is in part an interaction between the material and its surroundings. The oral cavity has always been considered an optimum corrosive cell. The presence of enzymes, bacteria, fluctuating pH and temperature, along with the saliva acting as an electrolytic solution, enhances biodegradation. Corrosion is also encouraged due to the inherent heterogeneity of the metal alloys, micro-surface discontinuity and forces acting on the appliances especially the stresses of the orthodontic wires and the friction between the wires and brackets. All of these

factors enhance the biodegradation of orthodontic metal alloys, providing free metal ions that may affect the oral tissues.

It has been documented that some orthodontic appliances have caused contact dermatitis, hypersensitivity and anaphylactoid reactions. The most commonly implicated materials were nickel, chromium and cobalt, which are considered immunologic sensitizers. Although these reactions are not consistent with biocompatibility, they are controlled by the removal of the causative alloy and replacing the used material. The true question is: Are these materials causing cytotoxic or genotoxic effects on the human tissue and in turn affecting the cells' functions or their repair capacity?

No frank concern has been raised regarding orthodontic alloys, yet the literature on cancer research and metal toxicology is rich with reports of the dangers posed by various metal ions. Also the recent insight into the cellular and molecular mechanisms of metal toxicity indicate that prolonged availability of subtoxic concentrations of metal ions have altered cellular metabolism and morphology and produced DNA instability.

Few studies in the orthodontic literature report biological toxicity in orthodontic patients, so the fact that most research on the amount of released metal ions from orthodontic alloys fall below the recommended daily dietary intake of metals may be a false assurance of safety.

The question of how safe orthodontic appliances are, is still to be answered since few studies have tested their effect in their true functional environment.

This study will attempt to evaluate the effects of orthodontic appliances in the oral cavity during regular orthodontic treatment.