

# **Maternal Serum Homocysteine Level in Patients with Pre-eclampsia**

*Thesis*

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Obstetrics and Gynecology*

*By*

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ما قبل الارتعاج

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## Summary and Conclusion

The aim of this study is to determine the level of plasma homocysteine in women with Pre-eclampsia and compare it with those of normal pregnancy in order to speculate the possible role of homocysteine in the pathogenesis of Pre-eclampsia.

The study was carried out at the Department of Obstetric and Gynecology in Ain Shams University Maternity Hospital on 75 pregnant women after 20 weeks gestation. They were classified into two cross matched groups:

1- **Case group:** was subdivided into two subgroups:

**Subgroup A:** 30 women with mild Pre-eclampsia.

**Subgroup B:** 30 women with sever Pre-eclampsia.

2- **Control group:** were included 15 normotensive healthy pregnant women.

All patients were primigravide with singleton pregnancy beyond 20 weeks of gestational age.

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## List of Abbreviations

<b>AMD</b>	Age-related macular degeneration
<b>ANP</b>	Atrial natriuretic peptide
<b>AT III</b>	Antithrombin III
<b>BMI</b>	Basal metabolic index
<b>CBS</b>	Cystathionine Beta-Synthase
<b>CCAAT</b>	Cytidine-cytidine-adenosine-adenosine-thymidine
<b>CFN</b>	Cellular fibronectin
<b>CHD</b>	Coronary heart disease
<b>CHF</b>	Congestive heart failure
<b>CI</b>	Calcium intake
<b>CNS</b>	Central nervous system
<b>COMT</b>	Catechol-O-methyltransferase
<b>Cr</b>	Creatinine
<b>DBP</b>	Diastolic blood pressure
<b>EDRF</b>	Endothelial Derived Relaxing Factor
<b>ELIZA</b>	Enzyme linked immunosobent assay
<b>FAD</b>	Flavin adenine dinucleotide
<b>FB</b>	False positive
<b>FFA</b>	Free fatty acids
<b>G.age</b>	Gestational age
<b>GDM</b>	Gestational diabetes mellitus
<b>HCG</b>	Human chrionic gonadotropin
<b>Hcy</b>	Homocysteine
<b>HLA</b>	human leucocyte antigen
<b>HMW</b>	High molecular weight
<b>HPL</b>	Human Placental Lactogen
<b>IFNG</b>	Interferon, gamma gene
<b>IL</b>	Interleukin
<b>IUGR</b>	Intrauterine growth restriction
<b>IUK</b>	Inactive urinary kallikrein

<b>MHC</b>	Major histocompatibility molecule
<b>MS</b>	Methionine synthase
<b>MTHF</b>	Methyl Tetrahydrofolate
<b>MTHFR</b>	Methylene tetrahydrofolate reductase
<b>MPE</b>	Mild pre-eclampsia
<b>MTX</b>	Methotrexate
<b>NAC</b>	N-acetyl-cysteine
<b>NK</b>	Natural killer cells
<b>NMDA</b>	N-methyl-D-aspartate
<b>NO</b>	Nitric Oxide
<b>NTD</b>	Neural Tube Defects
<b>P</b>	Significance
<b>PA</b>	Plasminogen activators
<b>PAI-1</b>	Plasminogen Activator Inhibitor-1
<b>PE</b>	Pre-eclampsia
<b>pI</b>	Protease inhibitor
<b>PIGF</b>	Placental inhibiting growth factor
<b>PLGF</b>	Placental growth factor
<b>PML</b>	Post Methionine Load
<b>r</b>	Correlation
<b>ROC</b>	Receiver operating characteristic curve
<b>ROS</b>	Reactive oxygen species
<b>RR</b>	Reduced risk
<b>SAM</b>	S-Adenosylmethionine
<b>SBP</b>	Systolic blood pressure
<b>sEng</b>	Soluble endoglin
<b>SFLt-1</b>	Soluble fms like tyrosine kinase
<b>SPE</b>	Sever pre-eclampsia
<b>SPSS</b>	Statistical package of the social science
<b>sVEGF</b>	Soluble vascular endothelial growth factor
<b>TcR</b>	T cell receptor
<b>Th1</b>	T helper 1
<b>tHcy</b>	Total Homocysteine
<b>THF</b>	<u>Tetrahydrofolate</u>
<b>TN</b>	True negative

<b>TNF<math>\alpha</math></b>	Tumour necrosis factor alpha
<b>TP</b>	True positive
<b>TxPA</b>	Toxicity-preventing activity
<b>UK</b>	United Kingdom
<b>V.C</b>	Vasoconstriction
<b>VCAM</b>	Vascular cell adhesion molecule
<b>VEGF</b>	Vascular endothelial growth factor
<b>VLDL</b>	Very low density lipoprotein
<b>Vs</b>	Versus
<b>VWF</b>	Von Willibrand factor
<b>WHO</b>	World Health Organizaion

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Randa Senosy





بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا مَا  
عَلَّمْتَنَا  
إِنَّكَ أَنْتَ الْعَلِيمُ الْحَكِيمُ

صَدَقَ اللَّهُ الْعَظِيمُ

البقرة الآية ٣٢

## Introduction

Pre-eclampsia, is a pregnancy-specific complication which occurs in the second half of pregnancy; it is characterized by hypertension and proteinuria, and is one of the leading causes for perinatal mortality and morbidity (**Redman and Sargent, 2005**).

The incidence of Pre-eclampsia is commonly cited to about 5- 10% of all pregnant women, although remarkable variations are reported that are influenced by parity, race, genetic predisposition, environmental factors, multiple pregnancy, obesity, maternal age and history of chronic hypertension (**Robert and Gammill, 2005**).

Although the pathogenesis of Pre-eclampsia remains unclear, the syndrome is characterized by impaired trophoblastic invasion of the spiral artery at 16-20 weeks of pregnancy resulting in the release of factors from the placenta that activate the maternal vascular endothelium (**Hogg et al., 2000 and Mark et al., 2004**).

Homocysteine is a sulfur containing amino-acid, primarily derived from demethylation of dietary methionine which is abundant in protein of animal origin, is an essential amino-acid required for the growth of cells and tissues in the human body, and elevated circulating homocystine is a risk

factor for endothelial dysfunction and occlusive vascular disorders (**Refsum et al., 1998**).

Hyperhomocysteinemia has been identified as a risk factor for Pre-eclampsia, placental abruption, intrauterine growth restriction and spontaneous miscarriage (**Kamedhamas et al., 2004**).

In hyperhomocysteinemia, homocysteine undergoes autooxidation to produce reactive oxygen species (Ros) which inactivate nitric oxide and thrombomodulin leading to endothelial damage and endothelial dysfunction (**Sydow et al., 2003**).

Maternal plasma homocysteine concentration was found to be significantly elevated in women with Pre-eclampsia compared to normotensive women during pregnancy particularly in severe Pre-eclampsia (**Napolitano et al., 2004 and Zeeman et al., 2003**).

## Aim of the Work

The purpose of the current study is to evaluate the possible correlation between serum homocysteine levels and Pre-eclampsia in a group of pregnant Egyptian women.

## Pre-eclampsia

Pre-eclampsia is pregnant – specific disorder that affects 3- 5% of pregnant women world wide and is one of the most frequently encountered medical complications of pregnancy **(Brett et al., 2010)**.

Classically the condition present with new -onset hypertension and proteinuria after 20 weeks of gestation **(ACOG, 2002)**. In developing countries where access to health care is limited, Pre-eclampsia is leading cause of maternal mortality causing an estimate 760,000 maternal death world wide per year **(WHO, 2005)**.

### **Risk Factors of Pre-eclampsia:**

#### **1- Age:**

Very young maternal age and advanced maternal age independent risk factor of Pre-eclampsia **(Sibai et al., 2005 and Duckitt and Harrington, 2005)**.

#### **2- Parity:**

Most Pre-eclampsia occurs in healthy nulliparous women, this incidence may be high as 7.5% **(Brett et al., 2010)**.

Although Pre-eclampsia is disorder of women in their first pregnancy, multiparous pregnant women with new partner have