

*Role of on-line haemodiafiltration in improving  
cardiovascular morbidities in pediatric end stage  
renal disease patients*

Thesis

*Submitted for partial fulfillment of MD degree in Pediatrics*

By

**Ahmad Helmi Aon**

M.B.B.Ch & M.Sc.

Faculty of Medicine, Cairo University

Supervised by

**Prof. Dr. Fatina Ibrahim Fadel**

Professor of Pediatrics

Faculty of Medicine, Cairo University

**Assist. Prof. Samuel Helmi Makar**

Assistant Professor of Pediatrics

Faculty of Medicine, Cairo University

**Dr. Hanan Zekri Khaled**

Lecturer of Pediatrics

Faculty of Medicine, Cairo University

**Dr. Dina Hesham Ahmed**

Lecturer of Chemical Pathology

Faculty of Medicine, Cairo University

***Faculty of Medicine***

***Cairo University***

***2012***

(سورة البقرة - الآية ٣٢)

## **Acknowledgement**

*First of all, thanks to ALLAH who gave me the will to start, the power to continue and the goal to reach.*

*It's a pleasure to express my deepest thanks and profound respect to my honored professor, Prof. Dr. Fatina Fadel, Professor of Pediatrics, Faculty of Medicine , Cairo University, for her continuous encouragement, valuable supervision and guidance throughout this work. It has been an honor and a privilege to work under her generous supervision.*

*I would like to express my sincere appreciation to Assist. Prof. Dr. Samuel Makar, Assistant Professor of Pediatrics, Faculty of Medicine, Cairo University for his continuous guidance, supervision and valuable suggestions. No matter what I say could ever express my deepest thanks to him.*

*Words cannot express my feelings of gratitude and respect to Dr .Hanan Zekri, Lecturer of Pediatrics, Faculty of Medicine, Cairo University. She was (from the start) helping, encouraging and supporting. In the true meaning of words I can't thank her enough for her time and her effort.*

*I'm also deeply grateful and would like to express my sincere thanks and gratitude to Dr. Dina Hesham, Lecturer of Chemical Pathology, Faculty of Medicine, Cairo University for her continuous instructing guidance and sincere help and valuable support.*

*I would also like to thank all the staff members of nephrology department, endocrinology lab unit, echocardiography lab and arrhythmia clinic who made my research easier with their generous help and cooperation.*

*Last but not the least, I am deeply thankful and always indebted to my parents and my family, who were always supporting and encouraging me.*

## Contents

Topic		Page number
Abstract		i
List of abbreviations		ii
List of figures		vi
List of tables		vii
Introduction and aim of the work		1
<b>Review of literature</b>	<b>CHAPTER 1: Uremic milieu in chronic kidney disease</b>	4
	<b>CHAPTER 2: Homocysteine</b>	30
	<b>CHAPTER 3: Cardiovascular complications &amp; chronic kidney disease</b>	43
	<b>CHAPTER 4: On-line haemodiafiltration</b>	57
Subjects and methods		75
Results		84
Discussion		94
Conclusion and recommendations		110
Summary		113
References		114
Arabic summary		141

## **Abstract**

**Background:** Cardiovascular disease is an important cause of morbidity and mortality in patients undergoing maintenance dialysis. There is evidence supporting a direct role for the uremic milieu, and an indirect role as well, for enhanced cardiovascular complications. On-line dialysis modalities, such as on-line hemodiafiltration, raise particular concerns because not only small molecules are removed more effectively as compared to low-flux hemodialysis, but in addition, a considerable clearance of so-called middle molecular weight (MMW) substances is obtained including those involved in cardiovascular morbidities.

**Objectives:** To assess the effect of on-line hemodiafiltration on removal of uremic toxins that cannot be removed during conventional hemodialysis, e.g. homocysteine, and improving the chronic inflammatory state associated with chronic kidney disease and the possible impact of these changes on myocardial function in chronic hemodialysis patients.

**Methods:** In this study, we compared different clinical, lab and radiological data of 30 chronic hemodialysis pediatric patients on low-flux hemodialysis with the same data after 6 months of initiation of predilution on-line hemodiafiltration to clarify the possible impact of on-line hemodiafiltration on cardiovascular system in those patients.

**Key words:** On-line hemodiafiltration, homocysteine, cardiovascular morbidities, chronic inflammatory state.

## **List of abbreviations**

<b>AAMI</b>	American Association for the advancement of Medical Instrumentation
<b>ACE</b>	Angiotensin converting enzyme
<b>ADEMEX study</b>	“ADEquacy of peritoneal dialysis in MEXico” study
<b>ADMA</b>	Asymmetric dimethyl arginine
<b>ADP</b>	Adenosine diphosphate
<b>AFB</b>	Acetate free biofiltration
<b>AGEs</b>	Advanced glycosylation end products
<b>ALP</b>	Alkaline phosphatase
<b>ANP</b>	Atrial natruritic peptide
<b>ARBs</b>	Angiotensin receptor blocker
<b>ASE</b>	American society of echocardiography
<b>ATP</b>	Adenosine triphosphate
<b>B<sub>2</sub>M</b>	Beta 2 microglobulin
<b>BMI</b>	Body mass index
<b>BP</b>	Blood pressure
<b>BSA</b>	Body surface area
<b>BUN</b>	Blood urea nitrogen
<b>C<sup>ε</sup></b>	Carbon end
<b>Ca</b>	Calcium
<b>Ca X P</b>	Calcium phosphorus solubility product
<b>CAPD</b>	Chronic ambulatory peritoneal dialysis
<b>CFU</b>	Colony-forming unit
<b>CIN</b>	Chronic interstitial nephritis
<b>CKD</b>	Chronic kidney disease
<b>Cl</b>	Chloride
<b>CMPF</b>	3-Carboxy 4-methyl 5propyl 2-furanopropionic acid
<b>CONTRAST study</b>	the “Dutch CONvective TRANsport Study”
<b>CPNT</b>	Centre of Pediatric Nephrology and Transplantation
<b>Crea</b>	Creatinine
<b>CRF</b>	Chronic renal failure
<b>CRP</b>	C- reactive protein
<b>CVD</b>	Cardiovascular disease
<b>Da</b>	Dalton
<b>DBP</b>	Diastolic blood pressure

<b>DBPI</b>	Diastolic blood pressure index
<b>DNA</b>	Deoxyribonucleic acid
<b>DOPPS</b>	Dialysis Outcomes & Practice Patterns Study
<b>DT</b>	Mitral deceleration time
<b>DTT</b>	Dithiothreitol
<b>E/A ratio</b>	Early diastole/ atrial contraction ratio
<b>ECG</b>	Electrocardiography
<b>EDTA</b>	Ethylene diamine tetraacetic acid
<b>EF</b>	Ejection fraction
<b>ESA</b>	Erythropoiesis stimulating agents
<b>ESRD</b>	End stage renal disease
<b>EU</b>	Endotoxin unit
<b>FS</b>	Fractional shortening
<b>FSGS</b>	Focal segmental glomerulosclerosis
<b>GFR</b>	Glomerular filtration rate
<b>HCT</b>	Hematocrit
<b>Hcy</b>	Homocysteine
<b>HD</b>	Hemodialysis
<b>HEMO study</b>	The “HEMOdialysis” study
<b>HF</b>	Heart failure
<b>HF</b>	Hemofiltration
<b>HGB</b>	Hemoglobin
<b>HMG-CoA</b>	3- Hydroxyl 3- methyl glutaryl CoA
<b>Hs-CRP</b>	High sensitivity C- reactive protein
<b>HTN</b>	Hypertension
<b>HUS</b>	Hemolytic uremic syndrome
<b>IL</b>	Interleukin
<b>iNOS</b>	Inducible nitric oxide synthase
<b>IVSTD</b>	Interventricular septum thickness in diastole
<b>K</b>	Potassium
<b>K/DOQI</b>	Kidney disease outcome quality initiatives
<b>kDa</b>	Kilo Dalton
<b>LDL</b>	Low density lipoprotein
<b>LMW</b>	Low molecular weight
<b>LVH</b>	Left ventricular hypertrophy
<b>LVIDD</b>	Left ventricular internal diameter in diastole
<b>LVMI</b>	Left ventricular mass index
<b>MBP</b>	Mean blood pressure
<b>MBPI</b>	Mean blood pressure index

<b>MCP</b>	Monocyte chemoattractant protein
<b>MHz</b>	Mega Hertz
<b>MIA</b>	Malnutrition- inflammation- atherosclerosis
<b>MICS</b>	Malnutrition- inflammation complex syndrome
<b>mmHg</b>	Millimeter mercury
<b>MMW</b>	Middle molecular weight
<b>MTHFR</b>	Methylene tetrahydrofolate reductase
<b>MW</b>	Molecular weight
<b>Na</b>	Sodium
<b>NADH</b>	Nicotinamide adenine dinucleotide hydrogen
<b>NKF</b>	National kidney foundation
<b>NO</b>	Nitric oxide
<b>OL-HDF</b>	On-line haemodiafiltration
<b>OPB</b>	Oral phosphate binder
<b>P</b>	Phosphorus
<b>PAH</b>	Para amino hippuric acid
<b>PAI-1</b>	Plasminogen activator inhibitor-1
<b>PD</b>	Peritoneal dialysis
<b>PEM</b>	Protein energy malnutrition
<b>PTFE</b>	Poly tetrafluoroethylene
<b>PTH</b>	Parathyroid hormone
<b>PUJO</b>	Pelviureteric junction obstruction
<b>PUV</b>	Posterior urethral valve
<b>PWTD</b>	Posterior wall thickness in diastole
<b>QOL</b>	Quality of life
<b>RISCAVID study</b>	“RISchio CARDiovascolare nei pazienti afferenti all area Vasta In Dialisi”
<b>RO</b>	Reverse osmosis
<b>SAH</b>	S- adenosyl homocysteine
<b>SAL</b>	Sterility assurance level
<b>SAM</b>	S- adenosyl methionine
<b>SBP</b>	Systolic blood pressure
<b>SBPI</b>	Systolic blood pressure index
<b>SDMA</b>	Symmetric dimethyl arginine
<b>T4</b>	Thyroxine
<b>tHcy</b>	Total homocysteine
<b>THF</b>	Tetrahydrofolate
<b>TMP</b>	Trans membrane pressure



<b>TNF</b>	Tumor necrosis factor
<b>UF</b>	Ultrafiltration
<b>USRDS</b>	United States registry data system
<b>UTI</b>	Urinary tract infection
<b>VC</b>	Vascular calcification
<b>VSMC</b>	Vascular smooth muscle cell
<b>VUR</b>	Vesico-ureteric reflux

## **List of figures**

<b>Figure number</b>	<b>Content</b>	<b>Page number</b>
Figure 1	Pathways of homocysteine metabolism	32
Figure 2	Total plasma homocysteine level and prevalence of carotid artery stenosis	37
Figure 3	Flow diagram for different forms of haemodiafiltration (HDF) showing possible convective removal	63
Figure 4	The circuit of on-line hemodiafiltration with post dilution	65
Figure 5	The circuit of on-line hemodiafiltration with pre dilution	66
Figure 6	Standard dialyser configuration in mid-dilution on-line haemodiafiltration	67
Figure 7	Preparation of sterile, non-pyrogenic substitution fluid for on-line convective therapies	69
Figure 8	Sex distribution among the study group	85
Figure 9	Primary renal disease distribution among the study group	86
Figure 10	Frequency of hyperhomocysteinemia among the study group	88
Figure 11	Correlation between MBPI and LVMI both during HD and HDF among the study group	90
Figure 12	Correlation between LVMI & serum Phosphorus; LVMI & Ca X P solubility product during HD among the study group	91
Figure 13	Frequency of myocardial diastolic dysfunction among the study group	92

### **List of tables**

<b>Table number</b>	<b>Content</b>	<b>Page number</b>
Table 1	Criteria of uremic toxins	6
Table 2	Main known retention uremic solutes	7
Table 3	Interpretation of serum CRP levels & atherosclerotic cardiovascular disease	26
Table 4	Pathophysiologic mechanisms relating homocysteine to atherothrombosis	38
Table 5	Outline of causes of hyperhomocysteinemia	40
Table 6	Outline of therapeutic options for lowering homocysteine	41
Table 7	Lab data of all cases included in the study	87
Table 8	Blood pressure measurements among the study group	89
Table 9	Mean blood pressure index among the study group	89
Table 10	Echocardiographic findings among the study groups	93
Table 11	Comparative statistics between some ECG findings among the study groups	93

## **Introduction and aim of the work**

### **Introduction:**

Reviewing the current picture of uremic toxins reveals its complexity. Focusing on cardiovascular damage as a model of uremic effects resulting in substantial morbidity and mortality, most molecules with potential to affect the function of a variety of cell types within the vascular system are difficult to remove by conventional dialysis. Examples are the larger middle molecular weight molecules and protein-bound molecules. Recent clinical studies suggest that enhancing the removal of these compounds, whether through improving the removal of toxins or the search for pharmacologic strategies blocking responsible pathophysiologic pathways, is beneficial for survival of patients on maintenance hemodialysis (*Vanholder et al., 2008*).

Furthermore, repetitive exposure to cytokine-inducing substances (pyrogens) results in chronic inflammation, which may significantly contribute to some of the long-term complications in dialysis patients especially cardiovascular one (*Canaud et al., 2001*).

On-line dialysis modalities, such as on-line haemodiafiltration, raise particular concerns because not only small molecules (<5 kDa) are removed more effectively as compared to low-flux hemodialysis, but in addition, a considerable clearance of so-called middle molecular weight substances (5–50 kDa) is obtained (*Van der Weerd et al., 2008*).

## **Aim of the work :**

1- To assess the effect of on-line hemodiafiltration on:

- Predialysis serum total Homocysteine level as a reflection of uremic toxins implicated in cardiovascular morbidities, and not commonly removed during conventional HD.
- High-sensitivity C-reactive protein as a marker of chronic inflammatory state.

2- to study the effect of on-line HDF on myocardial function (including left ventricular hypertrophy, systolic, and diastolic dysfunction) in chronic kidney failure patients on maintenance hemodialysis and the possible correlation with other clinical and lab parameters.

# REVIEW OF LITERATURE

Uremic milieu in chronic  
kidney disease