### **Surgical Outcome of Anterior Circulation Aneurysm Clipping**

### **Thesis**

Submitted for the partial fulfillment of the (M.D.) degree

in Neurosurgery

By

Omar Abd El-Aleem Abd El-Monam Ragab (M.B., B.Ch., M.Sc.)

### Supervised by

### Prof. Dr. El-Gohry Mohamed El-Gohry

Professor of Neurosurgery Faculty of Medicine, Cairo University

### Prof. Dr. Essam Rashad

Professor of Neurosurgery Faculty of Medicine, Cairo University

### Prof. Dr. Ibrahim Mohamed Ibrahim

Professor of Neurosurgery Faculty of Medicine, Cairo University

### Prof. Dr. Khaled Samir Anbar

Assistant Professor of Neurosurgery Faculty of Medicine, Cairo University

Faculty of Medicine Cairo University 2012

### جامعه العاهره / حديه العديد الدراسات العليا

اجتماع لجنة الحكم على الرسالة المقلمة من الطبيب الح عداد المناب ا
Colishon Substantia
توطئه للحصول على دريه المتجسبتين المنتقال
Clesx pla
The state of the s
Surgical outcome of 300000000000000000000000000000000000
- A LOCICE CICCINCIE CONTRACTOR
Chaning
: باللغة العربية ( حريك ما عد الحام ) لم داري داري .
بناه على مولفة الجامعة بداريخ / ١٠٠١ تم تشقيل لجلة الفحص والملاقشة الرسالة المذكورة أعلاه على اللحو الثالي :- الرسالة المذكورة اعلاه على اللحو الثالي :- الرسالة المذكورة اعلاه على اللحو الثالمي :- المدكورة اعلاه على اللحو الثالمي اللحو الثالمي المدكورة ا
الم المستور المستور التالي:
٩٠٠ حديد المراج
1. In the State of
partition of the second
مجتمعة في يوم بتاريخ / / ٢٠٠ بقسم في المبلة مدرج مرايخ المبلة الطلب - جامعة القاهرة ونظله استاقدة الطالب قي جلسة علنية في موضوع الرسالة والنتائج
بكلية الطب - جامعة القاعدة وذاك الماء القاعدة والماء الماء ا
بكلية الطب - جامعة القاهرة ونلله اسناقدة الطالب في جلسة علنية في موضوع الرسالة والنتائج
المتى توسيل اليها وكذلك الأسس العلمية المتى قام عليها البحث ،
· · · · · · · · · · · · · · · · · · ·
1.1.1.1.1
المساء اللجلة بسر المساء ا
الممدّة بل المهدّدن المددة بل المهدّدن المدر بي المهدّدن المدار جي
alues /

### بسم الله الرحمن الرحيم

"هالوا سبحانك لا علم لنا إلا ما علمتنا إنك أنت العليم الحكيم"

صدق الله العظيم البقرة ٣٢

## TO MY FAMILY AND MY WIFE

### **Acknowledgment**

Above all, my deepest thanks go to God, for giving me the patience, power, and health to finish this work.

I am deeply thankful to **Prof. Dr. Elgohry Mohamed Elgohry**, Professor of Neurosurgery, Faculty of Medicine, Cairo University. I am greatly honored to learn from his experience and wise counsel, and thankful for giving me some of his precious time, his wisdom and his everlasting support.

I am greatly honored to express my deepest thanks, gratitude and respect to my mentor **Prof. Dr. Essam Rashad**, Professor of Neurosurgery, Faculty of Medicine, Cairo University, for his guidance, supervision, and continuous advice, not only during this work but ever since I started my residency.

My heartfelt thanks go to **Prof. Dr. Ibrahim Mohamed Ibrahim**, Professor of Neurosurgery, Faculty of Medicine, Cairo University, for helping me out through the study, guiding me to finish this work, simplifying and clarifying things for me through his valuable comments.

I would never be able to thank enough **Prof. Dr. Khaled Anbar**, Assistant Professor of Neurosurgery, Faculty of Medicine, Cairo University. He has always been such a great support, and a perfect mentor. He has always been there when I needed him, not only during this work, but whenever I needed advice.

### **Contents** 1. Introductions and aim of the study 1 2. Review Of Literature 3 3. Clinical Picture 26 4. Management 39 5. Patients and Methods 46 6. Case Presentation 48 7. Results 64 8. Discussion 71 9. Conclusion 80 10.Summary 81 11.References 83 12. Arabic Summary 95

### **List of Abbreviations**

C.T / CT

ACOA

P.Comm

Posterior Communicating

MCA

Middle Cerebral Artery

ACA

Anterior Cerebral Artery

ICA

Internal Carotid Artery

HCP Hydrocephalus

ICP Intracranial Pressure

Pts Patients

MRI Magnetic Resonance Imaging NECT Non-contrast Enhancing CT

DIND Delayed Ischemic Neurologic Deficit

SAH Subarachnoid Hemorrhage

CVS Cerebral Vasospasm
IVC Intraventricular Catheter
ONP Oculomotor Nerve palsy

UIA Unruptured Intracranial Aneurysm

ISUIA International Study Group of

Unruptured Intracranial Aneurysms

HHH hypervolemic-hypertensive-

hemodilution

### **List of Tables**

Table	Description	Page
Number		
1	Surgical results of ruptured intracranial carotid artery	17
	aneurysms	
2	Hunt and Hess classification of SAH	27
3	Correlation of DIND and Hunt and Hess	32
4	Glasgow outcome scale	33
5	Pathological changes in vasospasm	36
6	Grading system of Fisher	37
7	Gender distribution	64
8	The association with Diabetes, Hypertension and	65
	Smoking	
9	Hunt and Hess Grades of the patients	66
10	Fisher Grade	67
11	Cases with hydrocephalus	68
12	Location of the aneurysm	69
13	Cases that develop vasospasm and outcome	70

### **List of Figures**

ortion 14 15 48 49 49 on 50
48 49 49 on 50
48 49 49 on 50
49 49 on 50
49 on 50
on 50
F 1
51
52
53
53
54
55
56
56
57
58
59
59
60
61
.H 62
62
63
64
65
65
66
67
68
69
70

### **ABSTRACT**

In this study we have discussed the outcome following surgical clipping of various anterior circulation aneurysms. We have elaborated the major complications secondary to the subarachnoid hemorrhage, the result of rupture of the aneurysms.

The final conclusions for this study are; surgical clipping still has the upper hand as regards the sure, permanent and complete occlusion of the aneurysm. It gives the advantage of approaching other criteria that might affect the outcome, such as lamina terminalis fenestration n order to decrease the incidence of chronic hydrocephalus or the need for ventriculoperitoneal shunt in cases who already presented with hydrocephalus. It also gives the advantage of clearing some of the subarachnoid blood that in certain studies proved to decrease the risk of vasospasm. In older patients or in patients in poor clinical conditions with associated co-morbidities, endovascular management appears to be superior. The management of the serious vasospasm appears to be the standard use of the calcium channel blocker, nimodipine, once the diagnosis of subarachnoid hemorrhage was done.

### Keywords:

Aneurysm

Clipping

Ventriculoperitoneal shunt

# Introduction And Aim Of The Study

### **Introduction and aim of the study**

Aneurysms of the anterior circulation represent more than 85% of all intracranial and arise from the internal carotid artery (ICA) or its two terminal branches, the anterior cerebral artery and middle cerebral artery (MCA). At present, surgical treatment is the most widely applied method for securing an aneurysm. The surgical options available to approaching aneurysms of the anterior circulation have been affected by advances in microsurgical techniques, a better understanding of microsurgical anatomy, and skull base approaches that minimize brain retraction with concomitant increase in surgical exposure. These all have led to an overall decline in rates of morbidity and mortality (**IIhara et al, 2004**).

In the past several decades, management of aneurismal SAH has significantly changed. Advances in microsurgical, endovascular, and overall medical treatment have modified the incidences and causes of morbidity and death (**Ogungbo B et al, 2001**). Rebleeding and vasospasm have been reported to be the leading causes of unfavorable outcome (**Proust F et al, 1995**). More recently authors have stated that early surgery combined with administration of calcium channel blocking agents almost eliminates the risk of recurrent bleeding and reduces the chance of a DIND. Nevertheless, many patients with aneurismal SAH still die and not all survivors are neurologically intact (**Ogungbo B et al, 2001**).

The diagnosis of aneurismal SAH was based on the following factors: 1) clinical signs and symptoms; 2) positive findings on a CT scan or in fluid obtained from a lumbar puncture; and 3) findings on angiography or, in rare cases, MR angiography, or an intraoperative diagnosis in cases in which the patient's clinical presentation stressed the need for urgent surgical treatment (McLaughlin N and Bojanowski MW, 2004). All cerebral angiography studies performed include at least anteroposterior, lateral, and oblique views. All SAHs received Hunt and Hess grades at patient admission and again preoperatively (Hunt WE, Hess RM, 1968). The patient's functional health was assessed between 2 and 3 months post-SAH at a follow-up appointment. The Glasgow Outcome Scale (GOS) is used for this assessment; good recovery and moderate disability were jointly accepted as a favorable outcome, and severe disability, vegetative survival, and death were considered a poor outcome (Jennett B and Bond M., 1975).

### Aim of the work:

- 1. Review of literature and recent publications regarding outcome after surgery for anterior circulation aneurysms.
- 2. To evaluate the surgical outcome of clipping of anterior circulation aneurysms in Cairo University Hospitals.
- 3. Determine the incidence of various surgical complications.
- 4. Defining the good and bad prognostic criteria for outcome.

### Review Of Literature

### **Review of Literature**

### **ETIOLOGY**

### **Saccular Aneurysms:**

Saccular, or berry aneurysms are the most common form of aneurysms and are the most often responsible for aneurismal subarachnoid hemorrhage. Saccular aneurysms may arise from defects in the muscular layer of cerebral arteries that occur at vessel bifurcation and from degenerative changes that damage the internal elastic membrane, resulting in weakness of the vessel wall. They usually occur on the first or second order arterial branches of the vessel emanating from the circle of Willis. Evidence suggests that both genetic and environmental factors contribute to the development of saccular aneurysms. The evidence that genetic factors are important comes from the documented association of intracranial aneurysms with heritable connective tissue disorders such as autosomal dominant polycystic kidney disease, Ehlers-Danlos' syndrome type IV, neurofibromatosis type I, and Marfan's syndrome. The familial occurrences of intracranial aneurysms also point to a role for genetic factors. In those patients who have a first-degree relative with an aneurismal SAH, the risk of a ruptured aneurysm is four times higher than the risk in the general population. A role for acquired factors in the pathogenesis of saccular aneurysms is suggested by the mean age of 50 for patients with aneurismal SAH, and the increased incidence of hemorrhage occurring with age. Cigarette smoking is a risk factor in all population studies and a role of systemic hypertension, although not as strong as that of cigarette smoking, in the cause of aneurysm formation appears likely (Weir, 1985).