

**Nurses' Performance Regarding
Weaning of Patient's from
Mechanical Ventilation:
*(A Suggested Guideline)***

Thesis

*Submitted for Partial Fulfillment of the Requirement
of Master Degree in Medical Surgical Nursing*

By

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قالوا

سببنا انك لا تعلم لنا
إلا ما علمتنا إنك أنت
العليم العظيم

صدق الله العظيم

سورة البقرة الآية: ٣٢

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List of Abbreviations

Abb.	Full term
<i>AC</i>	<i>Assist-Control</i>
<i>BP</i>	<i>Blood pressure</i>
<i>CMV</i>	<i>Controlled Mandatory Ventilation</i>
<i>COPD</i>	<i>Chronic obstructive pulmonary disease</i>
<i>CPAP</i>	<i>Continuous Positive Airway Pressure</i>
<i>ETT</i>	<i>Endotracheal tube</i>
<i>F/TV</i>	<i>Frequency to tidal volume</i>
<i>FIO2</i>	<i>Friction of inspired oxygen</i>
<i>GCS</i>	<i>Glasgow Coma Scale</i>
<i>MIP</i>	<i>Maximum inspiratory pressure</i>
<i>MV</i>	<i>Mechanical ventilation</i>
<i>PAV</i>	<i>Proportional assist ventilation</i>
<i>Paw</i>	<i>Peak airway pressure</i>
<i>PEEP</i>	<i>Positive end-expiratory pressure</i>
<i>Pplat</i>	<i>Plateau pressure</i>
<i>PSV</i>	<i>Pressure Support Ventilation</i>
<i>RR</i>	<i>Respiratory rate</i>
<i>RSBI</i>	<i>Rapid shallow breathing index</i>
<i>SIMV</i>	<i>Synchronized intermittent mandatory ventilation</i>
<i>TV</i>	<i>Tidal volume</i>
<i>VA</i>	<i>Alveolar ventilation</i>
<i>VAP</i>	<i>Ventilator-associated pneumonia</i>
<i>VE</i>	<i>Minute ventilation</i>

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I	Protocol
II	Tools of data collection
III	Suggested guidelines
IV	Validity and reliability of tools

Abstract

Introduction: Mechanical ventilation is essential life-saving technology. Weaning a patient from mechanical is a challenge for critical care nurses who play a vital role in assessing patient's readiness for weaning. **Aim:** Study aimed to assess the nurses' performance regarding weaning of patients from mechanical ventilation and suggest nursing guideline regarding weaning of patient from mechanical ventilation. **Design:** Descriptive exploratory design was used in carrying out this study. **Setting:** This study was conducted at Cardiac Surgery Academic Institute affiliated to Ain Shams University Hospitals. **Sample:** A convenience sample consisted of 45 nurses. **Tools:** Nurses' characteristics Assessment Questionnaire, Nurses' knowledge assessment questionnaire, and Nurses' practice observational checklists regarding weaning from mechanical ventilator. **Results:** 73.3% of the studied nurses had satisfactory level of knowledge regarding weaning of patient from mechanical ventilation. Also the same percentage was competent during practicing care for mechanically ventilated patient. **Conclusion:** Most of the studied nursing were competent in performing their role regarding weaning of patient from mechanical ventilation. **Recommendations:** An orientation programme for staff newly appointed to the ICU should be conducted including education with regard weaning from mechanical ventilator. Extensive and ongoing in-service training programmes for ICU nurses to improve their knowledge and practice regarding weaning of patients from mechanical ventilator.

Keywords: Mechanical Ventilation, Nurses Performance, Weaning.