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Non-ablative Fractional Photothermolysis laser versus Percutaneous Collagen Induction Therapy in treatment of Acne Scars

Thesis

Submitted for Partial Fulfillment of M.Sc. Degree in Dermatology, Venereolgy and Andrology

Вy

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توقيمات اعتباء اللجلة:-المشرف الممتحن المسرف الممتحن عصام ۲۰۲ هبات الى

م د حنام اللايل

بسم الله الرحمن الرحيم

قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا مَا عَلَّمْتَنَا إِلَّا مَا عَلَيْمُ الْحَكِيمُ إِلَّا مَا عَلَيْمُ الْحَكِيمُ الْحَلَيْمُ الْحَلْمُ الْحُلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْمُ الْحَلْ

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ABSTRACT

Background: Facial acne scarring is treated with multiple procedures

with varying degrees of improvement. Non-ablative rejuvenation with

non ablative fractional laser has been reported to provide significant

improvement in treating atrophic acne scars. Percutaneous collagen

induction therapy in the form of Dermaroller has also been reported as an

effective procedure for treating atrophic acne scarring.

Objective: To compare the efficacy of non-ablative fractional laser

and Percutaneous collagen induction therapy in the form of Dermaroller

as different therapeutic modalities in treatment of atrophic acne scarring.

Patients and Methods: Twenty patients with bilateral post acne scars on

the face, recruited from Kasr Al Ainy Hospital outpatient clinic, were

enrolled in this study.

Results: Both of non-ablative fractional laser and Percutaneous

collagen induction therapy in the form of Dermaroller are effective

modalities in treating atrophic acne scars, both have comparably close

results.

Key words: acne scars, non ablative fractional laser and Dermaroller.

Ш

Mm	Millimeter
MMPs	Mettaloproteinases
MTZ	Microscopic thermal treatment zone
Nd:YAG	Neodymium: yttrium-aluminum-garnet.
NF-ĸB cells	Nuclear factor kappa-light chain enhancer of activated B
Nm	Nanometer (nm = 10 -9 meter).
NS patients	Patients who were not prone to develop scarring.
NSAIDS	Nonsteroidal anti-inflammatory drugs.
P. acnes	Propionibacterium acnes.
P. parvum	Propionibacterium parvum.
PCI	Percutaneous collagen induction.
PDL	Pulsed dye laser.
RF	Radiofrequency.
RSTLs	Relaxed skin tension lines.
S patients	Patients who were prone to develop scarring.
S. aureus	Staphylococcus aureus.
SOX-9	Sex determining gene.
TCA	Trichloroacetic acid.
TEWL	Transepidermal water loss
TIMP	Tissue inhibitors of metalloproteinases.
TLRs	Toll-like receptors.
TNF-	Tumor necrosis factor.
TNFR	Tumor necrosis factor receptor.
US FDA	United state food and drug administration.
W/V	Weight-in-volume.
ZTD	Zone of thermal damage.
ZTM	Zone of thermal modification.
Mm	Micrometer ($\mu m = 10$ -6meter).
	receptor and a maker for immune stimulation.)
°C	Degree Celsius (degree Centigrade).

List of Abbreviations

BP	Benzoyl peroxide.
CD45RA+	Naive T-cell subset in infants.
CD45RO+	Activated/memory T-cell subset in adults.
Cm	Centimeter.
CO2	Carbon-dioxide.
CROSS	Chemical Reconstruction Of Skin Scars.
ECCA	echelle d'evaluation clinique des cicatrices d'acne.
ECLA	echelle d'evaluation Clinique des lesions d'acne.
Er:glass	Erbium: glass.
Er:YAG	Erbium: yttrium-aluminum-garnet.
Fig.	Figure.
FP	Fractional photothermolysis.
FR	Fractional resurfacing
H/E	Hematoxylin/ eosin stain.
HLA-DR	Human leukocyte antigen. (DR: a molecule of cell surface
HSPs	Heat shock proteins.
IGF-	Insulin-like Growth Factor.
IL-	Interleukin.
IL-1B	Interlukin-1 Beta
IL-R	Interleukin receptor.
INF	Interferon.
IPL	Intense pulsed light.
J	Joules
JNK C-	Jun-N-terminal kinase.
KTP	Potassium-titanyl-phosphate.
MAPK	Mitogen-activated protein kinase
MEND	Microscopic epidermal necrotic debris
MKP-1	MAPK phosphatase-1.

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