شبكة المعلومات الجامعية

بسم الله الرحمن الرحيم

شبكة المعلومات الجامعية

جامعة عين شمس

التوثيق الالكتروني والميكروفيلم

قسم

نقسم بالله العظيم أن المادة التى تم توثيقها وتسجيلها

علي هذه الأفلام قد أعدت دون أية تغيرات

يجب أن

تحفظ هذه الأفلام بعيدا عن الغبار

في درجة حرارة من 15–25 مئوية ورطوبة نسبية من 20–40%

To be Kept away from Dust in Dry Cool place of 15-25- c and relative humidity 20-40%

شبكة المعلومات الجامعية

التوثيق الالكتروني والميكروفيلم

EFFECT OF FIBER ON LEVEL OF BLOOD GLUCOSE

By

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Thesis

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FACULTY OF HOME ECONOMICS

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1997

بسم الله الرحمن الرحيم

سبحانك لا علم لنا إلا ما علمتنا إنك أنت العليم الحكيم

الآية ٣٢

سورة البقرة

ABSTRACT

Effect of fibers on level of blood glucose

Ayman EL- Sayed EL - Adawy Ph D Thesis (1997)

Nutrition and food science Dept . Faculty of Home Economic

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This study was undertaken to study the effect of different sources and levels of fiber on carbohydrate and lipid metabolism , hemoglobin , hematocrit , uric acid and creatinine .

Adult male albino rats , wister strain 180- 200 g (60) were divided into 10 groups , 6 rats each . Nine of them were diabetic and the 10^{th} group was positive control , the diets were 16 % protein level , with add 5% and 10% of different sources of fiber at the expense of starch as the following : casein (negative control) ; 5% and 10 % broad bean fiber ; 5% and 10% lupine fiber , 5% and 10% tomato fiber ; 5% and 10% lettuce fiber . At the end of the experimental period all groups of rats were sacrificed and blood samples were subjected to determine HB & HCT ; serum glucose ; total lipid , total cholesterol , L D L & HDL cholesterol , triglycerides , phospholipids , uric acid and serum creatinine . The results revealed that groups of rats received lettuce fiber at both levels showed a significantly higher food intake ($P< 0.01$) than other groups . Final body weight decreased ($P < 0.01$) in rats group received 5% tomato fiber . HB & HCT & serum glucose were significantly higher ($P < 0.01$) in rats group received both levels of broad bean and lupine than negative control . Triglycerids and phospholipids were significantly decreased ($P<0.01$) in rats group received both levels of broad bean fiber . L D L and H D L were significantly lower ($P < 0.01$) in rats group received both levels of tomato fiber. Total cholesterol was significantly lower in rats group received both levels of tomato and broad bean ($P < 0.01$) than negative control , while relative weight of liver and kidney were lower ($P < 0.01$) in broad bean and tomato fiber at both levels than negative control while relative spleen was lower in broad bean group.

Menoufia University
Faculty of Home Economics
Department of Nutrition and Food Sciences

APPROVAL SHEET

Title of Thesis : Effect of Fibers on Level of Blood Glucose

The researcher : Ayman El - Sayed El - Adawi

Degree : Doctor of Philosophy in Home Economics,Nutrition and Food Sciences

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