

# **Serum Amyloid A as a Novel Marker of Morbidly Adherent Placenta**

**Thesis**

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قالوا

سبحانك لا علم لنا  
إلا ما علمتنا إنك أنت  
العليم العظيم

صدق الله العظيم

سورة البقرة الآية: ٣٢



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*✍️ **Amira El Mahas Gad El Rab Ahmed***

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## List of Abbreviations

<i>Abbr.</i>	<i>Full-term</i>
<b>AA</b>	: Amyloid A
<b>ACOG</b>	: American College of Obstetricians and Gynecologists
<b>ANOVA</b>	: Analysis of variance
<b>A-SAAs</b>	: Acute-phase serum amyloid a proteins
<b>CD</b>	: Cesarean delivery
<b>CRP</b>	: C-reactive protein
<b>C-SAA</b>	: Constitutive SAA
<b>EVT</b>	: Extravillouscytotrophoblast cells
<b>hCG</b>	: Human chorionic gonadotropin
<b>HDL</b>	: High density lipoprotein
<b>IHC</b>	: Immunohistochemistry
<b>MAP</b>	: Morbidly adherent placenta
<b>MMPs</b>	: Metalloproteases
<b>MRI</b>	: Magnetic resonance imaging
<b>NEC</b>	: Normal endometrial tissues
<b>PCR</b>	: Polymerase chain reaction
<b>SAA</b>	: Serum amyloid A
<b>SD</b>	: Standard deviation

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## Introduction

**M**orbidly adherent placenta (MAP), including placenta accreta, increta and percreta, is characterized by failure of the placenta to separate at delivery, with potential for significant perinatal and maternal morbidity and mortality (*ACOG, 2012*).

Once rare, with an average reported occurrence of 1 in 7000 deliveries during the century preceding 1972 (*Wortman and Alexander, 2013*) placenta accreta occurrence has risen steadily to 1 in 533 between the years 1982 and 2002. This ~13-fold increase parallels the increase in cesarean delivery (CD). When prior CD is combined with placenta previa, the risk for accreta increases with each prior CD, from 11 to 40%, 61 and 67% for one, two, three and four prior CDs, respectively (*Lyell et al., 2015*).

While multiple risk factors for MAP have been described (*Sharp, 2012*) mechanisms of accreta development remain opaque and pre-delivery prediction is limited. Proposed mechanisms of accreta include excessive trophoblast invasion into the myometrium (*Stanek and Drummond, 2007*). Deficient decidua enabling placental implantation onto the myometrium,

suggested by increased accreta risk with previa alone, and a combination of both (*Wehurm et al., 2011*).

Antenatal diagnosis of accretas is critical, as it can reduce maternal morbidity by enabling for a scheduled delivery by a multidisciplinary team in a tertiary care center. Ultrasound identifies many, but not all, women with MAP and without significant benefit from magnetic resonance imaging (*D'Antonio et al., 2014*).

Serum amyloid A (SAA) is a precursor protein leading to the formation of AA fibrils and plays an important role in the development of systemic AA amyloidosis (*Borbely et al., 2014*).

It is also an immunoregulatory protein involved in the acute-phase reaction. Other known functions of SAA include biological roles in lipid metabolism, immunomodulation, cell proliferation, cell differentiation, cell migration, and invasion (*Knebel et al., 2013; Sandri et al., 2014*). Each of the four isoforms of human SAA is expressed from an individual gene (*SAA1, SAA2, SAA3, and SAA4*). Both *SAA1* and *SAA2* encode acute-phase proteins, *SAA4* is constitutively expressed, and *SAA3* is a pseudogene. Although SAA is predominantly synthesized in the liver, 5 extra-hepatic sources, including

leukocytes, adipocytes, synoviocytes, tumor cells and first trimester trophoblast cells (*Sandri et al., 2014*).

SAA exerts immunoregulatory effects and key effects on trophoblastic migration, invasion, and differentiation. At low concentrations, SAA regulates trophoblast invasion and metalloprotease activity within the placental microenvironment, both of which are important for placental homeostasis and placental invasion (*Knebel et al., 2013*).

Trophoblast cells, as a key constituent of the human placenta, play a fundamental role in successful pregnancy. These cells are fated to become either villous cytotrophoblast cells, which proliferate and then differentiate via fusion to form the syncytiotrophoblast, or invasive extravillous cytotrophoblast cells (EVT), which form from proliferating cells streaming out of the syncytiotrophoblast and ultimately differentiate into a multilayered cell column (*Gude et al., 2004*).

These cells then proceed to detach from the column and invade the newly formed decidua, where the maternal vascular system is remodeled, establishing the maternal-fetal circulation. It is widely accepted that the invasion of EVT cells into the decidua is controlled by a series of tightly regulated intercellular signaling

events mediated by growth factors, cytokines, hormones and other molecules (*Loreger et al. 2003*).

EVT invasion is facilitated by the degradation of the endometrium/decidua extracellular matrix by various proteases, such as metalloproteases (MMPs). Insufficient migration and shallow invasion into the maternal decidua are linked to recurrent spontaneous abortion, fetal intrauterine growth restriction and pre-eclampsia (*Bringle et al., 2010*).

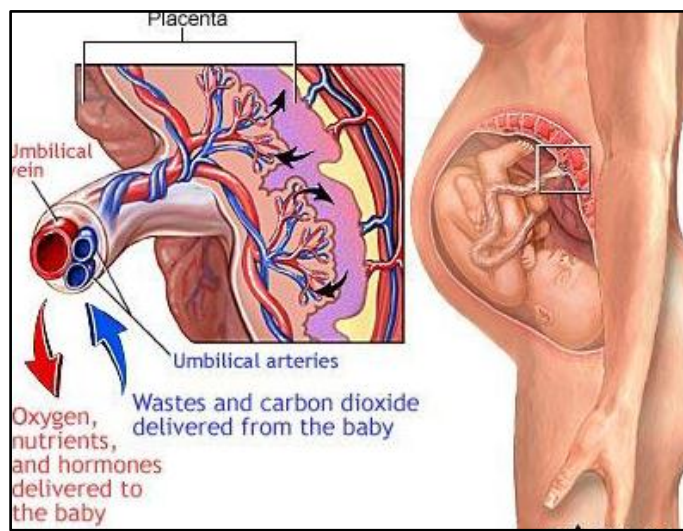
## **Aim of the Work**

his study aims to assess the changes of serum amyloid A  
**T**in women with morbidly adherent placenta.

## Chapter (1)

# The Placenta

The placenta is literally the-tree of life. Structurally, the placenta is a hemochorial villous organ. Functionally, the placenta is a highly complex machine: (1) it acts like a lung in the exchange of oxygen and CO<sub>2</sub>; (2) it works as a digestive system, absorbing all necessary nutrients for fetal development and growth; (3) it functions as a kidney to remove wastes; and (4) it behaves as an immune barrier that protects the growing fetus from antigen attack from the maternal system(Wang and Zhao, 2010).



**Figure (1):** In the placenta, nutrients, wastes, and gases are exchanged between the mother's blood and the baby's blood ([www.aviahmidwiferyservices.com](http://www.aviahmidwiferyservices.com))

The placenta is also an important endocrine organ producing many hormones and growth factors that regulate the course of pregnancy, support and promote fetal growth, and initiate parturition. However, all these tasks depend on normal vascular development within the placenta itself. Normal placental vascular development ensures a healthy pregnancy outcome, whereas insufficient or abnormal placental vascular development will compromise pregnancy outcomes both of the mother and the fetus. The functional unit of the placenta is the chorionic villus, which contains the layers of syncytiotrophoblasts/cytotrophoblasts, villous stromal, and fetal vascular endothelium that separate maternal blood from the fetal circulation (*Wang and Zhao, 2010*).

### **Macroscopic appearance:**

The expelled placenta is a discoid mass which weighs about 500 gm; its diameter varies from 15-20 cm, and its thickness from 3-4 cm near its center rapidly diminishing towards the periphery. Its fetal or inner surface, which is covered by the amnion is smooth and transparent, so that the mottled appearance of the chorion can be seen through it (*Hibbard, 1989*).