

**Comparative Study on the Effect of Bone
Marrow versus Adipose Tissue Derived
Mesenchymal Stem Cells on Experimental
Skeletal Muscle Injury in Rats**

Thesis

Submitted for Partial Fulfillment of the Master Degree
In Histology and Cell Biology

By

Marwa Abo El Kasem Mohamed Saleh Rahoma
M.B., B.CH. Ain Shams University, 2008

Supervised by

Prof. Dr. Manal Hassan Moussa
Professor of Histology and Cell Biology
Faculty of Medicine - Ain Shams University

**Prof. Dr. Abeer Abd El Mohsen Abd El
Samad**

Professor of Histology and Cell Biology
Faculty of Medicine - Ain shams University

Dr. Mohamed Ahmed Abdou Hegazy
Lecturer of Histology and Cell Biology
Faculty of Medicine - Ain shams University

Faculty of Medicine
Ain Shams University
2016

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا
إِلَّا مَا عَلَّمْتَنَا إِنَّكَ أَنْتَ
الْعَلِيمُ الْحَكِيمُ

صَدَقَ اللَّهُ الْعَظِيمُ



سورة البقرة آية (٣٢)

Acknowledgement

*First and foremost thanks **ALLAH** to whom I relate any success in achieving any work in my life.*

*I would like to express my sincere thanks and deepest gratitude to **Prof. Dr. Manal Hassan Moussa**, Professor of Histology, Faculty of Medicine, Ain Shams University, for her suggestion the subject of the thesis. She supported me and encouraged me consistently. Her wide experience, precious instructions and kind supervision helped me to achieve this work. It was such a great honor to work under her guidance.*

*I would like to present my sincere appreciation, gratitude and profound respect to **Prof. Dr. Abeer Abd El Mohsen Abd El Samad**, Professor of Histology, Faculty of Medicine, Ain Shams University, for her meticulous supervision, precise interpretations, contributive comments and precious opinions that served much to continue this work.*

*I would rather like to thank **Dr., Mohamed Ahmed Abdou Hegazy**, Lecturer of Histology, Faculty of Medicine, Ain Shams University, for his kind care and help throughout the performance of this work.*

*I would like to offer special thanks to all **My Professors** and **My Colleagues** in Histology Department, Faculty of Medicine, Ain Shams University, for their warm kindness, valuable advices and continuous support.*

*Finally, I found no words to express my thanks, gratefulness, respect and love to **My Husband**, and all members of **My Family** Without their help, care, support and encouragement I could never be able to achieve any success.*

Marwa Aboelkasim Saleh

List of Contents

Title	Page
▪ List of Abbreviations	I
▪ List of Tables.....	IV
▪ Abstract	V
▪ Introduction.....	1
▪ Aim of the Work	5
▪ Review of Literature.....	6
▪ Material and Methods	48
▪ Results.....	72
▪ Discussion	154
▪ Summary	182
▪ Conclusions.....	188
▪ Recommendations	189
▪ References.....	190
▪ Arabic Summary	V-1

List of Abbreviations

ADSCs	Adipose-Derived Stem Cells
ANOVA	Analysis of Variant
ASCs	Adipose Derived Stromal/Stem cells
BFGF	Basic Fibroblast Growth Factor
BM-MSCs	Bone Marrow Derived Mesenchymal Stem Cells
BMP	Bone Morphogenic Protein
CD	Cluster of Differentiation
CFU	Colony Forming Unit
CKM	Muscle Certain KINASE
CTx	Cardiotoxin
DAB	Diaminobenzidine
DMEM	Dulbecco's Modified Eagles Medium
DNA	Deoxyribonucleic Acid
ECM	Extracellular Matrix
EDTA	Ethylene Diamminetetracetic Acid
EGF	Epidermal Growth Factor
EPC	Endothelial Progenitor Cells
ESCs	Embryonic Stem Cells
FBS	Fetal Bovine Serum
FCS	Fetal Calf Serum
FGF-2	Fibroblast Growth Factor-2
HGF	Hepatocyte Growth Factor
HSC	Hematopoietic Stem Cell
IGF1	Insulin-Like Growth Factor 1
IL	Interleukin
IM	Intramuscular

List of Abbreviations

MDSCs	Muscle-Derived Stem Cells
MHC	Myosin Heavy Chains Complement
MHC-II	Class II Major Histocompatibility Complex
MMPs	Matrix Metalloproteinase
MRFs/MYF	Myogenic Regulatory Factors
MSCs	Mesenchymal Stem Cell
MSTN	Myostatin
MVS	Micro-Vesicles
MyoD	Myogenic Differentiation Factor
MyoG	Myogenin
NK	Natural Killer Cell
NMJ	Neuromuscular Junctions
No	Nitric Oxide
NSAIDs	Non-Steroidal Anti-Inflammatory Drugs
NTx	Notexin
PBS	Phosphate Buffered Saline
PCNA	Proliferating Cell Nuclear Antigen
PCR	Polymerase Chain Reaction
PDGF	Platelets Derived Growth Factor
PGE	Prostaglandins
PIC	PW1+/pax7- Interstitial Cells
PLA	Processed Lipoaspirate Cell
SCs	Satellite Cells
SP	Side Population Cells
SRY	Sex Determining Region of Y Chromosome
SVF	Stromal Vascular Fraction

List of Abbreviations

TGFβ	Transforming Growth Factor β
TIMPs	Tissue Inhibitors of Metalloproteinase
VCAM1	Vascular Cell Adhesion Molecule
VEGF	Vascular Endothelial Growth Factor
α-SMA	Alpha-Smooth Muscle Actin

List of Tables

Table No.	Title	Page
Table (1):	Showing the mean transverse diameter of muscle fiber in the different sub-groups.....	147
Table (2):	Showing the mean number of centronucleated myotubes/ hpf counted in different subgroups	149
Table (3):	Showing the mean area percentage of collagen fibers/hpf in different subgroups.....	151

Abstract

Introduction: Skeletal muscle injury can result from a variety of mechanisms, including contusion, strain, laceration, or a combination of these mechanisms. Lesions originating by trauma are associated with loss of healthy muscular tissue and development of fibrous tissue scar with irreversible atrophy. Stem cells as a part regenerative therapy could overcome these limitations and improve skeletal muscle regeneration. **Aim of the work:** to compare between the effects of mesenchymal stem cells derived from the bone marrow versus those derived from the adipose tissue in treatment of skeletal muscle injury in female albino rats. **Materials and Methods:** Fifty adult female albino rats weighing 150-200gm were included in the study. They were divided into four groups: Group I (Control), Group II (untreated group) in which skeletal muscle laceration injury was induced and left for spontaneous healing, Group III in which the rats received a single dose of 10^6 BM-MSCs via IM at the site of injury, Group IV in which the rats received a single dose of 10^6 ADSCs via IM at the site of injury. Skeletal muscle specimens were prepared for histological examination using H/E and Mallory trichrome stain. Also muscle specimens for detection of y chromosome in stem cells treated group by using PCR. Morphometric study and statistical analysis were performed. **Results:** Histological examination of the skeletal muscle laceration injury in the untreated group revealed a gap filled with granulation tissue. There was disruption of the muscle fibers with vacuolation in the cytoplasm and pyknotic nuclei. After 2 weeks, there was significant increase in the collagen fiber deposition in the interstitium. The BM-MSCs treated group showed better regeneration of the muscle fibers through the appearance of centronucleated regenerating myotubes but the interstitium also showed increased collagen deposition. Meanwhile, the ADSCs treated group showed significant increase in the regenerating centronucleated myotubes without an increase in the collagen fiber deposition. **Conclusion:** Inramuscular injection of ADSCs is preferable than BM-MSCs in the treatment of skeletal muscle laceration injury.

Key words: Skeletal muscle laceration injury, BM-MSCs Bone marrow mesenchymal stem cells, ADSCs Adipose derived stem cells, Rat.

Introduction

Skeletal muscle injury can result from a variety of mechanisms, including contusion, strain, laceration, or a combination of these mechanisms. Lesions originating by trauma are associated with loss of healthy muscular tissue and development of fibrous tissue scar with irreversible atrophy (**Pereira et al., 2013**).

The capacity of skeletal muscle tissue to regenerate resides in a reserve population of mono-nucleated precursors, which are termed *satellite cells* (**Pecanha et al., 2012**). **Filareto et al., (2015)** reported that the low frequency of satellite cells in skeletal muscle fibers limits its regenerative capacity.

Complete functional recovery of skeletal muscle after severe injury remains a challenge. Accordingly, significant efforts are being made to improve the current treatment of skeletal muscle trauma. An approach is needed to limit fibrosis and atrophy, improve myocyte regeneration and local revascularization (**Quintero et al., 2009**).

Stem cells and regenerative medicine is a fast emerging field with rapid progress. Mesenchymal stem cells (MSCs) are rapidly proliferating and can differentiate into special types including skeletal muscle fibers. On the other hand, satellite cells are poorly expandable in vitro

with poor survival rate and rapidly undergo senescence (**Pecanha et al., 2012**).

By definition, stem cells are characterized by being primitive undifferentiated non-specialized, and by having the ability to generate not only new stem cells, but also a diverse range of specialized cell types under certain physiological and experimental conditions. In this process of self-renewal and differentiation, the stem cell can go through two basic division processes: a) the deterministic model, which corresponds to the division of a stem cell that generates a new stem cell and a cell that will differentiate (progenitor cell) and, b) the random or stochastic model, in which some stem cells generate only new stem cells while others generate differentiated cells (**Samira and Okamoto, 2010**).

Many tissues have been investigated as a source of adult mesenchymal stem cells including adipose tissue, bone marrow, periosteal tissue, peripheral blood, skeletal muscle and the synovium (**Murphy et al., 2013**).

Several researchers have reported that bone-marrow-derived mesenchymal stem cells (BM-MSCs) have the potential to differentiate and fuse with myoblasts in vitro and to contribute to muscle-healing and treatment of muscle disorders. Like bone marrow, adipose tissue is

derived from the embryonic mesoderm and contains a heterogenous stromal cell population such as endothelial cells, smooth muscle cells, pericytes and mesenchymal stem cells (**Pecanha et al., 2012**)

Horwitz et al., (2007) stated that adipose tissue and BM are the most readily available sources of MSCs. Although adipose tissue derived MSCs and BM-MSCs show the same immunoregulatory properties and supporting hematopoiesis, BM-MSCs have a higher degree of commitment to differentiate into chondrogenic and osteogenic lineages than adipose tissue-derived MSCs.

Of known MSC-containing tissues, adipose tissue is a particularly attractive source due to its availability and accessibility (**Herrera et al., 2007**).

Adipose-Derived Stromal/Stem Cells (ASCs) have the advantage of being safely harvested in abundant quantity. Per gram of adipose tissue 5×10^3 colony-forming stromal cells can be isolated, which is estimated to represent up to 500 times more cells than for bone marrow stromal cells (**Murphy et al., 2013 and Bourin et al., 2013**).

In culture, ASCs have displayed good proliferative capacities as well as an impressive developmental

plasticity, including the ability to undergo multi lineage differentiation (**Baer and Geiger, 2012**).

Cui et al., (2007) showed that ASCs are less immunogenic and immuno-suppressive. Adipose-derived stem cells have several advantages over bone marrow in clinical trials, such as easy accessibility, abundance, and higher stem-cell proliferation rates than BM-MSCs. Recently, ASCs were shown to secrete multiple angiogenic and anti-apoptotic cytokines, supporting tissue regeneration and minimizing tissue damage. These cytokines were also classically described to be crucial for satellite cell proliferation and fusion in vitro and in vivo (**Pecanha et al., 2012**).

Aim of the Work

To compare between the possible effects of mesenchymal stem cells derived from bone marrow versus those derived from adipose tissue in treatment of skeletal muscle injury in female albinos rats.

Development of muscle fibers

A muscle fiber is formed during development by fusion of small, individual muscle cell called myoblast. These cells derived from self-renewing population of multipotential myogenic stem cells that originated in the embryonic mesoderm. Early in embryonic development, these cells express MyoD transcription factor, which along with other myogenic regulatory factors (MRFs) played key role in activation of muscle-specific gene expression and differentiation of all skeletal muscle lineages (**Charg and Rudnick 2004**).

Myoblast also express negative regulatory myostatin gene which has a balancing effect on skeletal muscle development through the synthesis of myostatin (MSTN). Myostatin protein belongs to the bone morphogenic protein/ transforming growth factor B (BMP & TGF-B). Myostatin has an inhibitory effect on muscle growth and differentiation. It was observed that inactivation of myostatin gene results in hyper muscular phenotypes.

There are two types of myoblasts. First is the early myoblast that is responsible for formation of primary myotubes through synchronous fusion. By light microscope, primary myotubes show a chain of multiple central located nuclei that are surrounded by myofilament. Myotubes undergo further differentiation into skeletal