

# **The Value of Composite Y Graft Using Bilateral Skeletonized Internal Mammary Artery in Coronary Artery Bypass Operation**

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# **The value of composite Y graft using bilateral skeletonized internal mammary artery in coronary artery bypass operation**

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## **Background:**

Total arterial revascularization using composite grafts from bilateral internal mammary arteries (BIMAs) has gained great interest in the last two decades, in order to improve the short and long term outcomes of CABG operations.

## **Objective:**

The aim of this work is to evaluate the safety and efficiency of coronary artery bypass graft (CABG) operation with composite Y graft using bilateral internal mammary artery by following the short term clinical outcome.

## **Methods:**

Between November 2009 and May 2012, 104 patients undergoing coronary artery bypass grafting were revascularized using a composite Y graft from skeletonised

BIMAs. Saphenous venous grafts (SVGs) were used to complete revascularization in 52 (50%) of patients. The mean age was  $52.78 \pm 7.9$  years. Six (5.8%) patients were females. Preoperative, intraoperative, and postoperative data were collected in a prospective manner. Troponin I (Tn I) was measured preoperative, and at 6, 12, and 24 hours postoperative in blood samples.

### **Results:**

The mean number of anastomoses for patients was  $3.01 \pm 0.66$  (range 2–4). The mean cross-clamp time was  $54.37 \pm 14.9$  min (range 16–95 min), and the mean extracorporeal circulation time was  $87.27 \pm 23.9$  min (range 40–150 min). Six patients were operated off-pump (5.8%). The intraoperative mortality was 1% (1 patient). The incidence of postoperative arrhythmia was 5.8 %, peri-operative infarction 1.9 % (elevated Tn I), re-operation for bleeding 4.8% and deep sternal wound infection 1%.

### **Conclusion:**

The technique of using composite Y graft from both internal mammary arteries for coronary revascularisation is relatively efficient, and safe according to short term clinical and biochemical follow up.

**Keywords:** Coronary artery bypass grafting. Arterial grafts. Myocardial infarction. Sternal wound infection.

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# *List of Abbreviations*

<b>Abbrev.</b>	<b>Meaning</b>
<b>AHA/ACC</b>	<i>American Heart Association and American College of Cardiology</i>
<b>BIMA</b>	<i>Bilateral internal mammary artery</i>
<b>BMI</b>	<i>Body mass index</i>
<b>BSA</b>	<i>Body surface area</i>
<b>CABG</b>	<i>Coronary artery bypass grafting</i>
<b>CAD</b>	<i>Coronary artery disease</i>
<b>CAG</b>	<i>Coronary angiography</i>
<b>CCS</b>	<i>Canadian Cardiovascular Society</i>
<b>CCU</b>	<i>Cardiac care unit</i>
<b>COPD</b>	<i>Chronic obstructive pulmonary disease</i>
<b>CPB</b>	<i>Cardiopulmonary bypass</i>
<b>cTnI</b>	<i>Cardiac Troponin I</i>
<b>CVA</b>	<i>Cerebrovascular accident</i>
<b>CVP</b>	<i>Central venous pressure</i>
<b>CX</b>	<i>Circumflex artery</i>
<b>DM</b>	<i>Diabetes mellitus</i>
<b>ECG</b>	<i>Electrocardiogram</i>
<b>EF</b>	<i>Ejection fraction</i>
<b>GEA</b>	<i>Gastroepiploic artery</i>
<b>HbA1c</b>	<i>Hemoglobin A1c</i>
<b>IAB</b>	<i>Intraaortic balloon</i>
<b>ICU</b>	<i>Intensive care unit</i>
<b>IHD</b>	<i>Ischemic heart disease</i>
<b>IMA</b>	<i>Internal mammary artery</i>
<b>Int.</b>	<i>Ramus intermedius artery</i>
<b>IU</b>	<i>International units</i>
<b>LAD</b>	<i>Left anterior descending artery</i>
<b>LCX</b>	<i>Left circumflex artery</i>
<b>LIMA</b>	<i>Left internal mammary artery</i>

<b>Abbrev.</b>	<b>Meaning</b>
<b>LV</b>	<i>Left ventricle</i>
<b>LVEDV</b>	<i>Left ventricular end diastolic volume</i>
<b>LVESV</b>	<i>Left ventricular end systolic volume</i>
<b>LVEF</b>	<i>Left ventricular ejection fraction</i>
<b>LVF</b>	<i>Left ventricular function</i>
<b>MACCE</b>	<i>Major adverse cardiac and cerebrovascular events</i>
<b>MDCT</b>	<i>Multidetector computed tomography</i>
<b>MI</b>	<i>Myocardial infarction</i>
<b>mSV</b>	<i>milliseverts</i>
<b>NYHA</b>	<i>New York Heart Association</i>
<b>OM</b>	<i>Obtuse marginal artery</i>
<b>OPCAB</b>	<i>Off pump -coronary artery bypass</i>
<b>PCI</b>	<i>Percutaneous coronary intervention</i>
<b>PCV</b>	<i>Packed cell volume</i>
<b>PDA</b>	<i>Posterior descending artery</i>
<b>PTCA</b>	<i>Percutaneous transluminal coronary angioplasty</i>
<b>RA</b>	<i>Radial artery</i>
<b>RCA</b>	<i>Right coronary artery</i>
<b>RGEA</b>	<i>Right gastroepiploic artery</i>
<b>RIMA</b>	<i>Right internal mammary artery</i>
<b>SIMA</b>	<i>Single internal mammary artery</i>
<b>SSIs</b>	<i>Surgical- site infections</i>
<b>STS</b>	<i>Society of thoracic surgeons</i>
<b>SV</b>	<i>Saphenous vein</i>
<b>SVG</b>	<i>Saphenous venous graft</i>
<b>TEE</b>	<i>Transesophageal echocardiography</i>
<b>TTE</b>	<i>Transthoracic echocardiography</i>
<b>VF</b>	<i>Ventricular fibrillation</i>

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## INTRODUCTION

Saphenous vein grafts undergo a degenerative change in the intermediate to long term that ultimately limits graft patency. As a result there has been a trend to use arterial grafts in younger patients. **(Ian A. Nicholson and Hugh S. Paterson, 1997)**

The internal thoracic artery is widely recognized as the ideal graft for coronary artery bypass procedures. Its high rate of long-term patency is due to the low risk of intimal thickening and to the freedom from major atheromatous disease in this elastic conduit. **(Badih El Nakadi et al, 2000)**

The left internal thoracic artery (LITA) is the best graft for bypassing stenoses of the left anterior descending coronary artery (LAD). The right internal thoracic artery (RITA), used in the same circumstances as the LITA, may offer the same results. Therefore, the use of bilateral in situ internal thoracic artery (ITA) grafts has gained prominence. This development is however restricted by three factors: the risk of sternal devascularization and ischemia resulting in sternal wound complications, insufficient length of the RITA pedicle, and the necessity to cross the midline. **(Sidney Chocron et al, 1994)**

To obtain multiple coronary revascularization using only the internal thoracic arteries (ITA), a composite graft in which a free right ITA (RITA) is attached to the side wall of a left ITA (LITA) has been applied. In this type of composite graft, the blood flow to the myocardium perfused by the grafted coronary arteries depends on the blood supply from the LITA. **(Masami Ochi et al, 2001)**

This procedure provides additional length to reach a distal coronary artery branch and reduces sternal devascularization by preserving the first RITA collateral artery. (**Sidney Chocron et al, 1994**)

Sequential grafting uses one conduit for more than one distal anastomosis and is therefore more efficient. Since most patients receive more than two anastomoses, sequential grafts are frequently required when using composite grafts. (**Alistair G. Royse et al, 1999**)

Calafiore has suggested that conduits arising from the aorta may experience more turbulence and potentially endure more intimal damage than composite conduits arising from the left internal mammary artery (LIMA). Since the results of late patency of LIMA to left anterior descending artery are so good, this Y graft operation, being a modified version of this same graft, could have a similar outcome. A possible benefit of avoidance of aortic anastomoses may be by reduced cerebral embolism manifest by reduced neuropsychological dysfunction and stroke. This may result from a greater freedom to move aortic cannulation and clamping sites when aortic atheroma is detected by echocardiography and from reduced aortic manipulation during construction of proximal anastomoses. (**Alistair G. Royse et al, 1999**)

We should not disregard another important reason for encouraging total arterial revascularization: the lower limb complications derived from the use of saphenous veins are avoided. This, in turn, may result in earlier ambulation, a shorter hospital stay, and a faster return to daily activities. (**Ernesto E. Weinschelbaum et al, 1997**)

- Aim of the work

## AIM OF THE WORK

The aim of this work is to evaluate the safety and efficacy of coronary artery bypass graft (CABG) operation with composite Y graft using bilateral internal mammary artery by following the short term clinical outcome.

## HISTORICAL BACKGROUND

Dr. Ludwig Rehn, a surgeon in Frankfurt, Germany, performed what many consider the first successful heart operation. After repairing the first cardiac wound in 22 year old gardener he stated that: *This proves the feasibility of cardiac suture repair without a doubt! I hope this will lead to more investigation regarding surgery of the heart. This may save many lives. (Rhen L, 1897)*

**In 1876** Adam Hammer establishes that angina pain could be attributed to interruption of coronary blood supply and that heart attacks occurred when at least one coronary artery is blocked (*Westaby S, 1997*)

Indirect methods to restore blood supply to the ischemic myocardium were pioneered by *Claude Beck (1935)* who reported in 1935 on the placement of a pedicled pectoralis muscle flap on the abraded pericardium.

Surgical attempts at increasing blood flow to the ischemic myocardium originated century ago when Alexis Carrel anastomosed a carotid artery segment between the descending aorta and left coronary artery in a dog, for which he was later awarded the Nobel prize (*Carrel, 1910*). The earlier surgical attempts to improve myocardial blood supply were indirect procedures. Cervical sympathectomy was suggested as a method of cardiac denervation and reduction of heart rate. (*Francois- Frank, 1899*)

Three decades later, Arthur Vineberg started implanting the left internal thoracic artery (LITA) into the anterior myocardial territory of patients with CAD in order to