

Detection of Minimal Residual Disease in Acute Leukemia

Essay

*Submitted for partial fulfillment of the master degree of M. Sc.
Degree in Clinical Hematology*

By:

Sameh Omara

M.B.B.Ch, Ain shams University

Supervised by

Dr. Hoda Ahmed Gad Allah

*Professor of Internal Medicine and Clinical Hematology
Faculty of Medicine, Ain Shams University*

Dr. Hany Hegab

*Assistant Professor of Internal Medicine and Clinical Hematology
Faculty of Medicine, Ain Shams University*

Dr. Walaa Ali El Salakawy

*Lecturer of Internal Medicine and Clinical Hematology
Faculty of Medicine, Ain shams University*

**Faculty of Medicine
Ain Shams University**

٢٠١٣



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا إِلَّا مَا
عَلَّمْتَنَا إِنَّكَ أَنْتَ الْعَلِيمُ الْحَكِيمُ

صدق الله العظيم

سورة البقرة آية (٣٢)



*First of all, all gratitude is due to **God** almighty for blessing this work, until it has reached its end, as a part of his generous help, throughout my life.*

*This essay would not have been possible without the support of many people. I wish to express my gratitude to my supervisors, **Prof. Dr. Hoda Gad Allah** who was abundantly helpful and offered invaluable assistance, support and guidance.*

*Deepest gratitude are also due to the members of the supervisory committee, **Assoc. Prof. Dr. Hany Hegab and Dr. Walaa Elsalakawy** without whose knowledge and assistance these papers would not have been successful.*

*Special thanks also to the general manager of oncology - hematology hospital in Maadi Armed Forces Medical Compound, **Prof. Dr. Mohammed Khalaf**, who learnt me the art of life, and gave me the power and energy to work and read.*

I'd also like to convey thanks to my senior colleagues for their support and continuous encouragement.

I also wish to express my love and gratitude to my beloved wife; for her understanding & endless love, through the duration of my studies.



Sameh Omara

Contents

List of Abbreviations	i
List of Tables	ii
List of Figures	iii
Introduction and Aim of the Work	1
Chapter one:	
Introduction and Rationale of minimal residual disease	4
Definition of minimal residual disease	5
Rationale of minimal residual disease testing	6
Acute leukemia:	7
Clinical presentation	8
Risk factors	10
Diagnosis	13
Principles of treatment	17
Chapter two:	
Detection of MRD in acute myeloid leukemia:	19
Introduction.....	19
MRD concept.....	20
Cytogenetics of AML	20
Methodologies of MRD	26
FISH technique	28
Nucleic acid amplification technique	28
Core binding factor leukemias.....	31
Genetic mutations	42
Flowcytometry	50
MRD in APL.....	50
Conclusion	58
Chapter three : MRD in acute lymphoblastic leukemia	
Introduction.....	60
Rationale and Methodology.....	61
Gene rearrangement.....	64

Gene fusion	٦٨
Immunophenotypes.....	٧١
Application of MRD in ALL	٧٥
Chapter Four: A Look Into The Future	
How and why minimal residual disease studies are necessary in leukemia?	٨٢
MRD post allogenic BMT	٨٤
Summary	٨٩
References	٩١
Arabic Summary	--

List of Abbreviations

ALL	Acute lymphoblastic leukemia
AML	Acute myeloid leukemia
APL	Acute promyelocytic leukemia
ASH	American society of hematology
BM	Bone marrow
CBF	Core binding factor
CCR	Complete clinical remission
CLL	Chronic lymphocytic leukemia
CML	Chronic myeloid leukemia
CN-AML	Cytogenetically normal acute myeloid leukemia
CR	Complete remission
DFS	Disease free survival
DIC	Dessiminated intravascular coagulopathy
FISH	Fluorescence in situ Hybridization:
F-RK	Favorable risk karyotyping
HSCT	Hematopoetic stem cell transplantation
I-RK	Intermediate risk karyotyping
LAIPS	Leukemia associated immunophenotypes
MDS	Myelodysplastic syndrome
MLL	Mixed lineage leukemia
MRD	Minimal residual disease
OS	Overall survival
PB	Peripheral blood
PCR	Polymerase chain reaction
RQ-PCR	Real time quantitative Polymerase chain reaction
U-RK	Unfavorable risk karyotyping

List of tables

<i>Table</i>	<i>Title</i>	<i>Page</i>
۱	Predicted outcome in patients with acute leukaemia	۱۸
۲	Methods of quantitating MRD	۲۴
۳	Novel prognostic markers in acute myeloid leukemia	۴۹
۴	Antibodies currently used to study MRD in ALL	۷۴
۵	Characteristics of three MRD techniques in ALL	۷۷
۶	Methods for MRD post allogenic BMT	۸۷

List of Figures

<i>Fig.</i>	<i>Title</i>	<i>Page</i>
۱	Factors that influence response to treatment in patients with acute leukaemia	۷
۲	The MRD concept	۲۲
۳	Molecular heterogeneity of CN-AML.	۲۶
۴	Quantification of mutant NPM1 copy number by PCR	۴۵
۵	Leukemia associated immunophenotypes pre and post induction	۵۲
۶	Flowcytometry in AML pre and post induction	۵۵
۷	Use of RQ-PCR to evaluate the quality of follow-up samples for MRD assessment and predict relapse of APL	۵۹
۸	Molecular response to treatment an ALL	۶۳
۹	IgH rearrangement and heteroduplex clonality	۶۵
۱۰	Molecular response in childhood ALL according to genetic subtypes	۷۰
۱۱	MRD monitoring strategy at st. Jude children`s research hospital	۷۸
۱۲	MRD in ALL with aberrant expression	۸۱

Introduction

Minimal residual disease(MRD) is the name given, to small numbers of leukemic cells that remain in patients during treatment or after when the patient is morphologically in remission ,it is the major cause of relapse in leukemia. The tests used to assess/ detect leukemic cell were not sensitive enough to detect MRD. Recently, very sensitive molecular biology tests are available- based on DNA , RNA or PROTEINS -and these can measure minute level of malignant cells in tissue samples as low as one malignant cell in million normal cells. (*Frie et al., ۲۰۰۲*).

In cancer treatment particularly leukemia, MRD testing has several important roles: determining whether the treatment has eradicated the cancer or whether traces remain , comparing the efficacy of different regimens of treatment, monitoring the patient remission status and recurrence or relapse of leukemia and choosing the optimal therapy for treatment.(*Haferlach , ۲۰۰۸*).

The tests are not simple, are often a part of research or trials, and some have been accepted for routine clinical use. The common principle underlying all MRD assays is that the leukemogenic process has resulted in molecular and cellular changes that distinguish leukemic cells from their normal

counterparts (*Szczepanski al.*, 2001; *Campana*, 2002). These leukemia - associated features are identified at diagnosis or at relapse and then used to monitor MRD.

One of the distinguishing features of leukemic cells is the expression of cell markers in abnormal patterns. These abnormal cell profiles are best detected with multiparameters flow cytometry (*Campana*, 2002).

A second distinguishing feature of leukemic cells is clonal rearrangement of the genes encoding immunoglobulins and T- cell receptors (TCR) proteins. These leukemia-specific molecular signatures can be found in the majority of cases of acute lymphoblastic leukemia (*Pongers-Willemse al.*, 1999).

But in less than 10% of acute myeloid leukemia. Real-time polymerase chain reaction (PCR) is the preferred method for the detection of cells with such rearrangement (*van der Valden al.*, 2002).

A third leukemia associated feature can be used to distinguish leukemia from normal cells is presented by chromosomal abnormalities and resulting gene fusions, real time PCR provides the most accurate way to measure their levels (*Gabert al.*, 2002).

Aim of the Work

Review of the recent advances regarding the detection of minimal residual disease in acute leukemia.

Introduction and Rationale of Minimal Residual Disease

Introduction:

Patients with acute lymphoblastic or acute myeloid leukemia may harbor up to 10^{12} malignant cells at presentation. With chemotherapy, the majority of both children and adults achieve complete clinical remission (CCR) following the first course of induction therapy. However, even in CCR, patients can still have as many as 10^{12} malignant cells in the marrow, and this is responsible for relapse in 10-20% of children and 5-10% of adults with acute lymphoblastic leukemia (ALL) and in a varying proportion of patients with acute myeloid leukemia (AML).

A variety of methods have been developed to detect malignant cells in patients in CCR, i.e. to detect 'minimal residual disease' with higher sensitivity than morphological method. This conventionally defines CCR by the presence of less than 0% blasts in the bone marrow. The goal of more sensitive techniques for MRD detection is to adjust patients' therapy in order to reduce both the risk of relapse and of overtreatment, particularly in children. (*Campana D, 2009*).

Definition of MRD :

Minimal residual disease (MRD) is defined as the lowest level of disease detectable in patients in complete clinical remission (CCR) by the methods available (morphological remission). A reliable technique for MRD detection should be specific (discriminate malignant from normal cells), sensitive (able to detect up to one leukemic cell in at least 1000 normal cells), reproducible (widely applicable in different laboratories) and quantitative (provide a numerical estimate of positive cells).

Submorphologic (ie, minimal) residual disease (MRD) can be monitored in virtually all children and adolescents with acute myeloid leukemia (AML) or acute lymphoblastic leukemia (ALL) using methods such as flowcytometric detection of leukemic immunophenotypes or polymerase chain reaction amplification of fusion transcripts, gene mutations, and clonal rearrangements of antigen-receptor genes. Numerous studies have demonstrated the clinical importance of measuring MRD, spurring the design of clinical trials in which MRD is used for risk assignment and treatment selection.

Rationale For Minimal Residual Disease Testing :

Monitoring response to treatment by periodic examination of bone marrow aspirates is an integral part of the clinical management of patients with acute leukaemia. The presence of residual leukaemia and the overall status on normal haematopoiesis, as determined by the cellular appearance of bone marrow smears, provide an indication of the sensitivity of leukaemic cells to chemotherapy and of the degree of haematopoietic regeneration occurring during treatment intervals. Because the morphology of leukaemic cells generally resembles that of normal lymphohaematopoietic progenitors, it is difficult to identify leukaemic cells with confidence. In fact, identification of individual leukaemic cells scattered among normal bone marrow cells might not be possible even for an experienced haemopathologist. (*Campana D, ୨୦୦୭*).