

UPPER BODY CONTOURING AFTER MASSIVE WEIGHT LOSS

Thesis

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By

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To My Family

ABSTRACT and KEYWORDS

Abstract: After massive weight loss (MWL), skin redundancy remains an aesthetic and a functional problem that remains amenable only by surgical excision. Upper body deformities include the arms, breast/chest and back. **Aim of work:** To classify the various upper body deformities with view to surgical approach. **Patients and methods:** 26 MWL patients were classified according to position of the lateral inframammary folds and underwent corrective procedures. **Conclusion:** the lateral inframammary fold position is a good tools for classifying patients into a group that requires isolated procedures to treat the upper body deformity (mastopexy/brachioplasty), and a group that needs a unit approach known as the upper body lift.

Keywords: Upper body contouring - massive weight loss – upper body lift – brachioplasty – mastopexy.

.

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