

# **The role of ascitic fluid complement 3 level in development of spontaneous bacterial peritonitis**

***Thesis***

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# دور مستوى العامل المتمم (C3) لسائل الاستسقاء في حدوث الالتهاب البريتوني البكتيري التلقائي

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# List of Contents

Title	Page
• <b>Introduction Aim of the Work</b> .....	1
• <b>Review of Literature:</b>	
○ Hepatic Cirrhosis .....	3
○ Ascites .....	14
○ Spontaneous Bacterial Peritonitis .....	34
○ Complement System .....	50
• <b>Patients and Methods</b> .....	71
• <b>Results</b> .....	78
• <b>Discussion</b> .....	98
• <b>Summary</b> .....	107
• <b>Conclusion</b> .....	110
• <b>Recommendation</b> .....	111
• <b>References</b> .....	112
• <b>Arabic Summary</b> .....	--

# List of Tables

Tab. No	Subjects	Page
1.	Child-Turcotte Pugh classification of cirrhosis severity and survival rate by class.....	12
2.	Tests of Ascitic Fluid.....	22
3.	Classification of ascites according to the level of serum-ascites albumin gradient (SAAG) .....	23
4.	Clinical manifestation of ascitic fluid infection .....	42
5.	Options for empiric antibiotic therapy of SBP .....	47
6.	Recommended antibiotic regiments for the prevention of SBP .....	49
7.	Comparison between both groups as regards the age.....	79
8.	Comparison between both groups as regards the sex.....	80
9.	Comparison between both groups as regards the Child-Pugh class.....	81
10.	Presenting symptom among patients in group II.....	82
11.	Comparison between both groups as regards the Serum total leukocytic count .....	83
12.	Comparison between both groups as regards the liver and kidney function test .....	84
13.	Comparison between both groups as regards the ascitic fluid examination .....	86
14.	Comparison between both groups as regards the SAAG.....	88
15.	Detection of bacteria by ascitic fluid culture among patients in group II .....	89
16.	Type of bacteria detected among patients have positive ascitic fluid culture in group II .....	90
17.	Comparison between both groups as regards the A.F. Complement level (C3) at the baseline and the follow up reading.....	91

18. Comparison within each group as regards the A.F. Complement level (C3) on follow up reading with the baseline .....	92
19. Comparison of the A.F. Complement level (C3) among both groups over successive 3 month .....	94
20. Comparison between class B and C among each group as regards the A.F. Complement level (C3) .....	95
21. Correlation between A.F. complement (C3) and other ascitic fluid examination in both groups .....	96

# List of Figures

Fig. No	Subjects	Page
1.	Pathogenesis of Ascites .....	16
2.	Complement activation pathways .....	51
3.	Cleavage of C3 .....	58
4.	The mean age among both groups .....	79
5.	Comparison between both groups as regards the sex. ....	80
6.	Comparison between both groups as regards the Child-Pugh class .....	81
7.	The presenting symptom among patients in group II .....	82
8.	The mean Total leukocytic count among both groups .....	83
9.	Comparison between both groups as regards the S.albumin .....	85
10.	Comparison between both groups as regards the S.bilirubin.....	85
11.	Comparison between both groups as regards the PT .....	85
12.	Comparison between both groups as regards the S.Creatinine .....	85
13.	Comparison between both groups as regards the BUN .....	85
14.	Comparison between both groups as regards the A.F neutrophilic Count.....	87
15.	Comparison between both groups as regards the A.F. total protein .....	87
16.	Comparison between both groups as regards the A.F. albumin. ....	87
17.	Comparison between both groups as regards the A.F. LDH .....	87
18.	Comparison between both groups as regards the A.F. glucose .....	87
19.	Comparison between both groups as regards the SAAG.....	88
20.	Percentage of patients have positive ascitic fluid culture for bacteria among patients in group II .....	89

21. Comparison as regards the A.F. Complement level (C3) at baseline and follow up readings between both groups and within each group.....	93
22. Correlation between A.F. Complement and A.F. neurophilic Count .....	97
23. Correlation between A.F. Complement and A.F. total protein .....	97
24. Correlation between A.F. Complement and A.F.LDH .....	97

# List of Abbreviations

μL	Micro Litter
AAE	Acquired Angioedema
AASLD	American Association for the Study of Liver Diseases
Ab	Antibody
A.F	Ascitic Fluid
AFB	Acid-Fast Bacilli
Ag	Antigen
ALP	Alkaline Phosphatase
ALT	Alanine Aminotransferase
ANA	Antinuclear Antibody
AP	Alternative Pathway
APC	Antigen Presenting Cells
AST	Aspartate Aminotransferase
BT	Bacterial Translocation
BUN	Blood Urea Nitrogen
C3	Complement 3
CIC	Circulating Immune Complexes
CNNA	Culture Negative Neutrocytic Ascites
CP	Classical Pathway
CR1	Complement receptor 1
CT	Computed Tomography
CTP	Child-Turcotte-Pugh
DAF	Decay-accelerating factor
dl	Deciliter
DNA	Deoxyribonucleic Acid
DT	Dipstick Testing
EASL	European Association for the Study of the Liver
ELISA	Enzyme-Linked Immunosorbent Assay
FB	Factor B
FD	Factor D
g	Gram
GALT	Gut-Associated Lymphoid Tissue
GI	Gastro-Intestinal
HAE	Hereditary Angioedema



## List of Abbreviations (Cont.)

HE	Hepatic Encephalopathy
HRS	Hepatorenal Syndrome
Hu	Human
Ig	Immunoglobulin
INR	International Normalized Ratio
IV	Intravenous
L	Litter
LDH	Lactate Dehydrogenase
LP	Lectin Pathway
M cells	Macrophage Cell
MAC	Membrane Attack Complex
MASP	Mannan-Binding Lectin associated Serine Protease
MBL	Mannan-Binding Lectin
MCP	Membrane Cofactor Protein
MELD	The Model for End-stage Liver Disease score
mg	Milligram
MLN	Mesenteric Lymph Nodes
MNB	Monomicrobial non Neutrocytic Bacterascites
NASH	Non Alcoholic Steatohepatitis
NO	Nitric Oxide
P	Properdin
PAMP	Pathogen-Associated Molecular Pattern
PMN	Polymorphonuclear Leucocytes
PRR	Pattern Recognition Receptor
PT	Prothrombin Time
RCA	Regulators of Complement Activation proteins
SAAG	Serum Albumin -Ascitic fluid albumin Gradient
SBP	Spontaneous Bacterial Peritonitis
SIRS	Systemic Inflammatory Response Syndrome
SNP	Single Nucleotide Polymorphism
SRBC	Sheep Red Blood Cell
TIPS	Transjugular Intrahepatic Portosystemic Shunt
TLR	Toll like receptor
TP	Terminal Pathway
UNOS	United Network for Organ Sharing

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## Introduction

Liver cirrhosis is a frequent phenomenon in chronic liver disease such as hepatitis B, hepatitis C, alcoholic-related liver damage, autoimmune hepatitis and hemochromatosis (*Van Erpecum, 2006*).

Ascites is the most common complication in patients with decompensated cirrhosis. Approximately 50% of patients with compensated cirrhosis will develop ascites over a 10-years period (*Saadeh and Davis, 2004*).

Patients with cirrhosis and ascites show a higher susceptibility to bacterial infections mainly because of the inadequate defence mechanisms. The most frequent and the most severe one being Spontaneous Bacterial Peritonitis (SBP) (*Garcia-Tsao, 2005*).

SBP is bacterial infection of the ascitic fluid without any intra-abdominal source of infection (*Frances et al., 2004*).

The prevalence of SBP in cirrhotic patients with ascites has been estimated at 10 to 30% (*Evans et al., 2003*).

There are some mechanisms that are being proposed to explain bacterial translocation (BT) in cirrhosis: the intestinal bacterial overgrowth, the structural and functional alterations of the intestinal mucosal barrier and the deficiencies of the local immune response (*Guarner and Soriano, 2005*).

For SBP diagnosis, the number of polymorphonuclear leucocytes (PMN) from the ascitic fluid obtained by paracentesis must exceed 250 cells/mm<sup>3</sup> and from bacteriological cultures only one germ must be isolated (*Mandell et al., 2005*).



Early start with antibiotic treatment, the short term prognosis of cirrhotic patients with SBP has improved significantly. Unfortunately, the long term prognosis remains extremely poor due to the severity of subjacent liver disease (*Caruntu and Benea, 2006*).

In cirrhosis, because of the local and systemic immune deficiencies, the BT process is followed by bacteremia and ascitic fluid inoculation. If the ascitic fluid complement level is low, this will determine a low bactericidal activity and thus a higher risk of SBP (*Thalheimer et al., 2005*).

## Aim of the Work

This prospective case-control study is to compare the level of ascitic fluid C3 concentration in cirrhotic patients with and without spontaneous bacterial peritonitis monthly over a period of 3 months, to determine its possible protective role against acquiring infection.

## Chapter One: Hepatic Cirrhosis

The word "cirrhosis" is derived from the Greek word *kirrhos*, meaning orange or tawny, and *osis*, meaning condition (*Cheney et al., 2004*).

### **Definition:**

Cirrhosis is a slowly progressive disease, causing irreversible scarring and nodularity of the liver in response to chronic injury from a variety of causes (*Rimola et al., 2000*). This process distorts the normal liver architecture, interferes with blood flow through the liver and disrupts the biochemical functions of the liver (*Mathews et al., 2006*).

### **Classification of Cirrhosis:**

#### ***I- Morphological classification:***

Cirrhosis was historically classified morphologically as micronodular, macronodular, or mixed (*Anthony et al., 1978*). Micronodular cirrhosis, characterized by nodules less than 3 mm in diameter, was believed to be caused by alcohol, hemochromatosis, cholestatic causes of cirrhosis, and hepatic venous outflow obstruction. Macronodular cirrhosis, characterized by various sized nodules larger than 3 mm, was believed to be secondary to chronic viral hepatitis (*SherLock and Dooley 2002*).

Although important from a historical prospective, the morphological classification system has a number of limitations and has thus largely been abandoned. **First**, it is relatively nonspecific with regard to etiology. **Second**, the morphologic appearance of the liver may change as the liver disease progresses; micronodular cirrhosis usually progresses to macronodular cirrhosis. **Third**, serological markers available today are more specific than morphological appearance of the liver for determining the etiology of cirrhosis (*Shibili et al., 2006*).

## **II- Etiological classification of cirrhosis:**

### ***1- Hepatitis and other viruses: (Post hepatic)***

Worldwide, hepatitis B is the most common causes of cirrhosis, but in Egypt and in the United States hepatitis C is a more common cause (*Gebo et al., 2002a*).

### ***2- Drugs, Toxins, and infections:***

This is rare. Long-term infections with various bacteria or parasites can damage the liver and cause cirrhosis (*Scott and Thomas, 2004*).

### ***3- Bile duct obstruction (Biliary cirrhosis):***

In adults, the most common cause is primary biliary cirrhosis, a disease in which the ducts become inflamed, blocked, and scarred (*Jones, 2003*).

Secondary biliary cirrhosis can happen after gallbladder surgery if the ducts are inadvertently tied off or injured, gall stones or sclerosing cholangitis (*Giorgini et al., 2005*).

### ***4- Autoimmune cirrhosis:***

In autoimmune hepatitis, the body's immune system attacks the liver, causing cell damage that leads to cirrhosis (*Al Varez et al., 2002*).

### ***5- Inherited disease: (metabolic)***

They include Wilson disease, cystic fibrosis, alpha-1 antitrypsin deficiency, hemochromatosis, galactosemia, and glycogen storage disease (*NDDIC, 2003*).

### ***6- Chronic alcoholism: (Alcoholic)***

The most common form of cirrhosis in the United States. The amount of alcohol needed to injure the liver varies widely from individual to individual (*Sheth et al., 2002*).

### **7- Nonalcoholic Steatohepatitis (NASH)**

This is a condition in which fat built up in the liver, eventually causing scar tissue (*Petrides et al., 1994*). This kind of cirrhosis is linked to diabetes, obesity, coronary artery disease, protein malnutrition and treatment with corticosteroids (*Mathews et al., 2006*).

### **Pathogenesis:**

Liver fibrosis results from the perpetuation of the normal wound-healing response, resulting in an abnormal continuation of fibrogenesis (connective tissue production and deposition). Fibrosis progresses at variable rates depending on the cause of liver disease, environmental factors, and host factors (*Sherlock and Dooley, 2002*).

Cirrhosis is an advanced stage of liver fibrosis that is accompanied by distortion of the hepatic vasculature. The resultant vascular distortion leads to shunting of the portal and arterial blood supply directly into the hepatic outflow (central veins), compromising exchange between hepatic sinusoids and the adjacent liver parenchyma (*Schiff et al., 2003*).

The hepatic sinusoids are lined by fenestrated endothelia that rest on a sheet of permeable connective tissue in the space of Disse, which also contains hepatic stellate cells and some mononuclear cells. The other side of the space of Disse is lined by hepatocytes that execute most of the known liver functions. In cirrhosis, the space of Disse is filled with scar tissue and endothelial fenestrations are lost, a process known as sinusoidal capillarisation (*Sherlock and Dooley, 2002*).

Histologically, cirrhosis is characterised by vascularised fibrotic septa that link portal tracts with each other and with central veins, resulting in hepatocyte islands surrounded by fibrotic septa and that are devoid of a central vein. The major clinical consequences of cirrhosis are impaired hepatocyte (liver) function, an increased intrahepatic resistance (portal