### Production of Metallo-β-Lactamases among Carbapenems Resistant Aerobic Non-Fermentative Gram-Negative Bacilli from Hospitalized Patients at Kasr El-Aini Hospital

#### **Thesis**

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Presented by

Alaa Mohamed Reda Mohamed Awad M.B;B.Ch., M.Sc. (2004).

Supervised By

Prof. Dr Abdel Fattah Mohamed Attia
Professor of Medical Microbiology and Immunology

Prof. Dr Hicham Ezzat Mohamed Mokbel Ezzat
Professor of Medical Microbiology and Immunology

Dr Shourok Khamis Mohamed
Assistant Professor of Medical Microbiology and Immunology

Dr Iman Ezzat Wali
Assistant Professor of Medical Microbiology and Immunology

Faculty of Medicine Cairo University 2009

#### **Abstract**

MBLs constitute the most clinically important group of carbapenemases, as they are capable of hydrolyzing all  $\beta$ -lactams, including carbapenems except the monobactam aztreonam. Acquired MBLs are emerging resistance determinants in *P. aeruginosa* and other non-fermentative gram-negative bacilli. They disseminate rapidly through bacterial population causing a threat to treatment with  $\beta$ -lactam antibiotics and carbapenems.

The aim of this study was to determine the prevalence of carbapenems resistance among non-fermentative gram-negative bacilli and the prevalence of MBLs-producing isolates among carbapenems-resistant ones.

Screening for carbapenems-resistant isolates among 73 non-fermentative gram-negative bacilli was done by disk diffusion method. Detection of MBLs among resistant ones was done by both phenotypic methods as IPM-EDTA combined disk method and MBL E-test and genotypic method as PCR.

Results showed that the prevalence of IPM resistance among non-fermentative gram-negative bacilli was 57% with the greatest prevalence rate for *P. aeruginosa* 88%. The prevalence of MBL-producing isolates among IPM-resistant ones was 26% by both phenotypic and genotypic methods, while it was 74% by phenotypic methods which is a very high rate.

### **Key words:**

Non-fermentative gram-negative bacilli

P. aeruginosa

MBLs

IPM-EDTA combined disk

MBL E-test

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### **List of Abbreviations**

AHLs Acylhomoserine lactones

**ARI-1** *Acinetobacter* resistant to imipenem

**ABC** ATP-binding cassette family

**BCII** Beta-lactamases from *Bacillus cereus* 

**β** Beta

**CAZ** Ceftazidime

**CcrA (CfiA)** Enzyme from *Bacteroides Fragilis* 

CLSI Clinical and Laboratory Standard Institute

**CphA** Enzymes from *Aeromonas hydrophilia* 

**CTX-M-ases** Cefotaxime hydrolyzing enzymes

**DDST** Double disk synergy test

**DSF** Diffusible signalling factor

**EDTA** Ethylene diamine tetra acetic acid

**ESBL** Extended-spectrum  $\beta$ -lactamase

**FEZ-1** Enzyme from Legionella gormanii

**GES** Guiana extended spectrum

**GIM-1** German imipenemase

**GOB** Enzyme from *Chryseobacterium* 

meningosepticum

IMI Imipenem-hydrolyzing β-lactamase

IMP Active on imipenem

**IND-1** Enzyme from *Chryseobacterium indologenes* 

IP Imipenem

**IPI** Imipenem EDTA

**IPM** Imipenem

**KPC** *Klebsiella pneumoniae c*arbapenemase

L1 Enzyme from Stenotrophomonas maltophilia

MBLs Metallo-β-lactamases

MPA Mercaptopropionic acid

NCCLS National Committee for Clinical Laboratory

Standards

NMC Not metallo enzyme carbapenemase

**OXA** Oxacillin hydrolyzing enzymes

**PFGE** Pulsed-field gel electrophoresis

**QS** Quorum sensing

**RND** Resistance-nodulation-division family

**Sfh-I** B-lactamases from *Serratia fonticola* 

SHV Sulfhydryl variable

SIM-1 Seoul imipenemase

SMA Sodium mercaptoacetic acid

SME Serratia marcescens enzyme

SPM Sao Paulo metallo-β-lactamase

**TBE** Tris-borate EDTA

**TEM** Temoniera (patient's name of the 1<sup>st</sup> isolate)

**THIN-B** Enzyme from Janthinobacterium lividum

VIM Verona integron-encoded metallo-β-lactamase

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### **Introduction and Aim of Work**

Non-fermentative gram-negative bacilli, particularly *Pseudomonas* aeruginosa and Acinetobacter baumannii are niche pathogens that cause opportunistic infections in patients who are critically ill immunocompromised, particularly patients in intensive care units (Vidal) et al., 2003). Systemic infections due to non-fermentative gram negative bacilli have become increasingly more frequent in recent years and are usually difficult to treat because they represent the problem of multidrug Non susceptibility of gram negative non-fermenters is resistance. typically due to both intrinsic resistance and rapidly acquired resistance (McGowan, 2006).

Several enzymes that can inactivate and modify many antibiotics are produced by non-fermenters, as large number of  $\beta$ -lactamases. β-Lactamases are a heterogeneous group of proteins with structural They are composed of  $\alpha$ -helices and a  $\beta$  pleated sheet similarities. (*Knox*, 1995). Two schemes are currently used to classify  $\beta$ -lactamases: the Ambler classification scheme and the Bush-Jacoby-Medeiros classification system (Bush, 2001). The Ambler scheme separates B-lactamases into four distinct classes based on similarities in amino acid sequence. Classes A, C and D are serine β-lactamases, whereas class B enzymes are metallo-β-lactamases (MBLs). The Bush-Jacoby-Medeiros scheme classifies  $\beta$ -lactamases according to functional similarities (substrate and inhibitor profiles). There are four categories: group 1 cephalosporinases, group 2 penicillinases, group 3 MBLs, and group 4 as well as multiple subgroups (2a, 2c, 3a, etc.) (Murray et al., 2003).

Metallo-β-lactamases have recently become more prominent among the β-lactam-hydrolyzing enzymes. They require zinc or another heavy metal for catalysis and their activities are inhibited by chelating agents. They are resistant to inactivation by clavulanate, sulbactam, and (Rasmussen and Bush, 1997). These clavulanic-acid tazobactam resistant enzymes have a large spectrum of hydrolysis including penicillins, cephalosporins (third and fourth generations), carbapenems but not monobactams (Nordmann and Poirel, 2002). They can be different B2. three subclasses; B1. and grouped into B3 (Galleni et al., 2001).

Subclass B1 contains the MBL (BcII) from *Bacillus cereus*, the CcrA  $\beta$ -lactamase from *Bacteroides fragilis* and the BlaB  $\beta$ -lactamase from *Chryseobacterium meningosepticum*. Subclass B1 also contains the IMP  $\beta$ -lactamase found in some clinical isolates of *Pseudomonas aeruginosa*, *Acinetobacter baumannii*, *Serratia marcescens*, *and Klebsiella pneumoniae*, and the VIM  $\beta$ -lactamase found in some strains of *Pseudomonas aeruginosa* (*Laraki et al.*, *1999* and *Poirel et al.*, *2000*<sup>b</sup>).

Subclass B2 includes  $\beta$ -lactamases produced by various species of *Aeromonas* (CphA, ImiS, and CphA2) and the Sfh-1- $\beta$ -lactamase from *Serratia fonticola* (*Saavedra et al.*, 2003).

B3 includes L1 Finally. subclass the **B-lactamase** from maltophilia, **GOB B**-lactamase from *Stenotrophomonas* the *Chryseobacterium meningosepticum*, the FEZ-1 β-lactamase from Legionella gormanii and the THIN-B β-lactamase produced by Janthinobacterium lividum (Galleni et al., 2001).

MBLs, like all β-lactamases can be divided into those that are normally chromosomally mediated and those that are encoded by transferable genes (*Walsh et al.*, 2005). The early studies on chromosomally mediated MBLs mainly centered around (BC II) and (L1). However, primarily due to genomic sequencing, increasingly more chromosomally mediated genes are being discovered but are often found in obscure nonclinical bacteria (*Saavedra et al.*, 2003). Moreover, during the past 3 to 4 years, many new transferable types of MBLs have been studied and appear to have rapidly spread (*Gales et al.*, 2003). The spread of MBLs in gram negative rods has been described in several countries and is becoming an emerging threat (*Tsakris et al.*, 2000).

Carbapenems are often used as antibiotics of the last resort for the treatment of infections caused by gram-negative bacteria resistant to other  $\beta$ -lactam agents. This is due to their broad spectra of activity and their stability to hydrolysis by most  $\beta$ -lactamases including extended-spectrum  $\beta$ -lactamases (*Yan et al., 2001*). However, *Pseudomonas aeruginosa* often develops resistance to carbapenems as a result of reduced levels of drug accumulation or increased levels of expression of pump efflux (*Matsumura et al., 1999*). Their resistance to carbapenems may occasionally be due to production of MBLs, which can either be chromosomally encoded or plasmid mediated (*Poirel et al., 2000*)<sup>a</sup>.