ULTRASOUND FINDINGS AS A SCREENING METHOD FOR CASES ADMITTED IN THE NEONATAL INTENSIVE CARE UNIT

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Abstract

Sonography of the brain is an integral part of care in the neonate, particulary among high-risk premature infants. Current ultrasound technology allows for rapid evaluation of infants in the intensive care nursery with virtually no risk. The advantages of sonography over CT or MRI include portability, lower cost, speed, lack of ionizing radiation and no need for sedation.

KEY WORDS

ULTRASOUND FINDINGS SCREENING METHOD FOR CASES ADMITTED

CONTENTS

| List of Abbreviations | I |
|--|--------------|
| List of Tables | III |
| List of Figures | \mathbf{V} |
| Introduction and Aim of the Work | 1 |
| Review of Literature | 4 |
| Definitions and Classification | 4 |
| • Common Problems in the Neonatal Unit | 10 |
| • Normal ultra Sonographic findings in the Neonatal Period | |
| | 21 |
| • Pathophysiology and Ultrasonographic Findings in Some | |
| Neonatal Diseases | 42 |
| Patients and Methods | 117 |
| Results | 123 |
| Discussion | 168 |
| Summary | 177 |
| Conclusion and Recommendation | 179 |
| References | 181 |
| Arabic Summary | |

Abbreviations

AGA Appropriate for gestational age

AF Anterior fontanelle

AVM Arteriovenous malformation **BPD** Bronchopulmonary dysplesia

CBC Complete blood count
CBR Cerebral blood flow
CRP c-reactive protein
CSF Cerbrospinal fluid

DIC Dissemenated intravascular coagulopathy **ECMO** Extracorporeal membrane oxygenation

GA Gestational age

GMH Germinal matrix hemorrhage

HIE Hypoxic ischemic enchphalopathy

IPH Intraparenchmal hemorrhageIUGR Intrauterine growth retardationIVH Intra ventricular heamorrhage

LMP Last menstrual periodMF Mastoid fontanelleMCA Midlle cerebral arteryMCK Multicystic kidney

NAIT Neonatal alloimmune thrombocytopenia

NEC Necrotizing enterocolitis
NICU Neonatal intensive care unit

OL Oligodendroglia PCK Polycystic kidney

PDA Patent ductas arteriosus

PMA Postmenstrual agePF Posterior fontanelle

PROM Premature rupture of membranes

PVH Periventricular hemorrhage
PVL Periventricular leukomalacia
RDS Respiratory distress syndrome

RHD Rheumatic heart disease

SGA Small for gestational ageTSB Total serum bilirubin

US Ultrasound

VGAM Vein of Galen anurysmal malformation

VLBW Very low birth weightVM Ventriculomegaly

UPJO Uretro pelive junction obstruction

WM White matter

List of Tables

| | | Page |
|-------------------|--|------|
| Table (1) | Grades of intraventricular haemorrhage (1) | 64 |
| Table (2) | Grades of intraventricular haemorrhage (2) | 66 |
| Table (3) | Differential considerations for central nervous system | 90 |
| | anomalies of large cystic swellings | |
| Table (4) | Demographic Data of the Studied Cases | 124 |
| Table (5) | Maternal Medical History in the Studied Cases (n=142) | 125 |
| Table (6) | Maternal Obstetric History in the Studied Cases | 127 |
| Table (7) | Anthropometric Measurements of the Studied Cases | 127 |
| Table (8) | Mode of Delivery of the Studied Cases | 128 |
| Table (9) | History of 5 min APGAR scoring of the Studied Cases | 129 |
| Table (10) | History of Birth Trauma of the Studied Cases | 129 |
| Table (11) | The Frequency Distribution of the Laboratory Data of the Studied Cases | 132 |
| Table (12) | Echocardiographic Findings in the studied cases | 133 |
| Table (12) | Brain Computed Tomography results of the studied cases | 134 |
| 14610 (10) | Brain compared Tomography results of the studied cases | 101 |
| Table (14) | The Frequency Distribution of the Abnormal Findings of Cranial Utrosonography of the Studied Cases | 135 |
| Table (15) | The Frequency Distribution of the Abnormal Findings of | 137 |
| 1 abic (13) | Cranial Utrosonography of the Studied Cases in relation to | 137 |
| | the laboratory finings | |
| Table (16) | The Frequency Distribution of the Abnormal Findings of | 138 |
| 1 abic (10) | Cranial Utrosonography of the Studied Cases in relation to | 100 |
| | the echocardiographic findings | |
| Table (17) | The Frequency Distribution of the Abnormal Findings of | 139 |
| 14610 (17) | Cranial Utrosonography of the Studied Cases in relation to | 107 |
| | the Brain Computed Tomography results of the studied cases | |
| Table(18): | Neonate Characteristics and Univariate Analysis for the | 140 |
| () . | Factors Associated With abnormal findings in cranial | |
| | ultrasonography | |
| Table (19) | Multivariate Analysis controlling for the Factors Significantly | 141 |
| 10010 (12) | (P < .05) Associated at Univariate Analysis with the presence | |
| | of cranial ultrasonographic abnormalities | |
| Table (20) | Frequencies of Cranial Utrosonographic Abnormalities of the | 142 |
| | studied cases in relation to Birth trauma | |
| Table (21) | Frequencies of Cranial Utrosonographic Abnormalities of the | 142 |
| ` / | _ | |

| Table (22) | studied cases in relation to Birth weight Frequencies of Cranial Utrosonographic Abnormalities of the studied cases in relation to Gestational age | 143 |
|-------------------|--|-----|
| Table (23) | Frequencies of Cranial Utrosonographic Abnormalities of the studied cases in relation to 5 min Apgar score (n=120/142) | 144 |
| Table (24) | Frequencies of Cranial Utrosonographic Abnormalities of the studied cases in relation to ventilatory support | 145 |
| Table (25) | Cranial Utrosonographic Abnormalities of the studied cases in relation to neurological symptoms | 146 |
| Table (26) | Frequencies of Cranial Utrosonographic Abnormalities of the studied cases in relation to neurological symptoms. | 147 |
| Table (27) | Comparison of incidence of Cranial Utrosonographic Abnormalities between the Different Subgroups | 148 |
| Table (28) | Distribution of Abdominal Ultrosonographic abnormalities in the studied cases | 150 |
| Table(29) | Distribution of Abdominal Ultrosonographic abnormalities in the studied cases in relation to the laboratory finings | 152 |
| Table (30) | Distribution of Abdominal Ultrosonographic abnormalities in the studied cases in relation to to the echocardiographic findings | 153 |
| Table (31) | Univariate Analysis for the neonatal and maternal Factors Associated With abnormal findings in abdominal ultrasonography in Neonates | 154 |

List of Figures

| Fig. | (1) | sagittal section in the brain | 27 |
|--------|-------------|--|----------|
| Fig. | (2) | Coronal Plans | 28 |
| Fig. | (3) | Coronal Plan 1 (Frontal lobe) | 29 |
| Fig. | (4) | Coronal Plan 2 (Anterior Horne of Lateralventricles) | 31 |
| Fig. | (5) | Coronal Plan 5 (Trigone of lateral ventricle) | 34 |
| Fig. | (6) | Coronal Plan 6 (Occipital lobe) | 35 |
| Fig. | | Sagittal Plans | 36 |
| Fig. | (8) | Sagittal Plan 3 (Midline sagittal) | 20 |
| Fig. | (9) | Sagittal Plan 2 & 4 (Angled para-sagittal) | 38 |
| Fig. | (10) | Vein of Galen Malfomatiorn | 39 44 |
| Fig. | (11) | Brain Odema | 51 |
| Fig. | (12) | Periventricular Leukomalacia G I | 56 |
| Fig. | (13) | Periventricular Leukomalacia G II | 57 |
| Fig. | | Periventricular Leukomalacia G III | 57 |
| Fig. | (15) | Periventricular Leukomalacia G IV | |
| Fig. | (16) | Grade I IVH (Germinal matrix haemorrhage) | 58 66 |
| Fig. | (17) | Grade II IVH | 67 |
| Fig. (| (18) | Grade III IVH | 67 |
| Fig. (| (19) | Grade IV IVH | 68 |
| Fig. | (20) | Dandy Walker Malformation | 80 |
| Fig. | (21) | Hydrocephalus | 82 |
| Fig. | (22) | Cytomegalovirus | 94 |
| 1 | | , | 1 |

| Fig. (23) | Meningitis | 97 |
|-----------|--|-----|
| Fig. (24) | Brain abscess | 100 |
| Fig. (25) | Abdominal Ultrasonography show Nephrocalcinosis. | 107 |
| Fig. (26) | Ultrasonography in Adrenal Gland | 109 |
| Fig. (27) | Horseshoe kidney | 113 |
| Fig. (28) | Renal duplication | 115 |
| Fig. (29) | The Sex Distribution of the Studied Cases | 123 |
| Fig. (30) | Maternal Medical History in the Studied Cases | 126 |
| Fig. (31) | Mode of Delivery of the Studied Cases | 128 |
| Fig. (32) | The Frequency Distribution of the Clinical | |
| | respiratory and Cardiovascular manifestations of the | |
| | Studied Cases. | 131 |
| F: (22) | | |
| Fig. (33) | The Frequency Distribution of the Clinical | |
| | Abdominal and Neurological manifestations of the | 131 |
| | Studied Cases. | |
| Fig (34) | The Ventilatory support of the studied cases | 134 |
| Fig (35) | Prevalence of Cranial Utrosonography | 136 |
| | Abnormalities among the Studied Cases | _** |
| Fig (36) | Prevalence of Different Grades of Intra-ventricular | 136 |
| | Hemorrhage among the Studied Cases | |
| | | |
| | | |

| Fig (37) | Frequencies of Cranial Utrosonographic | |
|----------|---|-------|
| | Abnormalities of the studied cases in relation to | |
| | Birth weight | 143 |
| | | |
| Fig (38) | Frequencies of Cranial Utrosonographic | |
| | Abnormalities of the studied cases in relation to | 1 4 4 |
| | Gestational age | 144 |
| Fig (39) | Frequencies of Cranial Utrosonographic | |
| | Abnormalities of the studied cases in relation to 5 | 145 |
| | min Apgar score | 1.0 |
| Fig (40) | Frequencies of Cranial Utrosonographic | |
| | Abnormalities of the studied cases in relation to | |
| | ventilatory support | 146 |
| Fig (41) | Frequencies of Cranial Utrosonographic | |
| | Abnormalities of the studied cases in relation to | |
| | neurological symptoms | 147 |
| Fig (42) | Distribution of Abdominal Ultrosonographic | |
| | findings of the studied cases (n=142) | 151 |
| Fig (43) | Distribution of Abdominal Ultrosonographic | |
| | abnormalities in the studied cases (n=15) | 151 |
| Fig (44) | Normal brain | 155 |
| Fig (45) | germinal matrix hemorrhage | 156 |
| Fig (46) | Mild dilated lateral ventricles (hydrocephalus) | 158 |
| Fig (47) | Bilateral germinal matrix cyst | 160 |
| | | |

| Fig (48) | Subdural effusion | 161 |
|-----------------|--|-----|
| Fig (49) | Dilated lateral,third,and forth ventricles with turbid | 162 |
| | fluid (meningites) | |
| Fig (50) | Normal kidney | 163 |
| Fig (51) | Lleft kidney shows pelvicalyceal dilatation | 164 |
| Fig (52) | Multicystic dysplastic kidney | 165 |
| Fig (53) | Hyperechogenic renal medullary pyramids | 166 |
| | (nephrocalcinosis) | |
| Fig (52) | Right suprarenal hemorrhage | 167 |
| | | |
| | | |
| | | |

Introduction

Ultrasound is the most available and easily repeatable technique for imaging of the neonate. Its quality and diagnostic accuracy depends on several factors; the suitability of the ultrasound machine for neonatal work, the use of optimal settings and probes, appropriate scanning protocols, the use of a variety of acoustic windows and last but not least, the scanning experience of the examiner. Knowledge of normal anatomy and the echogenicities of different tissues in normal and pathological situations as well as familiarity with the physiological and pathological processes likely to be encountered are vital (*Leijser et al.*, 2006).

Abdominal ultrasound is a very useful tool for detecting abdominal masses, congenital anomalies as well as abnormalities in the gastrointestinal or urinary system. It is particularly useful in cases of persistence of neonatal jaundice beyond 2 weeks of age to differentiate between the three most common causes: hepatitis, biliary atresia, and choledochal cyst. US is useful as well for demonstrating inspissated bile and biliary duct stones (*Gubernick et al.*, 2000).

Cranial ultrasonography can be also of great help as a bed side screen for neonatal intracranial ischemia and hemorrhage (*Boal et al.*, 1995).

Cerebral hemorrhage and its different patterns whether intraventricular or periventricular hemorrhagic infarction can be detected by ultrasound. Complications like periventricular leucomalacia and its different stages can be also elicited.

The importance of repeating the US examinations until near term is highlighted (*Veyrac et al.*, 2006).

Cranial Sonography, although the most commonly used imaging technique in neonates, is less sensitive and less specific for the detection of intracranial ischemia (*Blankenberg et al.*, 2000).

Aim of the Work

The aim of this study is to screen most of babies admitted to NICU within certain period (6 months) for neonatal abnormalities using U/S: cranial and abdominal.