ROLE OF SENSORIMOTOR STATUS AND BALANCE FUNCTION IN PATIENTS WITH LUMBAR NERVE ROOT COMPRESSION

Thesis

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List of Abbreviations

BOS..... Base of support

CDP ..... Computerized dynamic posturography

CGRP ..... Calcitonin-gene related peptides

CNS..... Central nervous system

COG..... Center of gravity

COR..... Cervico-ocular reflex

CS..... Composite Score

CSF ..... Cerebrospinal fluid

CT ..... Computerized tomography

DAPRE... Daily adjustable progressive resistive exercise

DCL ..... Directional Control

DISH..... Diffuse idiopathic skeletal hyperostosis

DJD..... Degenerative joint disease

EMG ..... Electromyography

EP..... Evoked potential

EPE..... End Point Excursion

FSU ..... Functional spinal unit

Hz..... Hertz

LBP..... **L**ow back pain

LOS……..**L**imits of stability

LV ..... **L**ateral vestibulo-spinal tract

MCT ..... **M**otor control test

MRI ..... **M**agnetic resonance imaging

MS..... **M**ultiple sclerosis

MTP..... **M**etatarso-phalangeal

MVL ..... **M**ovement Velocity

MVT ..... **M**edial vestibulospinal tract

MXE ..... **M**aximum Excursion Endpoint

NEMG .... **N**eedle electromyography

NSAID .... **N**on-steroidal anti-inflammatory drug

PLD..... **P**rolapsed lumbar disc

ROM..... **R**ange of motion

ROS ..... **R**eactive oxygen species

RS..... **R**eticulospinal tract

RT ..... **R**eaction Time

r-VOR..... **R**otational vestibule-ocular reflex

SCC..... **S**emicircular canals

SLR..... **S**traight leg raising

SOM..... Somatosensory

SOT..... Sensory organization test

S P ..... Substance P

TENS ..... Transcutaneous electrical nerve stimulation

t-VOR ..... Translational vestibule-ocular reflex

VCR ..... Vestibulo-colic reflex

Vest ..... Vestibular

VIP ..... Vasoactive intestinal peptide

VIS ..... Visual

VOR..... Vestibulo-Ocular reflex

VRT ..... Vestibular rehabilitation therapy

VSR..... Vestibulo-spinal reflex

WB/S..... Weight bearing/squat

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