Recent trends in treatment of presbyopia

Essay

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القاهرة

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" بسم الله الرحمن الرحيم "

" قَالُواْ سُبْحَانَكَ لاَ عِلْمَ لَنَا إِلاَّ مَا عَلَّمْتَنَا إِنَّكَ أَنتَ الْعَلِيمُ الْحَكِيمُ "

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Recent trends in treatment of presbyopia

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Presbyopia which faces many people after 40yrs is a big problem as it make patient complains from headache, strain and blurring of vision after reading small font print. The pathophysiology of presbyopia is likely to result from deterioration in structure and function of a number of inter-related tissues. Changes in crystalline lens dimensions with age, the associated change in geometry of zonular attachments, and changes in viscoelastic properties of the lens capsule and lens matrix would, however, appear to be the principal correlates for the onset of presbyopia this changes approved by many theories like Helmholtz theory, Schachar theory. The treatment is the challenge as there are 4 ways by supportive approach like using drugs which contain lutein and zeaxanthin, another way by exercise, optical non surgical approach like glasses and lenses, corneal approach like monofocal lasik and multifocal lasik , scleral approach like scleral expansion band, lenticular approach like IOL implantation.

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ACS	**Anterior ciliary sclerotomy**
AMD	**Age related macular degeneration**
ASCRS	**American Society of Cataract and Refractive Surgery**
BSCVA	**Best spectacle corrected visual acuity**
CL	**Contact lenses**
CK	**Conductive keratoplasty**
D	**Diopter**
EDTA	**Ethylenediaminetetraacetic acid**
FDA	**Food and Drug Administration**
IOL	**Intra ocular lens**
IOP	**intraocular pressure**
LaserACE	**Laser anterior ciliary excision**
LASIK	**Laser assisted insitu keratomileusis**
LECs	**Lens epithelial cells**
PAL	**Progressive addition lenses**
PAS	**Periodic Acid Schiff**
PMMA	**Polymethylmehacrylate**
PRELEX	**Presbyopic lens exchange**
PRK	**Photorefractive keratectomy**
RK	**Radial keratotomy**

RF	**Radiofrequency**
SEB	**Scleral expansion band surgery**
SEP	**Scleral expansion plug**
TK	**Thermokeratoplasty**

Aim of work

Aim of work is to spotlight on the recent ways to treat presbyopia